



Places for Struggling Teens™

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CHILDREN IN CONTROL

How Much Is Healthy?

By Lon Woodbury



Children manipulate. Every parent knows this as an almost universal law of child behavior. It is the person who has never been a parent who sometimes buys into some idealistic mantra like "A Child Would Not Lie," a belief that was very common in the 1970's when many of our child abuse laws were written. But, how can you tell when a child is being straight forward, or when the child is being manipulative?

Educational Consultant Marla Simon found a great article that gives six major patterns of manipulation a child (especially teens) will use to get their way. Written by Lisa Zarnoksky and titled Six Ways Your Teen Is Playing You, I would hope that all parents of teens would study it. Perhaps it would be even more enlightening to adults who haven't had the parenting experience and are confused by all the conflicting claims of how to understand what children are doing, and accusations that the parent is the problem, or the child needs fixing etc. This brings up the question as to why children might manipulate. Simply to say that they manipulate to get their way doesn't really answer the question.

I think it comes down to a matter of control in order to gain security. They manipulate for control and thus hope they will then be secure when they get their way. Every living thing, and especially humans, wants to be in control of their own life. Even children want their views and thoughts to at least matter. Much of the acting out teens do are an attempt to gain control over their lives, and manipulation is sometimes used when the child feels they have no control over their lives and are feeling very insecure. When, in their view, their views, needs and/or wants are ignored, or brushed aside as being "childish," is when a child escalates. Manipulation, temper tantrums, lying, and anger are all efforts at control to solve their own problems by an escalation to try regaining some control over their lives and that elusive goal of security.

Being inexperienced, these efforts are often counter-productive and the child often winds up being their own worst enemy. It is the adults' responsibility to understand what is happening in the child's head and work to help the child gain some control of his/her life. They need to teach the child healthy ways to obtain some control so they no longer have a feeling of powerlessness.

The child needs to be taught how to gain control in positive ways in appropriate matters, and also taught that in other ways they shouldn't be in charge. The goal is a process of learning how to be an adult, and part of that knows when they should be in charge, and when they need to allow others to be in charge.

As the old saying goes, sometimes you drive the bus, and sometimes you just ride in the bus, and a mature adult will know which is appropriate.

RESPONSE

By: Dodge Johnson, Educational Consultant, IECA, NACAC, CEP

[The following was in response to this essay on LinkedIn.com. I think the writer added good insight to the topic of control so I am including it here with his permission. -Lon]

Of course teens play their parents, and methods Ms. Zamosky describes are as good as any in classifying a pretty imaginative range of tools. And there's no question that kids will fight for autonomy, even in things they aren't ready to handle. Sometimes, though they protest, they are even grateful when limits are set if for no other reason than that they don't want to deal with peer pressure.

What bothers me is the assumption in her piece that the parents are right and the kids are wrong. And I don't think that's always true, particularly in this age of helicopter parents, which I see all the time in my college

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[Essays and articles appearing in this publication are the opinions of the authors, and do not necessarily reflect the policy of Woodbury Reports, Inc.,™ or StrugglingTeens.com.™ We urge our readers to conduct their own investigation of the products and services identified herein.]

Lon Woodbury - Publisher - 208-267-5550 - Fax: 208-267-9127 - www.StrugglingTeens.com

RESPONSE

practice. Too many parents speak of “our” college list and “our” essays rather than letting their kids develop their own with parents’ help and advice.

There was a piece in the Times Education section this week about how colleges are inventing ways to separate parents from their freshmen and how some parents are hanging around town just in case their kids need them. The real problem is that parents can’t let go. And too often that reflects the history of how they were raised.

My point is that too many parents are also manipulating their kids – for reasons that inhere in the parents and not necessarily for the benefit of their child. Consequently, some aren’t ready to deal effectively with adult decisions because they’ve had little practice in making age-appropriate choices and dealing with consequences.

Of course parents need to know what to do when their kids ‘play’ them. But they also need to let their kids take real responsibility in things that won’t do permanent harm – so that their sons and daughters can learn the skills of self-actualization and adulthood before they go off to college.

About the Respondent: *Dodge Johnson is an Educational Consultant from Pennsylvania. You can contact him via email at dodge.johnson@comcast.net.*

Be not angry that you cannot make others
as you wish them to be, since you cannot make
yourself as you wish to be. ~Thomas à Kempis

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Lon Woodbury, Publisher - IECA, MA, CEP, is an educational consultant who has worked in schools and programs for emotional growth, character education, and consulting for parents of struggling teens since 1984. Prior to that, he taught in public schools and was involved in public policy while working for the US Senate and the Executive Office of the President. Lon received his BS and MA degrees from the University of Idaho. His practice includes a referral service for parents and professionals, and the publication of this Newsletter and the *Parent Empowerment Handbook™*, a resource of *Places for Struggling Teens™*.

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VISIT REPORTS...

FALCON RIDGE RANCH

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www.careschools.org

Visit by: Lon Woodbury, MA, April 2010

Falcon Ridge Ranch is located in a remote part of the southern Utah Red Rock country. The program is for girls, age 12-17 with behavioral and/or emotional problems requiring therapeutic intervention that is more intensive than traditional therapy but short of what might be found in a hospital. The typical student has been diagnosed as being on the spectrum with high functioning Asperger’s being common. They also have had success with students with Reactive Attachment Disorder (RAD).

The capacity at Falcon Ridge Ranch is 22 girls, and there were 17 girls there at the time of my visit.

The drive to it from St. George passes through fantastic vistas of flat-topped mesas and through the tiny town of Virgin (no more than a wide spot in the road). It looks like an interesting little town, complete with an Internet cafe. A couple of miles past the town I came to Falcon Ridge Ranch, a green oasis in the bare rock, brown grass, and dryness that is common to valleys in this part of the country. The well-maintained campus stood in stark contrast to the surrounding hills.

There are three basic elements to the Falcon Ridge

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program – academics, a full equine program, and Positive Peer Culture (PPC).

Falcon Ridge Ranch is accredited by the Northwest Association of Schools and Colleges, the standard accrediting agency in this part of the country. Class sizes are small, the teachers are all certified, and each student has a Student Education Plan (SEP), and/or an Individualized Education Plan (IEP). Classes are five-days a week and the school works with each student on the level she needs. Techniques offered range from direct classroom instruction, tutorial or one-on-one, self-paced independent study, and/or GED preparation and testing, as well as collegiate academics.

The most obvious element is the equine program. The school has 47 horses on 12 acres. Each girl is assigned a horse for which she is responsible. It becomes much of her focus while at that school as she learns how to properly care for it. In addition to being responsible for the basic care of the horse, each girl learns about relationships by developing a relationship with her horse in the Equine Therapy activities. The honest straight forward attitude of the horses with no subtlety helps the girl learn how to develop honest relationships. Work with horses also helps reduce low self-esteem.

Showmanship, which is common in many other programs with horses, is minimal since that doesn't have the healing benefits that Equine Therapy has. The school tries to have horses at all stages of life, from young horses to geriatric, so the girls will have a good sense of the whole life span of a horse.

The primary structure of the program is based on PPC, a conflict resolution approach where the young women are encouraged to be creative in solving their own problems. The staff has found that PPC and Equine Therapy go well together

in working with the type of student they enroll. This success is due in part to the care the girls exhibit toward the horses, and their desire to problem solve. A major part of the PPC culture is to help the girls learn natural consequences and to become accountable for their choices through the interactions found in the Falcon Ridge Ranch community. The staff received training in PPC by Larry Brendtro, one of the early pioneers of this approach. The girls are taught to focus on handling issues that would come up, largely through looking to others for help. They are taught to serve their own needs first, on the assumption they couldn't help others until they themselves were clear. This isn't a self-centered focus but simply the best way to be able to help themselves, their peers, their group and staff in that order.

I was given a tour of the facilities, which were, as horse ranches go, immaculate. It showed a lot of care being given to the horses, their stables and the barn and outlying buildings. While I was there, a farrier was traveling through the area and giving a demonstration of how to care for horses' hooves. He was not only showing the girls how to trim horse hooves, but the blacksmith techniques of making horseshoes. It was a fascinating demonstration and he was good at getting the girls to participate so they could experience what he was doing.

Falcon Ridge Ranch has always done well in the survey process for the Parent Empowerment Handbook (the annual survey of professional educational consultants around the country) and after visiting I can see why. The girls looked good. They were both active and positive about what they were doing at their school. The affection they showed for their horses was obvious, as if their horses were their best friends, and in many ways that was true.



Photo by Skyler Jenson

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AT THE CROSSROADS

Washington, Utah
Michael Alger - Executive Director
435-705-6262
Michael@GuidingYouth.com
www.guidingyouth.com

Visit By: Lon Woodbury, MA, CEP, April 2010

We started by meeting Michael Alger, Executive Director of At The Crossroads in the offices they maintain in an office complex a ways away from the boys housing, along with Clinical Director Dr. Norman Thibault and Program Director Brian Virgin.

At The Crossroads is a community based independent living program for young men ages 18 to 25. With up to 16 young men in residence. The program's main emphasis is to teach them whatever life skills they lack. Those skills might be a work ethic, how to get up in the morning, how to handle money, dating, handling checkbooks, time management, impulse control or whatever might be interfering with successful living. This is not a program in the sense that the residents have to live in a tight structure created for them. The housing is provided, and the staff function is to support the young men and help them make better and more responsible decisions. It looked to me like staff served basically as mentors. However there are a few basic requirements established to create learning situations.

First, every student must find a job. If they lose that job, that is treated as an opportunity for learning, and they have to find another one. They are responsible for earning the money for personal items such as food, transportation, movies, dating, etc. Without their own income, they are in a crisis, just as would any independent adult, and the staff are there to help them through it, not rescue them.

Each young man is also required to have a "Gym membership" to help them focus on physical health. In addition, if they have not graduated from High School, doing something to rectify that lack also is required.

Another way to explain what the program does is they teach executive functioning. Each student is helped to create realistic goals for themselves, and the program's job is to hold them accountable for the goals they had expressed.

All this is supplemented by each student participating in at least one individual therapy session a week and at least two groups a week.

We had a chance to meet some of the students, and they appeared like typical young men and all seemed to have a positive attitude. All approached us to introduce themselves, with good eye contact, firm handshakes and friendly conversation. Each student lives in apartments in a fourplex owned by the program which were comfortable and adequate, with some being better taken care of than others. However, all the apartments were clean and picked up for the most part, which was fairly impressive considering these were young men who at that age have a reputation for being rather slovenly.

The young men are taught to think in terms of where they want to be in their lives five or ten years in the future. In most issues, a perspective of thinking about their future is introduced and they are taught to balance the future

consequences of whatever it is they are thinking of doing at the moment.

Michael explained they are currently remodeling a house which will be used by young men who need a transition from their program before going out in the world totally on their own, and they are also considering the possibility of providing a similar program for young women in the not too distant future.

KOLOB CANYON RTC

New Harmony, Utah

Kent Tasso – Director/ Personal Leadership Instructor

801-755-8802

info@kolobcanyonrtc.com

www.kolobcanyonrtc.com

Visit by: Lon Woodbury, MA,

Kolob Canyon RTC is a program for girls, with a range of ages 14-17 and up to 12 girls. They are a CERTS program (Certified Educational, Recreational, Therapeutic Schools and Programs), under the same ownership as Moonridge Academy, La Europa Academy and Mountain Springs Preparatory Academy.

This program is way out in the country, and presents as a horse farm on 30 acres overlooking the entrance to the beautiful Kolob Canyon a few miles in the distance, thus the source of the program's name. Kolob Canyon RTC and Moonridge are supplementary programs in many ways. The two programs share administrators, and share teachers, clinicians and facilities. Kolob Canyon has numerous full sized horses with a full equine therapy and a horsemanship and equine therapy program that the Moonridge girls also use once a week.

While we were there the girls showed us around the grounds, much of which consisted of introducing us to the horses. Girls can bring their own horses to the program, assuming proper safety and appropriateness, of course. The girls were very attached to their horses and are very attuned to each of their horse's needs, which is an important part of the program.

Like the other CERTS programs, Kolob Canyon RTC is fully accredited by the standard accrediting agency for this part of the country, both NAAS and the State of Utah. Classes are taught in the academic building, which also houses the counselors' offices, and in the drama barn, where the girls' creative side can shine.

The dorms are in the main ranch house and like the other CERTS programs, were clean, bright and comfortable. The place was a buzz of activity with the girls cleaning up after working in the stables and preparing dinner.

Not only were dorms and buildings clean, comfortable and airy, but were well maintained. Even the horse barn was a model of cleanliness and organization, much better than most horse barns I have seen. This, regarding the horse barn, was a testament to the energy the girls put into their horses.

The scenery and activities would be very attractive to anybody having even the slightest interest in horses and nature, and this by itself would be a great and rewarding attraction to a girl struggling with personal issues.

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NEW PERSPECTIVES...

[New Perspectives schools and programs are those new to Woodbury Reports, Inc., and are presented to expand your knowledge, with the disclaimer that we know little more about them at this time than what appears here. Inclusion in Places for Struggling Teens™, of course, does not imply any endorsement by Woodbury Reports, Inc. -Lon]

SEACHANGE HAWAII

Home Port: Kāne`ohe Bay on Oahu
Robert 'Craig' Norton, Program Director
808-227-0631
cnorton@marimed.org
www.seachangehawaii.com

The Marimed Foundation's program, SeaChange Hawaii is a 28 day ocean based adventure therapy program for young men ages 14-18 who are struggling with negative behaviors such as alcohol or drug use, negative peer relationships, anger and/or defiance, entitlement issues in addition to emotional and academic issues that include depression, anxiety, mood changes, isolation feelings, ADHD/ADD, underachievement, low self esteem or gaming addictions.

Accreditation for the Marimed Foundation is by the Council on Accreditation, the Drug and Alcohol Abuse Division and licensed by the State of Hawaii. Certification is through the Child and Adolescent Mental Health Division and the US Coast Guard. They are also members of the Association for Experiential Education, American Sail Training Association and Hawaii Youth Services Network. Program director for SeaChange Hawaii is Robert 'Craig' Norton, MFT, who has been with Marimed since 1993, Captain of the ship is Harry Sprague, Master Mariner, Clinical Director is Scott Allred, LMFT and Medical Director is Ilona Laszlo Higgins, MD.

The young men or "cadets" spend 22 days aboard the 96 foot, SSV Makani Olu (Gracious Wind) a sailing school vessel, exploring the Hawaiian Islands and perform all the duties aboard the vessel as a team, performing "watches" every four hours in rotating shifts, meal preparation and cleanup in addition to learning safety procedures, knot tying, sail identification, basic orientation to navigation and life aboard a ship. With an individualized plan in place, each cadet will participate in a variety of therapies including group and individual, family therapy, adventure therapy and cognitive behavioral therapy. Cadets will experience solo time, journaling and physical and emotional challenges and gain real work skills, cultural enrichment and self efficiency.

[This information came from the SeaChange Hawaii website and brochure.]

RIVER CENTRE CLINIC

Sylvania, Ohio
Michael Anderson, President and Clinical Director
877-212-5457
info@river-centre.org
www.river-centre.org

Founded in 1996 under the original name the Toledo Center for Eating Disorders, River Centre Clinic provides treatment for children and adolescents aged 12 to 17 as well as adults who suffer from eating disorders of all types. Youth in the program can opt to participate in the residential program or commute from nearby.

The President and Clinical Director of River Centre Clinic, Michael Anderson, M.D., Ph.D., has previously been part of the medical faculty at University of Minnesota and has attended and performed emergency psychiatry research at multiple prestigious

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institutions. He has over 50 publications in the field of neuroscience. Director of the Adolescent Program, Melody Vaitkus, Ph.D., has significant experience with treating mood disorders and substance abuse. She worked in community mental health prior to her employment at River Centre Clinic. River Centre Clinic is accredited by the Commission on Accreditation of Rehabilitation Facilities

River Centre Clinic uses a highly specialized treatment plan for each client in order to fit the needs and issues of the individual. This plan is formulated through a comprehensive clinical assessment following admission to the program. The treatment plans used by the program follow the Enhanced Cognitive-Behavioral Therapy Model and are specific to eating disorder issues. The plan can be modified or re-structured as the patient progresses. There is an emphasis on family involvement in the treatment and recovery process as well as group and individual therapies. Children and adolescents who need to attend school while in the program are provided with an education plan that may include attendance in the Sylvania school district or correspondence courses.

The treatment facility is located in a suburb of Toledo, Ohio and is a short walk from shopping and entertainment venues. Family and friends are welcome and encouraged to visit patients in the program.

[This information came from the River Centre Clinic website.]

God grant me the serenity to accept the people I cannot change, the courage to change the one I can, and the wisdom to know it's me.

~ Author unknown

TARZANA TREATMENT CENTERS, INC.

Tarzana, California
 Stewart Sokol, Director of Youth Services
 800-996-1051
treatment@tarzanatc.org
www.tarzanatc.org

Founded in 1972, Tarzana Treatment Centers operates ten locations to provide alcohol and drug, mental health treatment, and HIV/AIDS services for youth ages 12 to 17 and transitional age youth 18 to 23. The residential program utilizes the 12 Step programs of Alcoholics Anonymous and counseling. Youth with sexual issues, those who are actively suicidal, violent tendencies and a history of or propensity for starting fires are not accepted.

Founder and President of Tarzana Treatment Centers is Scott Taylor, who prior to opening the facilities gained years of business experience as well as earning a Juris Doctor degree from Loyola Law School in 1969. Director of Youth Services, Stewart Sokol, Ph.D., has been with the program since 1999 and has been featured in Who's Who in Healthcare as well as Who's Who in the World. He has also served as the director of South Bay Free Clinic's HIV/AIDS program, an advisory board member of Harbor-UCLA Medical Center Women's Healthcare Clinic, and a supervisor of the National AIDS Hotline. Tarzana Treatment Centers are fully licensed by the state of California and accredited by the Joint Commission on Accreditation of Health Care Organization.

The Youth Services program at Tarzana Treatment Centers includes detoxification, residential and day treatment, outpatient therapy, and an accredited on-site school for residential patients.

CONTINUED: TARZANA/ 8



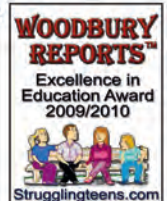
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The program includes traditional treatments like the 12 Step Alcoholics Anonymous program as well as art and recreation therapy, process groups, psychiatric services, and family therapy. The type of therapy utilized varies by patient based upon a comprehensive assessment by staff as to the individual strengths and weaknesses of the youth.

Family is strongly encouraged to be part of the program to provide support in the healing process through therapy sessions.

[This information came from the Tarzana website.]

CALVARY RANCH

Lakeside, California
Tom McAloon, Co-founder/Director
800-404-2258
www.calvaryranch.org

Founded in 1975, Calvary Ranch is a drug and alcohol program for both men and women aged 18 and over. The program is spiritually based and utilizes life-skills classes and seminars as well as group fellowship and counseling. Clients who enroll in this program must be completely detoxified and not experiencing withdrawal symptoms prior to entry into the program. Women past the fourth month of their pregnancy are not eligible for admittance. The program lasts a minimum of 14 days with a recommended stay of 30 days and a maximum of 90 days.

Founders and co-directors of Calvary Ranch are Pastor Tom and Paulette McAloon. Prior to opening Calvary Ranch, the couple started three Rescue Missions in San Francisco and San Diego in 1972. With this experience they developed the program utilized by Calvary Ranch. The couple lives on site and works with clients as well as providing leadership for other staff. Calvary Ranch is licensed by the State of California Department of Drug and Alcohol Programs and employs certified substance abuse counselors.

The highly faith-based program utilizes three components, seeking and accepting God's support and guidance, developing discipline through daily chore routines and seminars, and interacting with and supporting fellow residents through fellowship. Both men and women are accepted to Calvary Ranch, but participate in separate programs with no contact between the two gender groups.

As part of the recovery process, residents are highly encouraged to attend church services, but not required. Family members and other visitors are also encouraged to attend services to assist and support in the recovery process.

[This information came from the Calvary Ranch website.]

Grown-ups love figures. When you tell them that you have made a new friend, they never ask you any questions about essential matters. They never say to you, "What does his voice sound like? What games does he love best? Does he collect butterflies?" Instead, they demand: "How old is he? How many brothers has he? How much does he weigh? How much money does his father make?" Only from these figures do they think they have learned anything about him. ~Antoine de Saint-Exupéry

LYMAN WARD MILITARY ACADEMY

Campus Hill, Alabama
800-798-9151
admissions@lwma.org
www.lwma.org

Founded in 1898, Lyman Ward Military Academy is an all-male military boarding school for children in grades 6 through 12. The program is designed to foster good character and attitude through a traditional, well-rounded military education that testimonials indicate has fostered emotional maturity. They seem to work well with students that are floundering, rather than acting out.

President of Lyman Ward Military Academy, Colonel Albert W. Jenrette, MA, served two tours of duty in Vietnam prior to becoming a JROTC instructor at the Academy. He then served the British Army of the Rhine in Rheindahlen, Germany and was the Senior Army Advisor for the 63rd Army Reserve Command in Los Alamitos, California before retiring from the military. He worked for several years in the private sector before his appointment as President of the Academy in 2007. The program is accredited by the Southern Association of Colleges and Schools.

Lyman Ward Military Academy uses "traditional values" based education with a focus in college preparatory education. A curriculum of academics, athletics, and leadership skills help prepare the students for later life through instilling discipline, honor, intellect, physical fitness, coordination, and responsibility. Athletic participation is considered a vital part of the total education and the program offers a variety of competitive sports. Students are also required to attend non-denominational church services on Sunday to encourage personal growth.

The campus is situated on 320 acres in rural Alabama. The rural setting provides opportunities for outdoor recreation such as fishing and camping. The campus also includes a recreational canteen area with billiards and table tennis and hosts other social events for the students' enjoyment.

[This information was taken from their website.]

REALITY RANCH MILITARY CAMP

Mesa, Arizona
Commandant J. Denton
480-278-5981
base@campcommo.com
www.realityranchcamp.com

Reality Ranch Military Camp is a para-military style correctional summer camp for boys ages 10 to 15. The program is intended to assist parents who want to correct minor behavioral issues or reinforce discipline in younger children before the behaviors become more serious. The camp also accepts young boys who have an interest in joining the military in the future.

Founder and Commandant J. Denton previously served in the United States Army both at home and abroad. His most recent position was as an Infantry Combat Platoon Sergeant. He is a certified EMT, Red Cross CPR and First Aid Instructor, a certified Combat Lifesaver, and a Trained Fitness Instructor. Reality Ranch Military Camp is licensed by the state of Arizona.

The program includes three main types of activities, military-style challenges and physical activities, life skills activities, and recreational pursuits. Utilizing a basic-training structure, participants experience a military-like atmosphere at an age appropriate level. Campers participate in military education including customs, history, behavior, and weaponry. Reality Ranch Military Camp seeks to promote emotional growth, maturity, life skills, exercise, healthy habits and accountability. Participants also have the opportunity to enjoy crafts, bivouacking, organized athletics and target practice activities.

[This information came from the Reality Ranch Military Camp website.]



**Four Circles
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Four Circles Recovery Center is a licensed substance abuse and co-occurring disorders treatment program for young adults 18-28.

We integrate the best of traditional treatment modalities with wilderness therapy to produce a unique clinical environment.

We utilize a 12 step philosophy in conjunction with sophisticated clinical practice to provide a foundation for sustained recovery.



www.fourcirclesrecovery.com

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RESIDENTIAL SERVICES

The Discovery School uses a structured and effective group process along with the natural environment to promote a student's overall positive development. Groups are composed of ten students and three adult staff. The goal of the group is for each of its members to gain the self-esteem, maturity, self-control, and problem solving strategies needed to be successful in his or her family, school, and community.

Contact Us to Find Out More

www.discoveryschool.org

434-983-5616 email: dsadmissions@yahoo.com

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Fax: 435-836-2477

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- JCAHO Accredited



Discover the Fire Within...

Aspen Achievement Academy is a licensed treatment program with an accredited academic component that integrates a sophisticated therapeutic model with an experiential education curriculum in a healing wilderness environment.

Aspen specializes in helping 13-17 year old adolescents who exhibit self-defeating characteristics such as: low self-esteem, depression, substance abuse, oppositional defiance, ADD/ADHD, school failure, family conflict, negative peer relationships, manipulation and entitlement.

"An enlightened approach and an exemplary reputation..."
Los Angeles Times Magazine

"...one of the nation's most reputable programs..."
US News & World Report

**ASPEN ACHIEVEMENT
ACADEMY HAS BEEN HELPING
FAMILIES SINCE 1988**

SEEN N HEARD...

The following updates were sent to Woodbury Reports during the month of September.

NEWS:

Jack Sinclair, the Executive Producer and creator of the film "12" announced this film is now available in DVD. This 44 minute educational documentary recounts the progression of illness of 20 young adults, from the excitement of experimentation to the tragic and often degrading consequences of their addiction.

Benchmark has teamed with Power2Innovate, the Inland Empire Computer Training Center, in developing a program that will prepare Benchmark students to master the skills necessary to be "job ready" for a future profession as a Computer Network Technician, providing them with six IT Certificates upon course completion.

Seven intrepid middle-school students and staff from Cherokee Creek Boys School in Westminster, SC recently hiked the Foothills and Chattooga River Trails, canoed section 2 of the Chattooga River and completed a service project by cleaning three popular camping sites along the way. The trip, conceived and planned by two 12-year old students, was an initiative to earn their Boy Scouts of America 50-Miler award.

Remuda Ranch Programs for Eating and Anxiety Disorders reported that in the past five years, self-injury, particularly cutting oneself is becoming more prevalent among eating disorder patients.

John Rueben continues fundraising efforts in memory of his son.

Greenwich Education Group owners, Vicky and Peter Newman have reached an agreement with Catherine "Cat" Jennings, executive director of Lake House Academy, to sell their interest in the academy to Jennings for an undisclosed sum.

Fieldstone Academy has completed the acquisition of a new campus.

New Beginnings at Seven D's Ranch opened its doors in January of 2008 as a licensed residential support ranch taking only five young men between the ages of 14 and 17. Now just less than two years later they are excited to announce that they have doubled capacity and added a program for young women, which will expand the capacity to 10 youth.

Benchmark Transitions

Life Strategies for Emerging Adults

Young Adult Transitional Living

Benchmark is a residential, co-ed therapeutic transitional living program. Our model is peer group and community based, using a life coaching and therapeutic approach.

We offer practical application with skills-based and cognitive behavioral treatment, allowing students to learn personal responsibility and accountability through hands-on trials.

The core component of our curriculum requires a minimum commitment of six months to complete Level I and Level II. The second component of the program is optional and includes on and off property independent living, which makes the typical length of stay a total of 10-12 months. We also offer extended care programs from 12-24 months.

Dual Diagnosis Treatment

We have a Dual Treatment option...

Recovery by Benchmark students are those who have a history of substance use or abuse.

Behavioral Health is for those students who have not exhibited any issues with drugs and/or alcohol.

Both programs include our comprehensive curriculum of education, vocational & work skills, life skills and clinical treatment.



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anger, anxiety,
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AGES 14-17; CO-ED

Information • Campus Tour:
www.summitprepschool.org

Admissions Confidential Line:
406-758-8113



PROGRAM CLOSURES:

Introspections Costa Rica closed August 2010.

Tulifinny, a residential recovery management program for young women closed in September 2010.

Grand River Academy changed the school's mission. They will no longer accept special needs students and have closed rolling admissions, enrolling only on a term basis.

Carolina Springs Academy in South Carolina (part of the WWASPS collection of schools) has been closed.

PROGRAM ENHANCEMENTS:

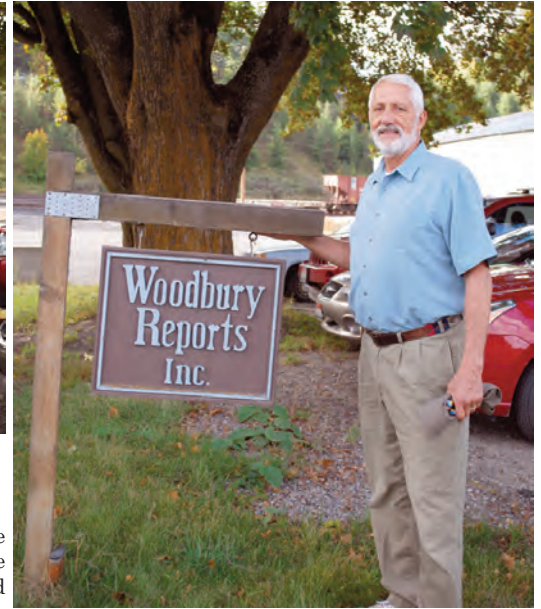
Pacific Quest enhanced their website.

The Village received approval by the State of Tennessee's Department of Health and Human Services to operate a 40 bed Alcohol and Drug Treatment program on its Louisville campus.

CRC Health Group announced that two additional programs are now CARF accredited for three years: SunHawk Adolescent Recovery Center ("SunHawk"), a licensed adolescent substance abuse residential treatment center for teens ages 13-17, and Carolina House a licensed residential eating disorders treatment facility for women ages 17 and older.



Claude Bisson, MEd



John Huie, PhD

Anniversaries:

Logan River Academy would like to thank everyone for 10 years of friendship and support as they prepare to celebrate their 10th year anniversary.

New Programs:

The King's Daughters' School is proud to announce the opening of Malone Place, a new residence home for our growing young adult population.

PEOPLE:

The Aspiro Group is pleased to announce the addition of three therapists over the past year. Caitlin Galt, MA, CPCI, Trevor Allen, MA, and Jamie Kaczmarek, LCSW.

Open Sky is thrilled to announce the addition of Dr. Paul Case as a young adult therapist.

San Cristobal Academy, a long-term residential program for young men in need of addiction treatment, is excited to announce that David Johnson is resuming his role as CEO and owner of the program.

Dimple Dell Canyon is excited to introduce and welcome Kayleen Davidson to the program as the newest primary therapist and milieu manager.

The Aspen Institute for Behavioral Assessment announced Sharelle Baldwin, PhD, as Program Director.

The Centers for Adolescent Recovery and Education (C.A.R.E.) welcomed Staci Bradley as part of their marketing team.

Agapé Boarding School, welcomed three new teachers, Ron Sheldon, an Agapé graduate, who will be teaching vocational training, and Thaddeus Kuntz and Bradley Price.

Beth Fogel, BA, MSW, and CSW recently departed from WinGate Wilderness Therapy. WinGate Wilderness Therapy would also like to welcome Tracy Schunk, LCSW, back to the program and introduce two new therapists, Rachael Schneider and Derrick Cook.

InnerChange is pleased to announce the appointment of Gayle Jensen-Savoie, PhD to Executive Director of Fulshear Ranch Academy.

Bodin Associates announced that Shayna Abraham left the firm to teach in Thailand and Trine Syverinsen returned to the firm to continue working with families.

The Trustees of The White Mountain School are pleased to announce the appointment of Timothy J. Breen, PhD as Head of School.

Robin Stephens, Regional Director for seven of Aspen Education Group's Utah programs, plans to retire effective October 2010.

VISITORS:

Claude Bisson, Director of Business Development for Boulder Creek Academy stopped by the office of Woodbury Reports to introduce himself as a marketing contact for Boulder Creek

John Huie, Independent Educational Consultant from North Carolina stopped by the Woodbury Reports office for a visit.

UPCOMING AT A GLANCE:

OCTOBER

- The 19th annual Texas Autism Conference, October 7 - 9, Corpus Christi, TX
- Conference on Medication-Induced Violence, October 8, Chicago, IL
- Newport Academy and Pegasus Experiential Counseling Techniques will be hosting a three-day Equine Assisted Psychotherapy training for professionals, interns and students, October 14-16, at Newport Academy Girls Residential Campus, 811 N. Ranch Wood Trail, Orange, CA.
- The 29th Annual Research and Treatment Conference, October 20 - 23, Phoenix, AZ
- Advanced Clinical Training for Therapists and Counselors, October 21 - 24, Tuscon, AZ
- Midwest Conference on Behavioral Health and Addiction Medicine, October 21-23, Chicago, IL
- 16th Annual NECGT "Connections and New Directions", October 21 - 23, Hartford, CT
- 32nd Annual AET Conference, October 22 - 24, Berkeley, CA
- 57th AACAP Annual Meeting, October 26 - 31, New York, NY
- National Association for Gifted Children 61st Annual IDA Conference, October 27 - 30, Phoenix, AZ
- 2010 ICF Annual International Conference, October 27 - 30, Fort Worth, TX

November

- IECA's Fall Conference, November 3 - 6, Cincinnati, OH
- 38th Annual International AEE Conference, November 4 - 7, Las Vegas, NV
- NAGC's 57th Annual Convention, November 11 - 14, Atlanta, GA
- Michael's House, a chemical dependency treatment center program for men and women aged 18 and over is pleased to announce the upcoming Networking Luncheon, Friday, November 12 at 11:00 am at Michael's House N. 2095 North Indian Canyon Palm Springs, CA. Please RSVP to Josie Ramirez-Herndon at 877-769-4780.

To view these articles in their entirety, visit www.strugglingteens.com.



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