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PARENT CHOICES FOR STRUGGLING TEENS:

Dan Blanchard,
Inner City Social
Studies Teacher

Frank Granett,
R.PH, ADHD Specialist

Colleen Norris,
Author

Dr. Peter Eden,
President Landmark
College

C. Lynn Williams,
Parenting Coach,
Author, Speaker

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"CASH FOR KIDS" IS ALIVE AND WELL!

By: Lon Woodbury



"Cash For Kids" is my term for a practice that is often used by some referral agencies (Who sometimes call themselves educational consultants) in the private, parent-choice residential schools and programs network for struggling teens. Briefly, it is a demand for payment in cash from a school or program for each child that a referral agency places with them.

Recently I received an email from a person planning a start-up residential program and inquiring from us as Educational Consultants about our "cost structure". From the wording, it is obvious this person has been taught that the standard way of doing business in this network is to pay referring sources for enrollments. The following is the wording of their question:

- 1) What is your cost structure? Do you charge a flat fee to match up teens with our program? Do you charge a % of tuition costs? Do you charge a fee to be placed on your website when people are searching for programs?
- 2) How does your program work? Do you guarantee a certain number of people to come to our program a year?

The following is my response: Thank you for your inquiry and good luck in your plans.

Your question seems to assume that it is a standard business practice for Educational Consultants to charge schools and programs for successful placements. I can assure you that we absolutely do not accept money or anything of value from a program for placements, and neither do dozens of other professional and very active Educational Consultants around the country. We are paid by the parents who hire us to help with the placement decision. The following explains some of the reasons we consider that "Cash For Kids" practice unethical.

1. The two major professional associations we associate with (IECA and NATSAP) are very clear in prohibiting this practice and consider it highly unethical.
2. The Educational Consultant (or referring agency) accepting finder's fees puts themselves into a financial conflict of interest. Do they refer based on what is best for the child and family, or do they refer based on what is best for their cash flow? In a real sense, when Finders Fees are accepted, that person tends to be marketing for the school or program rather than advocating for the good of the child and family. "Follow the Money" is good advice.
3. "Cash for Kids" arrangements are usually unmentioned to the parents, thus by omission misleading the parents by its secretiveness. When unmentioned, the parents assume the recommendations are the best match from the universe of relevant schools and programs, while in actuality it very well might be the referrals are based on the program(s) that will pay the highest commission. In a real sense, because of working arrangements, often the specific referral has been decided before the parent even contacts the referring agency.
4. On those occasions when this financial arrangement is actually mentioned to the parent, the parents usually are not aware of the implications - that they might not be referred to the best quality schools or programs or those that are the best match to the needs of the child and

CONTINUED: **CASH FOR KIDS/ 2**

CASH FOR KIDS

family. (See the Essay: Beware Non-Professional Advice) on my website Strugglingteens.com. Also see Finders' Fees. and Secrets).

5. The existence of Finders Fees tends to increase the tuition of the other students to cover the anticipated school payment of Finders Fees. This is not fair to the other parents not participating in this secret arrangement and who might be equally strapped to afford placing their child.
6. The existence of therapeutic schools and programs is justified by them teaching their wounded students respect, honesty, accountability and openness. To have secret deals regarding financial arrangements is contrary to what the students are being taught.
7. Full disclosure of your practices (excluding privacy or

proprietary considerations of course) has the most potential in fostering ethical behavior. Finders Fees are just the opposite.

I think Finders Fees arrangements are more common than professional Educational Consultants realize. I get notices like this on rare occasions, but from conversations with colleagues, it seems they are common. Some tell me they get more offers like this than they could count.

Somehow, since I've sometimes published these offers when I receive them, I suspect I have been removed from many mailing lists. It's likely that the writers of this offer will remove me from their list too. I guess It makes sense if you are doing something secretive, the last person you want to mail these offers to is to a publisher of a widely read newsletter.

VISIT REPORTS...

NEWPORT ACADEMY

Orange, California
Jamison Monroe - Founder
866-382-6651
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www.NewportAcademy.com

Visit by: Lon Woodbury, MA, September 19-20, 2013

The purpose of VPP was to provide an in-depth view of Newport Academy to several visiting Independent Educational Consultants and other professionals working in the private parent-choice network of schools and programs for struggling teens.

Nothing was spared during our stay. Good food, good conversations and quality professional presentations were abundant. We had a chance to meet with most of the key staff. At the initial dinner, Newport Academy founder Jamison Monroe shared his personal story which covered many of the motivations for him both in founding the Academy and its related activities and his ambitious plans for the future. In short, Jamison had once been in treatment for addiction, and concluded that the state of addiction treatment was in a sorry state. He then resolved to establish a program that would do it right. The result was Newport Academy along with the adjunct Sober High School and Outpatient treatment program at a different location.

Newport Academy was founded in 2009 as a gender specific residential treatment center for teens. There is a boys' campus and a girls' campus with a ratio of four staff for each student. Later in 2009 an adolescent outpatient counseling center was opened for local adolescents along with them opening Orange County's first Sober High School.

Four years later, 2013, Jamison is satisfied enough with his model to expand elsewhere in the country. Currently plans to

open in November of this year another residential program in Connecticut, and he is looking at establishing additional Sober High Schools in the East Coast and in other areas of California. In talking with Jamison, I get the impression that in his mind this is just the beginning. Additionally, he is talking about establishing an aggressive Endowment Fund so needy students without financial means can be granted scholarships.

Locally, they have four programs: The boys residential campus, the girls residential campus, and a third location which has the Sober High School for local residents from 9:30 AM to 3:30 PM, and the counseling center for local adolescents uses that location from 4:00 PM to 7:00 PM.

We started our tour with the facility for the Sober High School and Outpatient Center. They have most of the second floor of a quiet office building, and inside it looked much like a school with bright colors, a comfortable classroom that doubles for group and several offices used for administration and individual counseling sessions. As explained by Director of Education Devon Green, the goal of the Sober High School is way beyond just academics. Although academics are important, equally important is to help each student recognize their personal strengths, set goals for themselves, and actively work toward achieving those goals (both personal life goals as well as career goals).

Next on our tour was the residential boys' campus. The facility was on a hill where it seemed like you could see forever. The facility was clean, the bedrooms were neat and picked up, and overall a very comfortable living space. We were treated to a great lunch, delicious and nutritious of course, overlooking the surrounding city. It was a little cloudy, but we were told on a very clear day Santa Catalina Island could be seen on the horizon. The facility tended to have a masculine feel, and this was especially noticeable in their popular indoor gym, which was well stocked with work out machines, floor mats for martial arts and wrestling practice, and much more. Referred to by the boys as their man-cave, use of it is considered a privilege that

can be temporarily lost for negative behavior. Comfortable and well used rooms were available in several buildings for therapeutic groups, individual counseling, academic classes and places for just hanging out. Just before lunch a group of the young men came into the kitchen and on their own, and we were assured this was with no prompting, proceeded to introduce themselves and shake all our hands. They looked good, clean cut with various degrees of confidence. They would have passed for typical teens with a positive attitude anywhere. Even more impressive is that action more than any other indicated a sense of safety and acceptance by them from being in this program.

The next stop on our tour was the girls' campus. As with the boys, the girls campus was clean, comfortable feeling and functional. As with the boys program, the students are kept very busy with academic classes, group, individual counseling and character building activities. In our tour we saw a number of the girls and again, they appeared comfortable with themselves and with being there. The bedrooms were comfortable, clean and picked up. The rooms looked lived in in a cozy way.

Next to the girls' facilities is the equine facility, which consists of several horses and everything necessary for housing horses. Although the girls don't have the view the boys do, by having the horses next to them the equine program seems to be a stronger presence. For example, it is primarily the girls who take care of the horses and all the facilities and while touring the girls program we occasionally would get the distinctive odor of horses.

Perhaps the highlight of the day was a mini equine therapy lesson we all received. Conducted by Mickey Troxell with the help of Robyn LeAnn, the effectiveness of nonverbal communication was demonstrated very well. And, of course, when done by amateurs such as ourselves how it can be non-effective. They used what they called their therapeutic horse, one that had been abused when younger and Mickey had helped train to be the equine therapist. The horse was very effective in sensing and reacting to our nonverbal communications which we were unknowingly using. After each exercise Mickey and Robyn helped us process the results, and tease out what might have been going on inside us that would cause the horse to act the way it had. If we had been a group of students, the processing would have been much deeper with the horse being the catalyst that provided significant hints as to internal emotional inconsistencies we might be going through during the exercise. It was a very effective demonstration of the whole point of equine therapy. I've had several equine therapy demonstrations in the past while visiting programs starting back in the 1990s, and this was one of the most effective in demonstrating the potential for equine therapy in working with struggling teens.

Overall, I saw a program with dedicated, caring and competent staff working with students and being successful in helping these troubled children get their lives together. I think we are going to be hearing a lot more from Jamison Monroe and Newport Academy as he expands his vision.



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High Frontier is a non-profit Residential Treatment Center for emotionally disturbed adolescents, ages 12 to 18, with a documented history of severe behavioral and/or emotional problems who cannot be served in a less restrictive environment.

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Cell: (402) 990-5371
doug.czyn@boystown.org



BREAKWATER EXPEDITIONS

Sandpoint, ID
208-263-0277

John Winton, Co-Founder
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Breakwater Expeditions is a new wilderness adventure for families, offered to schools and programs, communities and individuals, offering unforgettable wilderness experiences and workshops. These adventure expeditions are designed to reunite families and build a sense of community, while focusing on play and working on individual personal growth.

John Winton and Lars Hall are co-founders of this new enterprise, having met years ago while working at a private, wilderness therapy program for struggling teens. John has over 15 years experience working with adults and teens and is certified as a Wilderness First Responder, Swift Water Rescuer, an ACA Sea Kayak Instructor, Lead Climbing Instructor, Profes-

sional Ski Instructor of America with an Avalanche Level 1 certificate in addition to being an American Red Cross Lifeguard. Lars also is certified as a Wilderness First Responder and is certified in Swift Water Rescue, RCABC Canoe Tripping Instructor, and Professional Ski Instructors of America with an Avalanche Level 1 certificate and Rope Rescue 1 certificate. John received his degree in Outdoor Recreation from Radford University and is a graduate of the National Outdoor Leadership School Semester in Alaska. Lars received his Bachelor's degree in Philosophy from Gettysburg College and graduated from the National Outdoor Leadership Semester in the Colorado Rockies. Breakwater Expeditions therapists include Lawrence Alford, PhD, LCPC, who received his PhD from the University of Utah in Counseling Psychology, and in addition, is licensed in Idaho and Montana as a Certified Mediator; and Laura Adams, MA, LPC and ACADC, who received her Master of Science in Counseling Psychology from Alaska Pacific University.

By offering four programs for Individual Families, Therapeutic Schools and Programs, Traditional Schools and Programs and Community Expeditions, Breakwater Expeditions can create individual experiences for various groups with an emphasis

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on therapeutic workshops, student expeditions, multi family expeditions and assisting in creating a Family Wellness Plan. Participants in these programs will gain real life learning experiences and students, families and individuals will learn the art of teamwork, leadership skills building and gain quality re-connecting time.

Adventure courses range from sea kayaks in Alaska, Washington's San Juan Islands, the Bahamas or Lake Powell, AZ; canoeing in Montana, whitewater rafting in Idaho or even dog sledding in Colorado.

[This information came from the Breakwater Expeditions website.]

IN THE UNITED STATES TODAY, THERE IS A PERVASIVE TENDENCY TO TREAT CHILDREN AS ADULTS, AND ADULTS AS CHILDREN. THE OPTIONS OF CHILDREN ARE THUS STEADILY EXPANDED, WHILE THOSE OF ADULTS ARE PROGRESSIVELY CONSTRICTED. THE RESULT IS UNRULY CHILDREN AND CHILDISH ADULTS.

~THOMAS SZASZ

SOVEREIGN JOURNEY

Bethlehem, NH
281-961-6890

Shay Butts, Director of Admissions and Marketing
sbutts@sovereignjourney.com
www.sovereignjourney.com

This new therapeutic transitional program is for young women, ages 17-24 who struggle with mood disorders, anxiety, trauma, negative body image, relationship difficulties, and school failure. Other issues treated include low self esteem, immaturity and the lack of involvement in age appropriate activities.

Recently opened in 2011, Sovereign Journey's Executive Director is Dr. Karen Fitzhugh, who for the past years served as a Vice President for Aspen Education Group and beforehand, was the Head of School at King George School. Alongside Dr. Fitzhugh, Shay Butts serves as the Director of Marketing and Admissions. Shay was the former Director of Admissions at Fulshear Ranch Academy prior to joining Sovereign Journey. Director of Academics is Randy McLeod

Sovereign incorporates the 'Five Keys for Success' into

CONTINUED: SOVEREIGN JOURNEY/ 6



The Benchmark Transitions® Program

Benchmark Transitions® is a comprehensive, multi-disciplinary approach to residential transitional living for young men and women, ages 18-28.

Our dual-diagnosis model serves students who have had substance abuse issues, as well as those who have not, by combining clinical treatment, behavioral health therapy, addiction recovery & aftercare, educational & vocational opportunities, career training and life skills in a structured and nurturing environment that fosters self-discovery and autonomy.

Benchmark is a long-term residential program. Our level-based curriculum is designed to be completed in 9-12 months. Extended care options are available.

Benchmark is designed to be a step-down transition program for participants coming out of other primary treatment programs, such as Detox, 30/60/90 day Residential Treatment Centers, Wilderness Therapeutic Programs, hospitalization/stabilization units, and for adolescents aging-out of Therapeutic Boarding Schools and is also an ideal option for young adults who are "stuck" at home with failure to launch issues.

Students exhibit behavioral and clinical issues such as:

- Academic challenges
- ADD/ADHD
- Adoption/Attachment
- Anger management
- Anxiety/Depression
- Asperger/Autism Spectrum*
- Bi-Polar/Borderline
- Compulsive behavior
- Distressed relationships
- Drug/Alcohol Addiction
- Dual Diagnosis
- Eating disorder (mild)
- Emotional & Behavioral issues
- Gaming/Internet Addiction
- Grief/loss
- Lacking confidence
- Learning differences
- Life changes
- Non-verbal learning difference
- ODD/PTSD
- Poor judgment
- Shy/withdrawn
- Sneaky/underground
- Socially isolated
- Substance use/abuse
- Trauma
- Unmotivated

SOVEREIGN JOURNEY

three phases of their program designed to establish a student's independence. These keys represent emotional and spiritual wellness and each client receives 90 minutes of individual therapy and 5 group therapies each week; educational and career training, volunteering and apprenticeships allowing each client to develop a strong work ethic and personal responsibility, visual, performing and

Parent Choices For Struggling Teens

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LATalkRadio.com, Channel One

SEEN N HEARD...

Cedar Ridge Academy Authorized to Enroll International Students:

Cedar Ridge Academy has a reputation of thinking outside the box when offering alternative solutions, in addition to the traditional approaches, to increase a students' academic performance. Our most recent accomplishment in this ongoing pursuit was the authorization from the federal government to enroll international students here at Cedar Ridge. 435-724-0899

A Trek For The Soul: Each Fall commemorates another season for Soltreks to celebrate its cycle around the sun. This Fall begins Soltreks 17th year of guiding individuals toward self-discovery using nature and the wilderness to navigate a path toward wellness. One-on-One treks are customized and vary in length from 8 to 30 days based upon need. By allowing the pace of the One-on-One trek to reflect the participants needs, distractions are at a minimum so the primary focus becomes self-awareness, and as Eckhart Tolle (2004) writes, living in the NOW. This powerful wilderness experience allows for a higher level of participant attention and individual reflection, creating the opportunity for greater insight and awareness. Doug specializes in facilitating treks for men and using photography as a tool to seek insight through nature's lens. 218-830-1233

Echo Springs Introduces New Admissions Advisor: Echo Springs wants to introduce you to Lucinda Kay; she joined us in July as our Admissions Advisor. Lucinda has collaborated with us as our communications consultant since 2009, guiding us through message development, re-branding, and coaching. Lucinda says, "After hearing all the amazing stories all this time, I now get to speak directly to the families and consultants. It's been insightful and rewarding." We partnered with Lucinda because she has such a diverse skill set; the kind of woman who can maneuver bureaucracies in the developing world, hold an international press conference, or simply sit and listen. We appreciate her skills for sure, but she also lives our mission; she has long mentored and equipped young people to live effective and productive lives - helping us to teach young adults character, discipline, and direction. 208-267-1111

The Meadows Wickenburg Announces New Young Adult Program:

The Meadows Trauma and Addiction Treatment Center in Wickenburg, AZ, announced the addition of a new young adult program, DAWN at The Meadows. DAWN will open at The Meadows' campus early fall 2013 exclusively for young men and women ages 18 to 26. DAWN at The Meadows is a 45-day, three-phase program specifically created to respect and honor the patient's maturation in a way not possible in a program model designed for teens. 317-344-2922

culinary arts and physical health and wellness. Upon completion of the program, these young women will leave with useable life skills which will include developing a personal leadership style, learning to build community connections and fundamental skills for entering the academic world and workforce.

[This information came from the Sovereign Journey website and brochure.]

EDUCATION IS WHAT REMAINS
AFTER ONE HAS FORGOTTEN WHAT
ONE HAS LEARNED IN SCHOOL.

~ ALBERT EINSTEIN

Child And Adolescent Psychologist Joins Rogers' Kenosha Staff:

Colleen M. Drosdeck, PsyD, joins the staff at Rogers Memorial Hospital in Kenosha, as a licensed clinical psychologist for its day treatment program, which offers mental health treatment for children and adolescents while allowing them to remain in school. Dr. Drosdeck will evaluate patients, supervise clinical staff and coordinate care with physicians and other professionals. 262-646-1029

Shortridge Academy Bids Farewell To Fuller:

Shortridge Academy is with mixed feelings as the school bids farewell to long-time staff member, Amy Fuller. Amy will be returning home to Iowa to care for her aging parents. "I truly feel privileged to have had the opportunity to work with Amy for the last eight years. She touched the lives of so many at Shortridge and I will always be grateful for the unique contributions she made. We will all miss her sense of humor, great attention to detail, and most importantly her friendship", said Adam Rainer, Founder. "Amy is one of those remarkable people you don't meet everyday. She is someone whose dedication to mission and people is indeed special", remarked Don Vardell. 877-903-8968

Aspiro Announces Important Developments To Pure Life Program:

Pure Life will move to a rolling admissions schedule for young adults 18-28 years old. Beginning January 1, Pure Life will also be accepting adolescent boys ages 15-18 utilizing a rolling admissions, open group model. In addition, we are excited to announce that Dr. Gordon Day will be the primary therapist for the Costa Rica program. 801-349-2740 ext. 1

Counting Our Many Blessings At Gold Lake:

All are aware of the tragedies which have befallen many as a result of flooding in Colorado. We are grateful for your calls and emails, and want to let everyone know that we experienced minimal impact from the storms. 512-516-7257

SUWS Thank You For Your Support:

Our heartfelt thanks go out to so, so many of you for your support of SUWS, my team, and me. September 20 we locked the doors at 911 Preacher Creek Rd and closed a very well-written, heartily-lived chapter in the history books. 208-308-3163

Doctoral Candidate from Greenbrier Submits Dissertation:

Dr. Doug Marchant's doctoral dissertation on the effectiveness of GBA's Applied Relationality model has been completed and warmly accepted by his committee at Brigham Young University. We are encouraged that his findings were positive. In his Abstract he says: "Results indicated that Greenbrier's students' experienced marked changes in the quality and meaning of their interpersonal relationships. They increasingly cared for and served their

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SEEN N HEARD

ANSWERS ⁴ THE FAMILY RADIO SHOW



Allen Cardoza



Dr. Melody Foxx

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relationships, engaged in more intimate relationships with others, approached (rather than retreated from) others' differences, viewed others more holistically, and accepted personal responsibility in relation to their context." Dr. Marchant's dissertation is entitled: "A Qualitative Inquiry into the Treatment Experience of Adolescent Females In a Relationally based Therapeutic Boarding School".

877-788-8422

Two New Directors At Lava Heights: Lava Heights Academy is very happy to have added two new Directors to our team. Brant Wadsworth is our new Program Director and Jamie Young is our new Artistic Director. These additions will enhance our Expressive Art therapies approach. Brant Wadsworth is a registered drama therapist with the North American Drama Therapy Association and is currently completing a Ph.D. in Expressive Arts Therapies at Lesley University. His work with the arts in therapy includes experience as an expressive therapist and clinician in adolescent residential treatment, therapeutic secondary education, and creative arts programs for developmentally and/or physically disabled children, teens, and adults. Before becoming the Artistic Director at Lava Heights Academy in 2013, Jamie Young was a professor of musical theatre for 19 years working at the University of Idaho, College of The Albemarle, and Western Wyoming College. For 12 years he was the head of the Theatre & Dance department at Western and was able to grow the program from 2 faculty and 18 students to more than 10 faculty/staff and 70 students. 801-842-4400

Announcing the Independent Living Program for Eating Disorders: Center For Change announced a new Independent Living Program (ILP) for adult women ages 18+. The new ILP offers the structure of participating in our day treatment (PHP) program while residing off site. 888-224-8250

Mack and Oshier Join Parent Coach Professionals: Parent Coach Professionals is pleased to announce the addition of two new associates, Colleen Oshier and Sarah Mack. Colleen Oshier's 30 year career has been defined by her intuitive and compassionate work with groups and individuals. Sarah Mack brings nineteen years of experience in the adolescent/young adult treatment industry to our practice. Most recently, Sarah has worked as a Parent Coach and the Director of Business Development for Skelton, Thomason and Associates, and continues to work as a co-facilitator for the Parent Coach Trainers Academy. 541-330-5979

Parents Lower The Volume On Discipline: An update may be in order for the childhood saying "sticks and stones may break my bones but words will never hurt me." The results of a new study shows that harsh verbal punishment, such as shouting, cursing or using insults, is just as harmful to adolescents as physical discipline. The study, published online in the journal Child Development, comes from researchers at the University of Pittsburgh, who found that adolescents whose parents used harsh verbal punishment suffered from depression and were more likely to engage in vandalism or aggressive behavior. 866-906-8336

Benchmark Transitions Celebrates 20th Anniversary: When Jaynie opened Benchmark on September 9, 1993, she had one student, one staff member and one couch...Today, Jayne's adult children have joined her to form a first and second generation ownership team, sharing her vision and values. Benchmark has grown to include over 40 full time amazingly dedicated staff members and clinicians, over 50 beds in community-based apartments, a 20,000 square foot Education and Life Skills Center, 50 young adult students for co-ed enrollment and hundreds of alumni students and families!

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Cedar Ridge Academy Welcomes New Guidance Counselor: This summer brought with it excitement for our Cedar Ridge Academic team with the addition of Holland Olsen as the new Guidance Counselor. Holland's energy is contagious around campus as he tackles the individual needs of the students not only in their academic pursuits but also in coaching them on the court and field.
435-724-0899

Aspen Institute Welcomes Dr. Park: The Aspen Institute for Behavioral Assessment, a licensed and accredited specialty psychiatric hospital for adolescents in Syracuse, Utah, is delighted to announce that Brandon Park, PhD will be joining the team as Director of Assessment. Dr. Park is a neuropsychologist and a behavioral specialist who comes to us with over 10 years of experience in neuropsychology across a variety of settings. Most recently, Dr. Park was at Outback Therapeutic Expeditions as their neuropsychologist providing assessment and treatment to troubled adolescents in a wilderness setting. Prior to that he spent five years as senior psychologist at Napa State Hospital where he specialized in neuropsychodiagnostic assessment. 408-645-3137

Addiction Medicine Specialist Joins Staff At Rogers' Herrington Recovery Center: John Franzen, MD, has joined the medical staff at Rogers Memorial Hospital as an adult psychiatrist specializing in addiction medicine. Prior to joining the addiction treatment staff at Herrington Recovery Center, Dr. Franzen worked as an adult psychiatric hospitalist at Bryan LGH Hospital and provided inpatient behavioral services at Faith Regional Health Services, both in Nebraska. 262-646-1029

Family Support Collaborative Appoints Director: We are pleased to announce that Mary Jo DeGrandi, MS, has accepted the position of Director of the Family Support Collaborative. With over fifteen years of experience in working with families and youth-at-risk, Mary Jo has a strong background in helping families and organizations, including Therapeutic Boarding Schools, Outdoor Behavioral Healthcare Programs, and Residential Child Care Programs. 603-986-6054

Hopper Returns To Private Practice: BJ Hopper returns to private practice. After a two year partnership with Rosemary Tippet, BJ Hopper has returned to the sole practice that she founded 27 years ago in Atlanta, GA. 404-814-1397

Graduation Of The Class of 2013: The John Dewey Academy is proud to announce the graduation of the Class of 2013. Our ceremony, held August 17th, celebrated the achievements of our ten graduates. As usual, alumni and alumni parents from multiple generations chose to join us for Graduation Day. In keeping with our 26 year tradition, 100% of our graduates have matriculated at four year institutions of higher learning. 917-597-7814

Elements Welcomes Christensen: Elements Wilderness Program is thrilled to welcome Neal Christensen, PhD, LP, as the newest member of our clinical team! Neal is a recognized leader in the wilderness-treatment community and comes to Elements with extensive experience as a wilderness field therapist, primary therapist, and clinical director. 801-505-8481

Updates From Alpine Academy: Alpine Academy had a wonderful Summer break this year. In July many of our young ladies graduated from high school and our program. A couple weeks following all the celebrations we kicked off our new school year with the annual trip to Jackson Hole, Wyoming. In addition to the recreational therapy and experiential learning activities, we went on some amazing hikes, swimming in the hot springs and, of course, white-water rafting on the Snake River. 800-244-1113

Robbins Welcomed To Outback: Outback Therapeutic Expeditions, a

strengths-based therapeutic wilderness program for teens, announces the hiring of Outback's newest therapist, Kathleen (Kat) Robbins, LPC, NCC, CCMHC. Kathleen has clinical experience in a variety of settings including therapeutic boarding school, private practice, wilderness therapy, and public mental health. Her leadership experience includes working as the Clinical Director at the Oakley School, Youth Program Coordinator for a substance use treatment center, and lead researcher for Pennsylvania State-recognized research on behavior change. 801-766-3933

Cherry Gulch Adopts The RULER Approach: The RULER Approach is a comprehensive emotional literacy program that helps to empower and teach individuals to regulate their emotions and find success in their daily endeavors. 208-365-3437

CONTINUED: SEEN N HEARD/ 10

THE DISCOVERY SCHOOLS
Of Virginia
Outdoor Emotional Growth Schools

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RESIDENTIAL SERVICES
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Taking Life Skills To Alaska: Alaskan coastlines offer a matchless canvas for life's greatest lessons. The unpredictable weather, icy cold water, caving glaciers, unabated wildlife, and awe inspiring scenery give opportunities to reflect on both the hardships and beauty life offers. Fulshear Ranch recently teamed with Breakwater Expeditions for the experience of a lifetime. Six young women traveled to Prince William Sound, seeking invaluable life skills and the unique rewards of immersion in a natural environment. Accompanied by positive role models and immersed in America's wild frontier, these young women learned to face adversity, trust in themselves and make responsible decisions. 888-317-9229

Jones Achieves Positive Psychology Coach Certification: Parent Coach Professionals is excited to announce that Vicki Jones, MS, PCC, has added Positive Psychology Coach Certification to her extensive list of certifications and trainings. Positive Psychology Coaching focuses on offering clients innovative interventions that are based on positive psychology research. The training was facilitated by Dr. Robert Biswas-Diemer and Jessica Austin. 541-330-5979

Wilderness Therapy E-Book Now Available: The new Wilderness Therapy & Outdoor Adventure eBook, part 3 of the Parent Empowerment Handbook, is now available on amazon.com. It is available for downloading into your smart phone, kindle or almost any electronic device with a screen. 208-267-5550

New Therapists Welcomed To Cedar Ridge: Cedar Ridge Academy, a therapeutic boarding school in Roosevelt, UT, is proud to announce the addition of Jason Law and Jacob Auna to the clinical team. Jason has 12+ years Wilderness Therapeutic Programs, 14+ years Private Practice, and 8+ years Therapeutic work with the state of Utah. Jacob has worked as an intern therapist at Wasatch Mental Health, an intern as development specialist at Deseret Industries and interned as a Case

Manager at Native Hawaiian Organization for Orphaned Children. 435-724-0899

Elements Joins OBHIC: Elements Wilderness Program recently joined the Outdoor Behavioral Healthcare Industry Council (OBHIC) to further promote the efficacy of wilderness treatment for adolescents. OBHIC members are dedicated to not only researching programs efficacy but also considering safety and risk management. As part of OBHIC membership, Elements Wilderness Program will not only be participating in outcomes and risk management research but helping the organization continue to raise standards industry wide. 801-505-8481

KEE Kreations presents new Interactive Art Therapy: Interactive Art Therapy has deeper meaning to those searching for a distinctive and unique way of expressing one's triumphs, as well as over-coming life's tragedies. It is art with a purpose. As a counseling tool, our Interactive Art prints were created for the purpose of aiding in the healing process in a lasting and visual way. 570-640-8622

Eva Carlston Academy Launches New Website: Eva Carlston Academy announced the launch of a new website designed to more accurately reflect the school's strong aesthetic orientation. 801-699-6563

AN EDUCATIONAL SYSTEM ISN'T WORTH A GREAT DEAL IF IT TEACHES YOUNG PEOPLE HOW TO MAKE A LIVING BUT DOESN'T TEACH THEM HOW TO MAKE A LIFE.

~ AUTHOR UNKNOWN

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Accredited by The Joint Commission and the Middle States Association of Colleges and Schools. Charter member: National Association of Therapeutic Schools and Programs. Member: Association of Recovery Schools. The Family Foundation School is a private, New York State registered boarding school situated on a scenic 150-acre campus in the western Catskills.



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PARENT CHOICES FOR STRUGGLING TEENS:

The following Guests were featured on Lon's Internet Talk Radio Show, Parent Choices For Struggling Teens in June 2013, which airs Monday at 12:00pm Pacific Time on www.latalkradio.com, Channel 1.

Staying Sane While Parenting Teens

With the lack of communication between parents and their teens in homes today, C. Lynn Williams shared some - time tested tips - and strategies for parents to - stay sane - while raising their tweens and teens. In order for parents to stay sane, to keep their cool and not lose their temper, the first thing parents need to do is take care of themselves! 224-357-6315, cwwwbooks@yahoo.com

College Degrees for Students with LD

Dr. Peter Eden, who took office as the fourth president of Landmark College on July 1, 2011, shared about this very unique college intentionally designed for students struggling with diagnosed learning disabilities. 802-258-8297, PeterEden@landmark.edu

Just Ask a Child

Often, parents go to experts seeking parenting advice because

they de-value their own knowledge of raising a child. In *Just Ask a Child: How to Give Children Wings to Soar*, Colleen Norris, shared, "We (as parents) know our children more than anyone...we have that expertise of knowing our kids." 801-455-8794, Colleen.norris57@gmail.com

Over Medicating Our Youth

Frank Granett, R.ph and ADHD expert specializing in Nutritional Physiology and Psychiatry in regards to the assessment process for children battling behavioral symptoms, discussed informative interview about the epidemic of our children in the United States being diagnosed with ADHD and prescribed medications. 586-804-0799, frankgranett@CAOOY.org

Of What Use Are Grandparents?

Dan Blanchard, an inner city Social Studies teacher talked about the underused resources that grandparents are in helping to raise and mentor kids in our society. "Our youth today are missing out on knowing the elders in our families and in our communities. The knowledge that they have is of more value than ever before and if they would learn from them, it would improve everything and the kids would not have to go through so many massive mistakes, if they had elderly mentors in their corner." 860-786-7094, Dan007blanchard@gmail.com

Four Circles Recovery Center is a state-of-the-art, innovative wilderness-based treatment program for young adult males and females, ages 18-28, with addiction, substance abuse, and co-occurring mental health issues.

Four Circles Transition Program in Asheville, NC, is a transitional living / extended care facility for young adult males, ages 18-28, who are transitioning from any primary substance abuse treatment program.

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PLACES FOR STRUGGLING TEENS™

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Lon Woodbury, Publisher - IECA, MA, CEP, is an educational consultant who has worked in schools and programs for emotional growth, character education, and consulting for parents of struggling teens since 1984. Prior to that, he taught in public schools and was involved in public policy while working for the US Senate and the Executive Office of the President. Lon received his BS and MA degrees from the University of Idaho. His practice includes a referral service for parents and professionals, and the publication of this Newsletter and the *Parent Empowerment Handbook*,™ a resource of *Places for Struggling Teens*.™

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