

Places for Struggling Teensw

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Woodbury Reports, Inc.™

"It is more important to get it right, than to get it first."

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[Articles and infromation appearing in this publication are the opinions of the authors, and do not necessarily reflect the opinions of Woodbury Reports, Inc., StrugglingTeens.com.™ or it's staff. We urge our readers to conduct their own investigation of the products and services identified herein.]

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PARENT CHOICES - DECEMBER REVIEW

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Parent Choices For Struggling Teens airs Mondays at 12 pm, Pacific Time on LA Talk Radio, Channel One.

How Can We Help Boys Succeed in School?:

Is there a problem in our current public school education concerning boys? What are some of the big challenges that boys are facing in school today? Is there something that parents can do to help their struggling boys? David LePere, Executive Director of Cherokee Creek Boys School discussed what some of those challenges are and what parents and schools can do to help their boys that are in a - traditional education setting.

Contact: David LePere at 864-647-1885, <u>dlepere@cherokeecreek.net</u>, <u>www.cherokeecreek.net</u>

Revolutionizing Education: What A School Can Be:

Michelle Rose Gilman, the founder of Fusion Academy and Learning Centers, located throughout the United States, when posed with the question of what a school can be and what's become obsolete in public schooling?, answered "the number one thing kids are missing out of is the ability to be well rounded individuals and to have their creativity piqued to become entrepreneurs. We focus beyond academics and try to create a better human being who is socially and emotionally ready to enter the world. How can you be a successful adult when all your given is an academic education? Our schools follow the components of a therapeutic model and we build on the emotional side of the child with personal attention and love given to every student." Fusion Academy and Learning Centers offers students one to one individualized learning with a personalized curriculum.

Contact: Michelle Rose Gilman at 760-613-4672, mgilman@fusionacademy.com, <

Gangs and Adolescents at Risk:

Gabriel Rivera, a life coach in New York City, shared about his personal experiences as a former gang member in Southern California, why he initially joined a gang, what he thought he was getting from being a member in a gang and eventually, why he left. Gabriel also discussed how gangs are here to stay, what parents can do to help their children from getting involved in gangs and the warning signs to watch for.

Contact: Gabriel Rivera at 917-678-6934, Gabrielrivera1954@gmail.com

New Survey Finds Moms On Front Lines Of Children's Education

By: Sylvan Learning Center

Most mothers identify with role of 'Chief Education Officer' according to a Sylvan Learning survey

A new Sylvan Learning survey, conducted online by Harris Interactive among 5,000 U.S. adults in December 2013, finds that nearly 9 in 10 mothers of school-aged children regard themselves as having principal responsibility for their child's academics. According to the survey, 88% of moms of children aged 6-17 actually see themselves in the role of "Chief Education Officer."

"Sylvan has long recognized that the best educational outcomes are the result of strong partnerships and cooperation between families and educators," said Jeffrey Cohen, Chief Executive Officer, Sylvan Learning. "Mothers have always been at the forefront of that relationship. But we are especially encouraged to see that they now realize that they must ramp up their game as 'Chief Education Officers' to ensure their children succeed when schools are underresourced or children need supplementary learning support."

The survey indicates that most mothers also plan to increase the role they play in their children's academic lives. In fact, a majority (80%) of moms of school-aged children revealed that they plan to take a more active role in their students' education in the upcoming year.

"Most mothers today realize that students often may need more than schools can provide," said Cohen. "According to the survey, four in five moms-79%-agree that using outside academic resources to supplement in-school instruction helps ensure they are doing the best they can for their children."

To help moms become more effective Chief Education Officers, Sylvan Learning is offering five simple tips:

- Engage actively in your children's education. Do more than ask "How was school today?" Check homework daily, help set homework and study schedules, join the PTA and volunteer at school.
- Develop a relationship with your children's teachers.

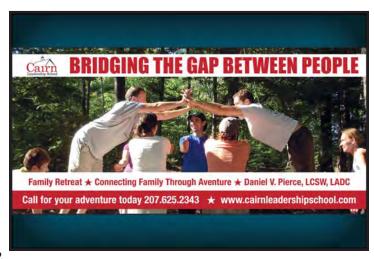
Communicate with them regularly. Learn how they prefer to communicate-email, phone or face-to-face. Listen to teachers' advice and counsel, and ask for suggestions on what other things you can do to help your children.

- Seek information and be a smart education consumer.
 Just as you would research medical treatment for your children or the proper sports equipment to succeed on the field, explore programs and services within and outside your children's school.
- Set a good example. Parents who read every day have children who read every day. Be an educational role model for your children.
- Motivate learning through encouragement and rewarding positive behavior. Nagging is a short-term solution. Inspiration will have a lifelong impact.

For additional tips and resources, contact your local Sylvan center at 1-800-31-SUCCESS or visit us on the web at www.sylvanlearning.com.

Survey Methodology: The survey was conducted online within the United States by Harris Interactive on behalf of Sylvan Learning from Dec. 18-23, 2013 among 5,082 adults age 18 and older, of whom 471 are mothers of children age 6-17 living in their household. This online survey is not based on a probability sample, and therefore no estimate of theoretical sampling error can be calculated.

About Sylvan Learning, Inc.: With more than 30 years of experience and more than 800 locations throughout North America, Sylvan Learning is the leading provider of personal learning for students in grades K-12. As the leader in supplemental education, Sylvan is transforming how students learn, inspiring them to succeed in school and in life. Sylvan's proven tutoring approach blends amazing teachers with SylvanSync™ technology on the iPad® for an engaging learning experience. Sylvan programs include study skills, math, reading, writing and test prep for college entrance and state exams. Sylvan also provides educational services to public and nonpublic schools. The company was founded in 1979 and is headquartered in Baltimore, Patel. Maryland. Contact: Darshana 571-235-7238, dpatel@latitudeworldwide.com, www.sylvanlearning.com.



Four Circles Recovery Center is a state-ofthe-art, innovative wilderness-based treatment program for young adult males and females, ages 18-28, with addiction, substance abuse, and co-occurring mental health issues.

Four Circles Transition Program in Asheville, NC, is a transitional living / extended care facility for young adult males, ages 18-28, who are transitioning from any primary substance abuse treatment program.

www.fourcirclesrecovery.com

Authenticity. Integrity. Sustained Recovery.

FOUR CIRCLES



877.893.2221



For more than 90 years, Boys Town has been saving children and healing families across America. As one of the country's largest privately funded organizations caring for at-risk youth, Boys Town is a leader in the care and treatment of boys and girls who desperately need love, compassion and guidance.

For more information, please contact: Doug Czyz, National Admissions Office: (402) 498-1973

Cell: (402) 990-5371 doug.czyz@boystown.org





Frontier

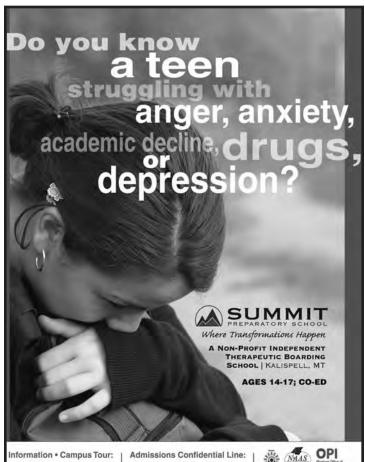
High Frontier is a non-profit Residential Treatment Center for emotionally disturbed adolescents, ages 12 to 18, with a documented history of severe behavioral and/or emotional problems who cannot be served in a less restrictive environment.

GOALS ARE TO:

- · Build a positive value system
- Assess resident's level of functioning developmentally. emotionally and academically
- Develop & implement services to help the resident meet
- Provide each resident with living skills
- · Assist residents to work with their families
- · Develop a discharge/aftercare plan

PO Box 1325 432-364-2241 Fort Davis, Texas Fax: 432-364-2261

high.frontier@sleschools.org



www.summitprepschool.org

406-758-8113







Wilderness therapy to heal, inspire, prepare-to unlock the potential of each of our students, spark an interest in the world around them, and prepare them for their journey into adulthood.

APEX also provides treatment for co-occurring substance abuse disorders that do not require acute levels of care or detoxification.

APEX is the only adventure and wilderness program in the Northeast that will accept youth who require professional transport services due to unwillingness to actively participate in treatment. Our program also features an academic element.

For further information, please contact Patrick McAvoy, Program Director, at 508-274-3777

EXTENDED INSIGHTS...

FIVE SIGNS YOUR CHILD NEEDS TUTORING

Contact: Laura Gehringer
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huntingtonhelps.com

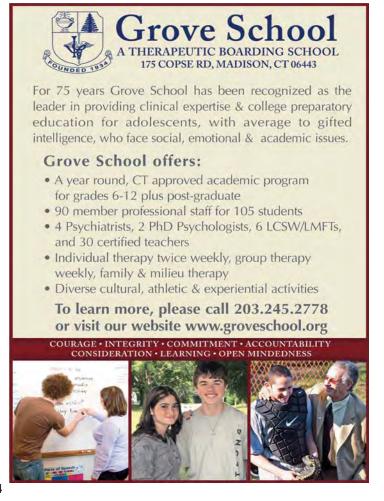
It's easy to tell that a child needs tutoring when he or she continues to receive one poor report card after the next, but there are a number of other less obvious signs that parents shouldn't ignore. The tutoring experts at Huntington Learning Center say that parents can look for clues in a number of places. "Stressful study sessions and bad grades are the tangible evidence of a child's school struggles, but there are several other indicators to watch for," says Eileen Huntington, co-founder of Huntington Learning Center. "The sooner you recognize school problems, the faster you can help your child overcome any issues and boost his or her confidence."

Huntington shares these five warning signs that your child may need tutoring help - and questions to answer about your child's behavior:

• Difficulty getting started. Does your child seem unexcited and unmotivated about anything to do with

school-especially working on assignments? Does he or she put off homework time every night and frequently spin his or her wheels when working?

- Sloppy homework and overall disorganization. Is your child disorganized in most areas of his or her life? Does your child consistently hand in unfinished or messy homework? Does it seem that your child used to care about doing quality work and does not anymore?
- Personality change. Have you noticed a dramatic change in your child's disposition in recent months? Is your child more angry or volatile than ever before? Does he or she seem unhappy-about school and other areas of his or her life such as friends?
- Diminished self-esteem. Does your child get down on him or herself easily during homework? Is your child pessimistic about school, his or her abilities, and more? On a day to day basis, does your child appear frustrated with him or herself?





• Lack of interest in learning. Is your child totally apathetic about school and anything associated with school? Was your child interested in learning previously and now is not? Does that indifference translate to other areas, such as socializing or being involved in extracurricular activities?

"School can be a bumpy road for students who are struggling, so it is important to take action if you notice your child showing any of these signs," Huntington says. "Experience has showed us that early tutoring intervention is key to getting students back to where they need to be as quickly as possible."

About Huntington: Founded in 1977, Huntington is a pioneer and leader in the tutoring industry. For over 35 years, Huntington has provided quality instruction to hundreds of thousands of students. Huntington prides itself on being "Your Tutoring Solution" for students in all grades and subjects. They tutor in academic skills, such as reading, phonics, math and study skills; and in advanced math and science subjects ranging from algebra through calculus and general science through physics. They also prepare students for state and standardized entrance exams, such as high school entrance exams and the SAT and ACT and provide free school tutoring to eligible schools. For questions about how a customized tutoring could help your child, huntingtonhelps.com.

From a scientific perspective, people management isn't all that different from dealing with industrial waste. At the bottom, moral principle has little to do with it.

Dispositions are mainly matters of possibility and technique.

Here is the secret of scientific life which refuses to stay hidden amidst the hollow moral rhetoric of scientific schooling.

~ John Taylor Gatto



The Benchmark Transitions® Program

Benchmark Transitions* is a comprehensive, multi-disciplinary approach to residential transitional living for young men and women, ages 18-28.

Our dual-diagnosis model serves students who have had substance abuse issues, as well as those who have not, by combining clinical treatment, behavioral health therapy, addiction recovery & aftercare, educational & vocational opportunities, career training and life skills in a structured and nurturing environment that fosters self-discovery and autonomy.

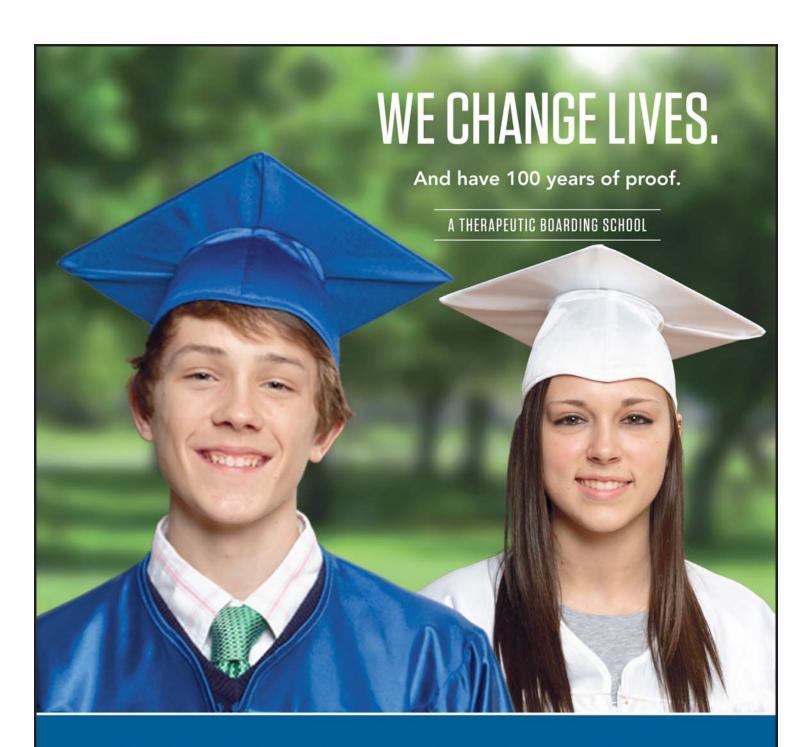
Benchmark is a long-term residential program. Our level-based curriculum is designed to be completed in 9-12 months. Extended care options are available.

Benchmark is designed to be a step-down transition program for participants coming out of other primary treatment programs, such as Detox, 30/60/90 day Residential Treatment Centers, Wilderness Therapeutic Programs, hospitalization/stabilization units, and for adolescents aging-out of Therapeutic Boarding Schools and is also an ideal option for young adults who are "stuck" at home with failure to launch issues.

Students exhibit behavioral and clinical issues such as:

- · Academic challenges
- ADD/ADHD
- Adoption/Attachment
- Anger management
- Anxiety/Depression
- · Asperger/Autism Spectrum*
- · Bi-Polar/Borderline
- · Compulsive behavior
- Distressed relationships
- · Drug/Alcohol Addiction
- · Dual Diagnosis
- · Eating disorder (mild)
- · Emotional & Behavioral issues
- · Gaming/Internet Addiction

- · Grief/loss
- Lacking confidence
- Learning differences
- Life changes
- Non-verbal learning difference
- · ODD/PTSD
- · Poor judgment
- · Shy/withdrawn
- Sneaky/underground
- · Socially isolated
- Substance use/abuse
- Trauma
- Unmotivated



At Montcalm School, children have a whole world of people ready to help them succeed. As a program of Starr Commonwealth, Montcalm School utilizes the knowledge and insights from thought leaders in education and strength-based therapeutic services. We employ vast expertise and resources to support the needs of children, empowering them – regardless of their challenges – to transform their lives academically, behaviorally and socially.

ReferAChild.org | 866.244.4321

Montcalm School for Boys and Girls is a private therapeutic boarding school serving kids and families from around the world. Montcalm School offers a traditional therapeutic program for boys and girls ages 12-18; Outside In, a program for boys and girls, ages 12-18, with autism spectrum disorders; and Structured Transitional Living, a life skills program for boys, ages 17-21. Montcalm School is part of Starr Commonwealth, an organization that has helped children and families for 100 years.

New Perspectives...

[New Perspectives schools and programs are those new to Woodbury Reports, Inc., and are presented to expand your knowledge, with the disclaimer that we know little more about them at this time than what appears here. Inclusion in Places for Struggling TeensTM, of course, does not imply any endorsement by Woodbury Reports, Inc.]

THE RIGHT STEP

Houston, Texas
877-627-4389

Janet "JR" Goforth - VP, Marketing and Communications

JR.Goforth@rightstep.com

www.rightstep.com

The Right Step offers a broad range of alcohol and addiction treatment programs and services designed to fit each individual's needs. The clinical staff follows a process to determine the best program for the alcohol or drug abuser. They offer detoxification, residential inpatient, intensive outpatient, sober living programs, recovery maintenance and coaching, and alumni outreach. The program serves adolescents thru adulthood.

The Right Step was founded in1990 and is nationally accredited by the Joint Commission for National Quality Approval (JCAHO). We are also a member of the National Association of Addiction Treatment Providers (NAATP). In 1994 when George Joseph, CEO, joined the company it grew from one program to the largest private chemical dependency treatment provider in the Southwest. He has over 27 years of experience in the field of recovery and treatment. He is also involved on the local and state levels of counseling professional organizations and currently on the board of NAADAC. George was instrumental in helping start the

Houston Sober Recreation Committee and served as chairman for over 10 years. He is also a member of the Lone Star College Human Services Advisory Committee.

After successful completion of the 30-day residential self-pay program, you will receive TRS Recovery Coaching. You will be connected with a primary counselor when you are admitted to the Residential Program and will work with that person the team for 30 days. Your relationship with your primary counselor will continue for 11 months after completion of our program via phone calls or emails. After successful completion of the 30-day residential self-pay program, you qualify for The Right Step Commitment they will provide additional residential treatment for you at no additional cost within one year from the date of your admission if you need additional support.

The Right Step offers a variety of drug and alcohol treatment programs throughout the following Texas metropolitan areas: Houston, Dallas/Fort Worth, Austin, San Antonio, and Beaumont.

PRAKASH ELLENHORN

Cambridge, Massachusetts
Edwin I Levin, LICSW - Director of Business Development
802-922-3048
eilevin@prakashellenhorn.com
www.prakashellenhorn.com

Prakish Ellenhorn serves clients ages 18 and older that may have both mild and acute psychiatric symptoms such as a mood, thought, or anxiety disorder, medical conditions complicating psychiatric treatment, eating disorder, or co-occurring or dual diagnosis disorder. The program offers a non-institutional alternative to hospital and residential programs. Most of their clients live in their own apartments in the community, while a smaller group resides at one of their residential programs. The average length of stay is six months.

Prakash Ellenhorn is a private Program for Assertive providing Community Treatment (PACT) team, comprehensive, individualized and multidisciplinary psychiatric and psychosocial services. Prakash Ellenhorn was founded in 2005 by Ross Ellenhorn, LICSW, Ph.D., and Madhavi Prakash, M.D., Ph.D., who are the owners as well as the admission contacts for the program. Ed Levin, LICSW, Director of Business Development for the program, has twenty eight years of experience as a clinician and administrator and

working with this treatment model. PACT is the most widely tested model of psychiatric community care for persons with severe and persistent mental illness offering the coordinated services of psychiatrists, nurses, therapists, social workers, vocational counselors and personal trainers to people with severe and persistent mental illness. The program is endorsed by both the National Alliance for the Mentally III and the National Institute of Mental Health as a "best practice" in community mental health.

The program services offered include an assessment which is full psychological testing, a physical exam and history, vocational testing, and psychiatric, substance abuse, family, spiritual, and social-developmental assessments. Much of their work involves helping clients get back into life. They work directly with clients to help them secure jobs, get back to school, re-engage with hobbies, and volunteer. The programs aim is toward recovering clients to "whole persons".

[This information came from Prakash Ellenhorn website]

New Perspectives

WESTBRIDGE COMMUNITY SERVICES

Manchester, NH
Eileen Fiori, Director of Residential Services
877-461-7711
info@westbridge.org
www.westbridge.org

WestBridge Community Services is a residential treatment center and service for individuals 18 years and older who suffer from mental illness such as thought, mood, anxiety, depression, and post-traumatic stress disorders co-occurring with substance abuse issues. The average length of stay for patients is one to six months, but varies by individual needs. The program operates two campuses.

Director of Residential Services, Eileen Fiori, LICSW, LADC, received her Master's degree in Social Work from Boston College and is licensed by the state of New Hampshire as an independent clinician. She has been working in the addictions field since 1986 and has worked in residential treatment programs as well as in independent practice. Mark Green, M.D. is the Medical Director for WestBridge. He received his degree from the University of London and completed his residency and fellowship at New York Presbyterian Hospital, Cornell Medical Center. He also teaches at Harvard Medical School and lectures on dual-diagnosis. WestBridge is accredited by CARF.

The facility provides treatment through Integrated Dual Diagnosis Treatment. Upon admission, a treatment team formulates a personalized Achievement Agenda to address both mental health and substance recovery goals. WestBridge provides education management services, money management, daily living task assistance, Cognitive Behavioral Therapy, substance abuse counseling, and Family Education and Support. After completing a stay at WestBridge, each individual works with their treatment team to formulate a Transition Plan to follow up treatment.

The program also provides Care Management Services on an outpatient basis to assist individuals with mental health and substance abuse issues to succeed while living in and contributing to their community. WestBridge utilizes the help of the patient's families to assist in the recovery process as well as educate the family members on what they can do to help in recovery and the future success.

[This information came from the WestBridge Community Services website.]

My mother said I must always be intolerant of ignorance but understanding of illiteracy. That some people, unable to go to school, were more educated and more intelligent than college professors.

~ Maya Angelou

BECAUSE I LOVE YOU COACHING

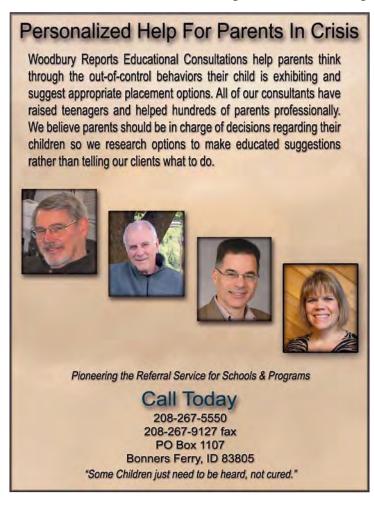
Winnetka, CA
Dennis Poncher, Founder
818-884-8242

bily1982@aol.com | www.becauseiloveyou.org

"Because I love you" (BILY) is a non-profit organization dedicated to supporting parents with troubled children of any age. The parent support groups help parents whose children have behavioral problems and/or may have started experiencing with drugs, running away, truancy, verbal and physical abuse, curfew, dressing inappropriately, and having negative peer relationships. The BILY life coaches assist families through struggles and crisis and yet at the same time help families with the tools necessary to deal with future issues more effectively.

In 1982, Dennis Poncher started Because I Love You, with just eight parents with similar problems meeting weekly in Dennis' home to exchange ideas and learn new parenting skills. Today, BILY now has parent support groups in 14 states, with over 500,000 families having successfully completed the program.

Dennis has appeared on many talk shows such as Oprah, Montel Williams, Geraldo and Good Morning America, as well as, being a keynote speaker throughout the country. He is the author of "Because I Love You – The Program." David Blumberg

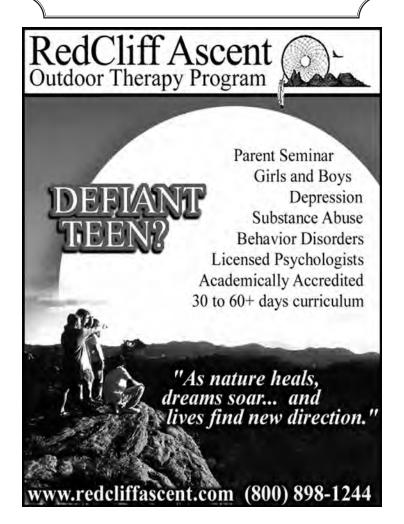


is the Youth Program Director for BILY and has been with the program since the late 1980's. David has a B.A. in Psychology and has over 20 years experience working in a variety of healthcare settings providing substance abuse counseling, mental health counseling, mentoring, and teaching others about group facilitation.

Because I Love You Life Coaching helps families believe, achieve, gain proper perspective, formulate strategies for reaching goals, solve problems and conflicts and get families back on track, save families from self-destruction, help families in transition and offer all around support in their lives. The process begins with an in-depth evaluation of the family and can take place in the family's home, taking approximately two to three hours. All family members involved must be included in this home evaluation.

[This information came from the Because I Love You website]

I like nonsense, it wakes up the brain cells. Fantasy is a necessary ingredient in living, it's a way of looking at life through the wrong end of a telescope. Which is what I do, and that enables you to laugh at life's realities. ~ Dr. Seuss



New Perspectives

CAROLINA HOUSE

Durham, NC Stacie McEntyre, MSW, LCSW, CEDS, Executive Director 866-690-7240

> smcentyre@crchealth.com www.carolinaeatingdisorders.com

Carolina House provides a small homelike setting for up to 12 young women ages 17 and older providing 24 hour nursing. The young women that are admitted into the program are medically stable and may be struggling with anorexia nervosa, bulimia nervosa, binge eating disorder, and related physical and mental health concerns.

The Commission on Accreditation of Rehabilitation Facilities (CARF) accredits Carolina House. The program adheres to APA (American Psychological Association) Levels of Care guidelines for eating disorders treatment. Using the DBT skill sets, clients examine their current beliefs, worldviews, and core values for increased awareness of the dynamics of their eating disordered behaviors.

The programs Executive Director is Stacie McEntyre, MSW, LCSW, CEDS. She serves as Co-chair for the Certification Committee for the International Association of Eating Disorders Professionals. The Clinical Director Chase Bannister, MSW, MDiv, LCSW completed comprehensive training on the treatment of persons with eating disorders and pursued clinical interests in treating depression, anxiety, grief and loss, and the broad range of emotional, behavioral and interpersonal concerns that arise out of chronic illness and recovery. The rest of the clinical team consists of certified eating disorder specialists, master's and doctoral level psychotherapists, dietitians and a board-certified psychiatrist, each of whom work closely with a 24-hour nursing staff, internal medicine physician, residential patient assistants and full-time chef to ensure that clients receive the most comprehensive and effective treatment available for their eating disorders.

The program is situated in an artisan style farmhouse and surrounded by 10 acres of forest in Durham, North Carolina.

[This information came from the Carolina House website.]

THE DISCOVERY SCHOOLS

Of Virginia

Outdoor Emotional Growth Schools

Boys and Girls schools located on two separate campuses in central Virginia

RESIDENTIAL SERVICES

The Discovery School uses a structured and effective group process along with the natural environment to promote a student's overall positive development. Groups are composed of ten students and three adult staff. The goal of the group is for each of its members to gain the self-esteem, maturity, self-control, and problem solving strategies needed to be successful in his or her family, school, and community.

Contact Us to Find Out More www.discoveryschool.org 434-983-5616 email: dsadmissions@yahoo.com

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SEEN N HEARD...

John Cohen Clinical Director of Pure Life Aspiro: The Aspiro Group is excited to announce John Cohen, LPC, as the Clinical Director of Pure Life Aspiro! John's experience exceeds 25 years of providing assessment and therapeutic services to adolescents and their families in juvenile justice, psychiatric hospitals and wilderness therapy settings. 801-819-2353

Boguslofski New Director of Alpine Academy: The Alpine Academy team is happy to introduce Michele Boguslofski, who has joined the Alpine team as the new Director. Michele comes to Alpine by way of our parent company, Utah Youth Village, and has been vicariously part of the Alpine team through her involvement there. Michele's career in residential treatment began in 1987 as a Family Teacher along with her husband Jeff, our current Director of Residential Services. She has worked in residential treatment positions in New Hampshire, Vermont, Nebraska, and North Carolina, and has been certified in the Teaching-Family Model five times. Her administrative career began in 1993 where she has held positions as a Coordinator for Admissions and Aftercare, Consultation Coordinator, and Training Coordinator. 800-244-1113

Jason Capel Joins Aspiro: The Aspiro Group welcomes Jason L. Capel, LCSW, to the Aspiro Clinical Team! Jason has extensive experience and training in Dialectical Behavior Therapy (DBT) and has developed adolescent DBT programs in residential treatment centers and wilderness therapy programs. He has specialized in the treatment of suicide, self-injurious behavior, trauma, eating disorders, mood disorders, and substance abuse using empirically supported therapies. 801-819-2353

Farnsworth Joins InnerChange: Janet Farnsworth, a residential treatment veteran with more than 25 years of experience serving struggling youth and families, will be joining InnerChange's executive team as the Vice President of Business Development. Janet has served in roles as diverse as being a weekend teaching parent, an agency advocate for all direct care staff, and a master trainer. She led the team which started a small residential program and then grew it exponentially in both size and quality. Janet is a promoter of industrywide standards through research and best practice and is a powerful mentor for many women in the treatment profession.

Active Recovery Network Joins NATSAP: Active Recovery Network is proud to announce that it has joined NATSAP (the National Association of Therapeutic Schools and Programs) as a Young Adult Affiliate program. Active Recovery Network supports those recovering from addictive or dependent behaviors through aftercare and recovery coaching, mentoring, life skills training, community building and meaning-making. 303-775-7810

Mental Health and Faith: When people are in crisis, often the first place they go is to their place of worship. Faith communities are reaching out to those with a variety of needs and looking within for parishioners with a talent and passion for meeting those needs. Rose Hill recently participated in a conference, "Pathways to Promise: The Power of Faith Communities in Mental Health Recovery." The conference was hosted by The Interfaith Mental Health Coalition, a collection of mental health service providers, public officials, faith leaders and advocates in the Chicago area. The day was full of presentations that described ways that faith communities and people engaged in mental health recovery can work together to educate their communities about mental illness and equip them to develop supportive, caring responses. Speakers from various faith traditions shared their stories and personal experiences with mental illness and recovery. 248-634-5530

Freedle And Slagle Presented At NATSAP: Pacific Quest's Dr. Lorraine Freedle and Travis Slagle Presented at the recent NATSAP Conference in Henderson, NV. The presentation highlighted the benefits and implications of Horticultural Therapy as a growth-focused treatment model. Research studies suggest gardening provides cognitive, emotional, and physiological benefits that can lead to increased overall life satisfaction. In a recent interview, Horticultural Therapy Director, Travis Slagle commented, "Horticultural therapy offers experiential techniques that place the client in a care-giving role. By engaging individuals and families in the restorative process of cultivating beauty and health in one's environment, it becomes increasingly possible to internalize beauty and health in one's self." 808-345-4549

New Survey Finds Moms on Front Lines of Children's Education: A new Sylvan Learning survey, conducted online by Harris Interactive among 5,000 U.S. adults in December 2013, finds that nearly 9 in 10 mothers of school-aged children regard themselves as having principal responsibility for their child's academics. 571-235-7238

Social Thinking Training Hosted By Cherry Gulch: On March 7, 2014, Cherry Gulch will be hosting Dr. Pam Crooke from the Social Thinking group. This customized workshop blend is designed to help professionals gain a better understanding of the inner minds of individuals with social learning challenges. The Informal Social Thinking -Dynamic Assessment will be introduced as a guide for developing differentiated lessons for those individuals with social learning issues. In addition, participants will learn about START, Social Thinking- Assessment Response Training - which is a way in which Social Thinking can be blended into the RTI/PBIS model. 208-365-3437

Allynwood Academy Welcomes England To The Team: Allynwood Academy welcomes Jada England as the newest member to our expanding marketing team. In Jada's new role as an Enrollment Development professional she works closely with our families, mental health professionals and those in the recovery field in the Texas area to educate and build awareness of the Allynwood platforms and with the admissions process to our programs. 607-637-8265

Aspiro Appoints Hillstead Clinical Director Smoot Assoc. Clinical Director: The Aspiro Group is proud to announce the appointment of David Hillstead, Ph.D., LMFT, as Director of Clinical Services and Carl Smoot, Ph.D., Licensed Psychologist, as Associate Clinical Director! David brings more than 14 years of wilderness therapy experience to this new role as Director of Clinical Services. He will assure the highest quality of clinical service delivery and make sure our team is providing unmatched consultation, communication and follow up with parents and referring professionals. Dr. Smoot brings more than 15 years of professional clinical work to his role as Associate Clinical Director. He will continue to provide services as a primary therapist as well as program evaluation, assessment, research, and clinical consultations. 801-819-2353

Preece To Leave Alpine Academy: With heartfelt emotion, Nikki Preece announced her resignation from Alpine Academy. "It has been such an incredible privilege and honor to be a part of the development of Alpine Academy." Nikki accepted the position as the Executive Director of Fulshear Treatment to Transition, an immersive program that combines residential treatment and independent living transition opportunities for young adult women between the ages of 18 to 25, south of Houston, near Sugar Land, Texas. Alpine Academy: 800-244-1113 Fulshear Ranch Academy: 801-380-3223

Brace Announces Retirement: It is with mixed emotions that we announce that Tim Brace, Headmaster and founding member of the

Carlbrook School Board of Regents, will be retiring in June of this year. Tim and his wife Kathleen have played an instrumental role in the creation and development of Carlbrook School since 2001, and we have been truly honored to work with such talented, caring and inspirational individuals. 434-476-2406

Expedition Therapy Announces Total Therapeutic Team Approach: Expedition Therapy proudly announces its Total Therapeutic Team Approach for treating young adults. "Our Total Therapeutic Team Approach continuously integrates our therapeutic strengths into the daily curriculum of Expedition Therapy students, during weekly expeditions and back at base camp." explained Ms. Beth Fogel. 484-619-0116

Skyland Trail Welcomes Tipton To Board Of Directors: Skyland Trail, a nationally recognized nonprofit treatment organization for adults with mental illness, is pleased to announce Mark Tipton as a new member of the Board of Directors, effective January 1, 2014. Tipton is the Chairman and Chief Executive Officer of Georgia Commerce Bank (GCB) and Georgia Commerce Bancshares, Inc. He serves on Tulane University's Associate Board and President's Council. In addition, he Chairs the Board of Big Brothers Big Sisters of Metro Atlanta, is a member of the Carter Center Board of Councilors, the Georgia Tennis Foundation Board and prior to being elected to the Board of Directors, Tipton served on the Skyland Trail Advisory Board in 2012. 404-315-8333

Richardson Steps Down As Headmaster: Randy Richardson recently made the difficult decision to step down as Headmaster of Oliverian effective June 30, 2014. Randy has devoted five immensely productive years to the School, and has played a major role in its development into the self-sustaining, independent, and financially secure institution it is today. He has also been instrumental in helping to clarify Oliverian's vital mission, and in continually improving the quality of its programming and staff. 603-989-5100 ext. 7103

Grover And Riggs Join Wingate Team: WinGate is pleased to announce the addition of Erin Grover and Paula Riggs to the team. Erin is a wonderful addition to an expanding group of highly professional clinicians at WinGate. She brings with her a vast background in wilderness therapy including her roles as a Field Staff, Field Director, and Assistant Operations Director over the past ten years. Paula has spent more than fifteen years working with at risk youth and families in multiple environments. She is an experienced Admissions Counselor and Director in therapeutic middle schools, high schools, as well as young adult treatment facilities and Outdoor Wilderness programs. 800-560-1599

Chamber Music Concert at Copper Canyon Academy: For several years, CCA has had the honor of hosting chamber music concerts under the auspices of Chamber Music Sedona (CMS). CMS sponsors artists-in-residence concerts for youth in selected local schools. In January 2014 CMS returned, this time with five young musicians, all of whom were current or former members of the Chamber Music Society of Lincoln Center. The entire CCA community attended the concert. 877-617-1222

Saving Teens Celebrates 10th Anniversary: Saving Teens in Crisis Collaboration celebrated its 10th anniversary serving teens struggling with substance abuse and emotional issues. Direct financial support accounts for only a fraction of the impact SavingTeens has in expanding access to quality treatment options for at-risk teens. The combination of pro-bono educational consulting, counselling services, and program discounts and scholarships has allowed SavingTeens to provide nearly \$750,000 in additional value to adolescents and their families. 978-852-2144

Jimenez New Book Focuses On Teens Returning Home: Author,

speaker, and coach Ruben Jimenez (LCSW) has published a new book focused on helping parents with teens or young adults returning home from therapeutic treatment. The book is called The Road Home: A Guide for Parents with Teens or Young Adults Returning from Treatment and is available through the author's website TheRoadHomeBook.com as well as Amazon.com. The first two chapters are available for free download on his website. 970-426-9227

Pacific Quest Celebrates Ten Year Anniversary: Pacific Quest is celebrating its ten year anniversary as one of the premier Outdoor Therapy programs for adolescents and young adults. With its proprietary Sustainable Growth treatment model, Pacific Quest is forging a new direction for mental health services by integrating naturopathic medicine, horticultural therapy, rites-of-passage, and best practices in clinical psychology and family therapy. 210-315-1302

Two New Therapists Join Allynwood Academy: We are pleased to announce that two new therapists have joined the therapeutic team at Allynwood. Samantha Cole, MSW, LICSW is a licensed clinical social worker that comes to Allynwood Academy with nearly 10 years of experience in the therapeutic boarding school setting, most recently at the Academy of Swift River. Danielle LeMoine, MHC, joined Allynwood Academy in December of 2013. Prior to becoming a mental health counselor, Danielle worked as a speech therapist for ten years in public school. 607-637-8265

McLain Moves To Provo Canyon School: Over the years, I have had the privilege to be the Executive Director of both Northwest Academy and Boulder Creek Academy. During that time, with the support of a fantastic team, we experienced tremendous growth at both schools. I am proud of every staff member and team player on board, as each has made his or her own significant contributions to the overall growth and shared success. I am writing to share with you that Universal Health Services presented me with the opportunity to serve as CEO at Provo Canyon School, a facility recognized for its residential treatment and educational services. Bruce Wilson is the School Director for Northwest Academy and Lisa Hester at Boulder Creek Academy. 208-267-6691

Gayle Jensen-Savoie Resigns: It is with mixed emotions that I am writing to advise you that I am resigning my position as Executive Director of Fulshear Treatment to Transition. I plan to continue my work with The Joint Commission. As you know, this work ensures all accredited treatment facilities provide the highest safety and quality for all clients.

Echo Springs Looks Toward The Next Two Decades: Echo Spring Transition Study Center is launching its 21st year. As one of the oldest after-care programs in the nation, students have traveled from around the world to ignite change inside the little, red schoolhouse in the middle of the forest of Bonners Ferry, Idaho. 208-267-1111

Andrew Powell Joins Elements Wilderness Program: Elements Wilderness Program is pleased to announce the arrival of Andrew Powell to our core management team. Andrew has filled a variety of roles in wilderness, starting as field staff and most recently serving as Executive Director at Outback. He came to wilderness from the field of international development, relocating to Utah after 4 years in El Salvador serving as a Peace Corps Volunteer and as Country Director of a Non-Governmental Organization called VisionSpring. 801-505-8481

Pasadena Villa Facilities in Florida Accredited: Pasadena Villa is pleased to announce that all their facilities in the state of Florida are now proud to be Joint Commission Accredited! "In achieving Joint

Commission accreditation, Pasadena Villa Network of Services has demonstrated its commitment to the highest level of care for the people they serve. Behavioral Health accreditation is a voluntary process and I commend Pasadena Villa for successfully undertaking this challenge to elevate its standard of care and instill confidence in the community it serves." ~ Tracy Griffin Collander, LCSW, Executive Director, Behavioral Health Care Accreditation, The Joint Commission 407-982-0099

Mary Ann Abate Brings 36 Years Of Experience To New Position: Longtime behavioral health advocate Abate accepts policy watchdog role at Rosecrance. Abate became Vice President of Public Policy for Rosecrance. 815-387-5605

Fruzzetti Receives International Research Award: Congratulations to Alan E. Fruzzetti, Ph.D. for receiving the 2013 International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT) Outstanding Research Award in honor of his outstanding contributions to the field of Dialectical Behavior Therapy (DBT). The award recognizes the huge impact on DBT training and treatment development of Fruzzetti's groundbreaking research on validation and couples therapy as well as his collaborations on DBT for college students. 818-312-3089

Vive Announces Internal Changes: Vive Family Support Program Announces Some Exciting Internal Changes. Vive announces Janet Levitt's new position at Vive as Clinical Director, moving from her role as Clinical Supervisor to a new role as Clinical Director. They also announce Director of HR Kim St. John, Lydia Bishop at Director of Admissions and Andrew Larke's new location and title. Andrew Larke, an important member of Vive's Chicago team has moved to Vive's Boston team in addition to taking on a new national role. We are thrilled to announce that Andrew has become Vive's Director of Mentor Training. 800-261-0127

Powell Steps Down: Andrew Powell steps down from his position as Executive Director of Outback Therapeutic Expeditions. Rick Meeves stepped in as interim Executive Director while they search for Andrew's replacement. 800-817-1899

Shadow Mountain Recovery Acquires The Freedom Center: Shadow Mountain Recovery adds The Freedom Center to offer additional treatment alternatives and enhance their ability to individualize client's choices in one continuum of care in multiple locations. The Freedom Center, in business for over 14 years, is a premier intensive outpatient alcohol and drug addiction treatment center in Denver that approaches treatment from a health-minded, holistic view. The Freedom Center's Intensive Outpatient Program (IOP) offers a practical, straightforward wellness model that works to achieve long term, successful recovery. 800-764-7250

Baker Valley Treatment Center Now Accepting Referrals: At the recent IECA conference in San Diego it was announced that Baker Valley Treatment Center (BVTC) would open early in 2014. A sister program to Mountain Valley Treatment Center and a member of the non-profit Family Support Collaborative, Baker Valley is designed to serve adolescent males, 15-18 years of age who are suffering from internalizing disorders such as mood, anxiety and depression coupled with substance abuse. 413-320-7425



Hornbeck Visits Woodbury Reports: Drew Hornbeck, Admission and Co-Founder of New Vision Wilderness recently stopped by Woodbury Reports for a visit with Lon Woodbury. 262-780-1780

Tom Martin Joins Brightstone Transitions Team: We are proud to announce the addition of Tom Martin, MBA to the Brightstone team. Tom will work with Brightstone Transitions as a Reentry Specialist helping to connect older adolescence and young adults returning to the Atlanta area from therapeutic placements and schools. 336-971-3434

Jeff Johnson Joins Allynwood Team: Allynwood Academy is pleased to announce that Mr. Jeff Johnson has joined the Allynwood team in the role of Enrollment

Development & Referral Relations. Working from his home office in Boise, Idaho, Jeff brings 25 years of admissions and marketing experience in several therapeutic schools and programs. Drawing on this experience and the mentorship he has received from many of the best leaders in our field, Jeff will be spreading the news about the unique enhancements to The Family School that as a result, is now Allynwood Academy. 607-637-8265

Shelterwood Joins NATSAP: Shelterwood announced they have joined NATSAP and 800-584-5005

Expedition Therapy Joins NATSAP: Expedition Therapy proudly announces its membership in NATSAP. 484-619-0116

PLACES FOR STRUGGLING TEENS™

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Lon Woodbury, Publisher - IECA, MA, CEP, is an educational consultant who has worked in schools and programs for emotional growth, character education, and consulting for parents of struggling teens since 1984. Prior to that, he taught in public schools and was involved in public policy while working for the US Senate and the Executive Office of the President. Lon received his BS and MA degrees from the University of Idaho. His practice includes a referral service for parents and professionals, and the publication of this Newsletter and the *Parent Empowerment Handbook*,™ a resource of *Places for Struggling Teens*.™

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