



News

For Immediate Release

Aspen Education Group Featured On *Dr. Phil*

Student Sent to Aspen's SUWS of the Carolinas Wilderness Therapy Program

(CERRITOS, CA – April 18, 2006) - Aspen Education Group, the nation's largest and most comprehensive network of therapeutic schools and programs, was featured on the nationally syndicated *Dr. Phil* show on April 17, 2006.

The show presented the story of Nick, a 13-year-old boy struggling with anger management issues and low self-esteem that affected his relationships at home and school. On the program, Dr. Phil introduced Dr. Frank Lawlis, chairman of Dr. Phil's advisory committee and, according to Dr. Phil, "the pre-eminent ADD/ADHD expert in America today." Dr. Lawlis suggested sending Nick to the Aspen Education Group program that would be best suited to help Nick and his family. Aspen is the nation's leading provider of therapeutic education programs for struggling or underachieving adolescents, and offers families and professionals the opportunity to choose an environment that best meets each troubled teen's unique academic and emotional needs.

"Aspen Education Group is delighted that *Dr. Phil* has turned to us to help Nick and his family heal their relationship," said Elliot Sainer, CEO of Aspen Education Group. "This is the fifth time that the *Dr. Phil* show has featured Aspen and we are proud to help inform the public that quality programs are available to families in need of help and hope."

After the *Dr. Phil* show, Nick was sent to Aspen's SUWS of the Carolinas therapeutic wilderness program for troubled teens in Asheville, North Carolina.

"At SUWS of the Carolinas, Nick will come to discover a new sense of self-esteem and reconnect with his family through a combination of individual and group therapy, family workshops, and a therapeutic wilderness experience," said Graham Shannonhouse, Executive Director of SUWS of the Carolinas.

"We are grateful to SUWS of the Carolinas and to *Dr. Phil* for this remarkable opportunity to reunite our family," said Nick's parents.

SUWS of the Carolinas is a wilderness therapy program that transforms the lives of young people ages 10-17 who are struggling in school, at home, and in life. The outdoor environment and experiential learning program helps troubled adolescents build upon their own sense of self-worth as they learn the value of helping others. The nurturing staff and licensed therapists specialize in helping struggling teens and their families with a safe and immediate intervention program that includes individualized treatment plans, weekly treatment planning sessions, and a three-day parenting workshop upon program completion.

As an industry innovator, Aspen was voted among the top education companies by Eduventures, the leading independent education industry research firm. In addition to being featured on *Dr. Phil*, Aspen and its programs have been profiled by major news and television organizations around the world, including: CNN, the New York Times, Los Angeles Times Magazine, U.S. News & World Report, USA Today, National Public Radio, *Dateline NBC*, NBC's *Today*, ABC's *Good Morning America*, and in several documentaries, newspapers and talk shows in the United Kingdom.

Aspen's programs offer a combination of education and therapy or counseling for young people who have demonstrated behavioral or learning issues that interfere with their performance in school and their relations with peers, family and friends. Aspen's offerings range from short-term interventions to long-term program, and include a variety of settings, including wilderness therapy/outdoor education, boarding schools, residential treatment, and weight-loss programs.

For more information, visit www.aspeneducation.com, or call (888) 972-7736. For information about SUWS of the Carolinas, visit www.suwscarolinas.com, or call (888) 828-9770. To learn more about the Dr. Phil program, please go to www.drphil.com.