

Places for Struggling Teens™

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"It is more important to get it right, than to get it first."

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(Articles and information appearing in this publication are the opinions of the authors, and do not necessarily reflect the opinions of Woodbury Reports, Inc., StrugglingTeens.com.™ or it's staff. We urge our readers to conduct their own investigation of the products and services identified herein.)

PARENT CHOICES FOR STRUGGLING TEENS:

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WHAT THE BIBLE AND BRAIN SCIENCE REVEAL ABOUT RAISING BOYS

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Aired: August 26, 2013

Michael Gurian, Co-Founder of the Gurian Institute and author, spoke to talk show host Lon Woodbury on L.A. Talk Radio about what the Bible and Brain Science reveal about raising boys.

Understanding What the Bible and Brain Science Reveal about Raising Boys

Amongst a variety of topics, Gurian discussed the "boy crisis" with Woodbury: How the educational initiative to give girls more opportunity in life had ignored the needs of boys because the entire curriculum before college was focused on teaching in a way that harmonized with the female brain worked while ignoring the needs of the male brain.

He believes that there is actually a design for how the male brain works, and there are some timeless principles of raising boys mentioned in both the Old and New Testament via the examples of biblical male archetypes ranging from Abraham to Jesus. In collaboration with Gregory Jantz, PhD, he has written about this theme in considerable detail in his latest book, Raising Boys by Design: what the bible and brain science reveal about what your son needs to thrive. Apparently, the neuroscience of how boys learn is very consistent with the principles taught in the stories of the Bible.

During the interview, Gurian offered the listener's of the Struggling Teens radio show a practical blueprint to help any parent build a HERO-raising a boy who values Honor, Enterprise, Responsibility, and Originality. Understanding this paradigm will help boys to succeed in school and hone crucial life skills, develop a healthy perspective on sexuality, avoid the pitfalls of media and technology, and embark on a lifelong adventure of balance, achievement, and social contribution.

Parents listening in to the show will learn how to help their son strengthen his character, resilience, and self-discipline. They will also learn how help their son nurture genuine compassion and empathy, as well as how to help their son discover ways to process words and emotions in ways that fit his brain chemistry. In essence, then, they will learn exactly what the Bible and Brain Science reveal about raising boys.

To listen to the full interview visit latalkradio.com/archives/Lon-082613.mp3

Michael Gurian is an American author and social philosopher who was trained as a family therapist and went on to become a corporate consultant. He has taught at Gonzaga University, Eastern Washington University, and Ankara University. As an author, he has published over twenty-five books, several of which were New York Times bestsellers. As the founder of the Gurian Institute, his work includes training professionals to deal with the developmental aspects of childhood, with his research specializing in focusing on gender differences.

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Montcalm School for Boys and Girls is a private therapeutic boarding school serving kids and families from around the world. Montcalm School offers a traditional therapeutic program for boys and girls ages 12-18; Outside In, a program for boys and girls, ages 12-18, with autism spectrum disorders; and Structured Transitional Living, a life skills program for boys, ages 17-21. Montcalm School is part of Starr Commonwealth, an organization that has helped children and families for 100 years.

CHAMBERLAIN INTERNATIONAL SCHOOL

Middleboro, MA

John Mendonca – Admissions Director

508-946-9348

admissions@flicis.com

www.chamberlainschool.org

Visit by Ron and Kristie Campbell, June 19, 2013

In 2012, we had a brief chance to visit the Chamberlain International School in Middleboro, MA. Unfortunately we were not there long enough to get a good feel for the place. Almost a year later, we were able to return to visit for a much longer period of time and this visit was very different. Truly a full visit touring the campus and meeting the kids and staff is necessary to determine what the program is all about.

Chamberlain School is a co-educational therapeutic boarding and day school, serving students ages 11-22. The school is co-ed, but males and females live separately in family-style homes. Common diagnostic considerations include: Learning Differences, Compromised Reality Testing, Anxiety Disorders/OCD, Bipolar Disorder/Depression, Asperger's Syndrome/PDD, Nonverbal Learning Disorder, Reactive Attachment Disorder, Borderline Personality Features, ADHD/Executive Function Problems, PTSD, and/or Mild Traumatic Brain Injury with associated emotional issues.

We arrived in Middleboro a little early for our 9:00am appointment and walked up to the admissions office where we were met by Sarah Norfleet, Director of Business Development and John Mendonca, Director of Admissions. After a few minutes of introductions with the other Admissions staff, we walked through a door into one of the girls' dorms that is located on the backside of the admissions office. It felt as though we'd walked into a regular home with a cozy living room and a modern kitchen just off to the side.

As we sat in the family room, John went over the history of Chamberlain, from the founders, to the programming, the academics, the therapeutics, and all the technical information about the school. He talked about the vision of the school, something other programs we've visited haven't talked much about. He made sure we clearly understood the client they take and everything offered at Chamberlain, from clubs and activities, to educational components, to therapies. While he presented the information, he was acutely aware of our then nine-year old



daughter's needs, making sure she was taken care of, similarly, I'm sure, to the way he would have if we were parents of a student with young siblings.

After we discussed the details of the program, a student met us in the kitchen and eagerly awaited his opportunity to take us on a tour of the facility. He seemed excited to share the campus with us and was also excited because later in the day there would be a campus basketball game that he would participate in. We left the girls dorm and headed to the young adult dorms. The dorms felt like family homes, with a living room, kitchen, dining room and several bedrooms. There are 3-4 students per room and they were tailored with personal belongings making it feel very homey.

Next we stopped for a while and observed a college-level ecology class in session. The teacher was animated and students were actively taking notes. They seemed very engaged in the lesson. After the class, we went inside a very modern home. It was being used for another tour at the time of our visit so we decided to move along.

We continued our tour by crossing the street and heading toward the larger part of the campus. There were students participating in PE classes that we observed for a bit. As we walked, our guide student explained how he had changed since coming to Chamberlain. He was very excited about a truck in the auto-mechanic shop and, until the end of the tour, I didn't understand the full scope of his excitement. Our guide was an integral part of rebuilding a WWII truck in the mechanic shop in the Auto Mechanic vocational program. He was definitely proud of his participation in the rebuilding of this relic.

The dorms feel like actual homes, with living/family rooms, kitchens, family style dining rooms, and bedrooms throughout. They were cozy and felt like a family home. We walked through

CHAMBERLAIN

several homes before heading over to the school building, which also houses several dorms. These dorms of course felt more like a traditional boarding school. We observed a few more classes in session and talked with several kids before heading back toward admissions.

One thing that really impressed us about Chamberlain was all the activities the students participate in. These include activities such as crew, automotive technology and aviation, just to name a few. Students participate in competitive sports, student dances, community service, hiking, biking, rock climbing, going to the movies and other healthy activities they can learn to participate in, in a supportive environment. They may also participate in vocational opportunities around the Middleboro community and focus a bit on budgeting, planning, checkbooks and other life skills they will need later in life.

Chamberlain School even has a partnership with the Hilltop School in Denmark, where students and staff participate in a sample foreign exchange program for several weeks. Staff takes students abroad on other cultural immersion trips throughout Europe and Bermuda, as well.



The academics at Chamberlain are college preparatory and also general education courses for both middle and high school students. Students can obtain their high school diploma directly from the school. They also offer dual enrolled and college-level courses to their students who have graduated high school or turned 18 but remain in the program. A strong focus of the academic program is on meeting the skills required in the core academic subjects: Literature, Writing, Mathematics, Social Studies, and Science. Students also benefit from additional studies in Foreign Language, Visual Arts, Automotive Technology, Physical Education, Health, and Study Skills.

When we finished the tour, our guide returned us to the Admissions office where John met us and drove us over to the mechanic shop. In this building, the students participate in both auto mechanics and art classes. We got a chance to peek at the WWII truck and the new "kit car" that had just arrived, a project that all staff and students get excited about. We were impressed with not only the facility on campus, but also the auto mechanic shop for the vocational portion of the program and the creativity in the art program. We thanked John for taking the time to meet with us

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For more information, contact:

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jbrain@thefamilyschool.com
www.thefamilyschool.com

Accredited by The Joint Commission and the Middle States Association of Colleges and Schools. Charter member: National Association of Therapeutic Schools and Programs. Member: Association of Recovery Schools. The Family Foundation School is a private, New York State registered boarding school situated on a scenic 150-acre campus in the western Catskills.



SOBER COLLEGE CORE PROGRAM

Robert Pfeifer, MSW, Managing Partner and Founder
818-274-0304
robert.pfeifer@sobercollege.com
www.sobercollege.com

Sober College works with young adults ages 17-26 in need of a supportive, sober environment supplemented by substance abuse treatment. Their curriculum builds competencies in five areas of achievement: Sobriety, Life Skills, Career Development and/or Education, Emotional Well-Being and Fitness. Students must commit to a minimum of a 3-month stay but it would be best to have a 12-month commitment.

Sober College was founded in the fall of 2005 by Robert Pfeifer, as "an emotional growth college." Whether students need to finish high school, complete a GED, start or resume college work, all start with courses in the learning center. Sober College has begun a partnership with Woodbury University that allows students receiving treatment for drug addiction to also get their lives back on track in the classroom. Woodbury University, founded in 1884, is one of the oldest institutions of higher education in Southern California. It is located in Burbank, California, and is accredited by the Western Association of Schools and Colleges.

Sober College teaches five Woodbury College courses on campus. The specially designed Woodbury courses tailored for Sober College clients, combine recovery with entry-level classes such as public speaking, creative writing, health and wellness, sociology, and psychology. The Woodbury courses are offered at Sober College by trained faculty in modular format that allows students to start courses when needed and sit for a final once all of the sections are completed. The course content is both engaging and relevant to the students. The courses' unique learning model provides a learning environment specific to the students educational and personal needs: The Woodbury courses offered help the students become reinvigorated with the motivation for success, and become familiar with what a true college experience is like.

Upon completion of the five courses, Sober College students can earn a Certificate in General Studies from Woodbury University. The Certificate of General Studies provides students with a semester's worth of college credits from Woodbury University to take with them when applying to colleges and universities. With in class instruction, online assignment submission, outlined course syllabi with due dates, and quiz and test dates, students are able to experience and/or prepare for a collegiate setting outside of Sober College. All classes are transferable and will show on the transcript from Woodbury College.

[This information came from Sober College website]



High Frontier

High Frontier is a non-profit Residential Treatment Center for emotionally disturbed adolescents, ages 12 to 18, with a documented history of severe behavioral and/or emotional problems who cannot be served in a less restrictive environment.


GOALS ARE TO:

- Build a positive value system
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- Develop & implement services to help the resident meet goals.
- Provide each resident with living skills
- Assist residents to work with their families
- Develop a discharge/aftercare plan

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www.ashcreekranchacademy.com

Located approximately 25 miles north-east of St. Gorge, Utah in the rural community of Toquerville, Ashcreek Ranch Academy provides services to adolescent boys between the ages of 14 and 18 years of age. The boys have issues such as: ADD/ADHD, Depression, Anger Management, Academic Problems, Parent/Child Conflicts, in combination with addictive disorders. Ashcreek Ranch combines a clinical addiction recovery model with a college prep curricula, focusing on maximizing each student's potential.

Ashcreek Ranch Academy was founded in March 2012 by Tammy Behrmann, Executive Director and Darren Prince, Admissions Director. Tammy has a BS degree in Business Administration and Marketing and has founded two therapeutic boarding schools. Darren began his career in the military before finding his calling in Admissions and owning his first therapeutic boarding school in 1998. The school is licensed with the Department of Human Services Division of Licensure, (JCAHO) Joint Commission on Accreditation of Healthcare Organizations, fully accredited by both the Northwest Association of Accredited Schools and Colleges (NWASC) and Utah State Board of Education.

All students receive bi-weekly individual therapy with a licensed master level therapist, weekly family therapy, daily group therapy, educational classes focused on life-skills for long-term recovery, regular on-site horsemanship and equine therapy, on-site twelve step meetings, relapse prevention and education programs, and psychiatric services on a regular basis. While the child is in the program the family is required to participate in the programs family parent weekends and family therapy, parent education programs, and must be active in an Al-Anon or Family Anonymous program.

ARA exposes the boys to the lifestyle of the Great American Cowboy thru the horsemanship program. Through caring for the horse, the breeding and birthing component, the colt training program, cattle drives, farrier skills, sorting and cutting competitions, each student will come to appreciate hard work and reap the benefit of increased self-esteem and self-improvement. Diversionary activities, sports, physical fitness and adventure programs, and community service bring balance to the treatment routine. The Spirituality component allows the student's relationship with a power greater than himself.

ALL PERSONS WHO DEVOTE THEMSELVES TO FORCING VIRTUE ON THEIR FELLOW MEN DESERVE NOTHING BETTER THAN A KICK IN THE PANTS.

~ HL MENCKEN

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Contact Us to Find Out More
www.discoveryschool.org
434-983-5616 email: dsadmissions@yahoo.com

HABILITAT

Kaneohe, HI
808-235-3691

B. Blankenfeld, Admissions Director
bblankenfeld@habilitat.com
www.habilitat.com

Founded by Vincent Marino in 1971, Habilitat is a long term residential substance abuse treatment center for adults 18 and over that are struggling with addictions to drugs and alcohol. Built on the Therapeutic Community Model, Habilitat has just celebrated its 40th anniversary and has grown from a small home with 8 residents to a sprawling residence that can accommodate 200 residents on an acre and a half at the base of the Ko'ala Mountains on the island of Oahu, on the coast of Kāne'ōhe Bay.

Vinny Marino, Habilitat's founder, grew up in New York's "Little Italy" as a teenage street punk on heroin. After battling his own addictions and street behaviors, Marino was committed to addressing and helping those with substance abuse addictions. Daniel Katada is the Executive Director at Habilitat, Jeff Nash holds the Program Director position and B. Blankenfeld is the Admissions Director. Habilitat is licensed by the State of Hawaii and recently received a Commendation from the Governor of Hawaii for the contributions to the health and wellness of the community.

Habilitat, also known as "The School of Survival" is a 27 month program, offering its residents a three part phase program that includes the treatment phase, re-entry phase and post-re-entry phase. Phase one is well monitored by staff and senior residents, phase two gets residents involved in their diverse vocational training programs that include food service, medical administration, admissions, facility management, plumbing and other technical and maintenance offerings just to name a few. Habilitat is operated by residents except for the clinical department. Each day on campus starts the same...morning meeting with all the residents, seminar (which includes speaker meetings, 12 steps work, pro and con debates in addition to recreational activities) and the encounter group, or rap session, with peers and staff, where residents openly discuss issues relating to day to day encounters, fears, insecurities and what changes the resident still needs to work on. Direction and guidance is given by the group and staff on what to work on and solutions to their problems.

Exercise is mandatory for residents and Habilitat has a fully equipped gym and aerobics studio. They also offer a wide variety of sports and activities including sailing, hiking, fishing and team sports such as volleyball and bicycling. Residents participate in all aspects of Habilitat's annual luau and benefit concert and their annual Christmas Tree Project for the community, with all proceeds going back into the maintenance and running of the facility.

[This information came from the Habilitat website and brochure.]



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SEEN N HEARD...

Dr. Don Beck Retires: It's with mixed feelings that I bring you news of the retirement of our residential program director, Dr. Don Beck. We will miss him, but are also glad to see him leave to enjoy his retirement. Don has brought so much joy and compassion to both our staff and all of the clients he has worked with. 801-669-0628

Edwards Appointed To Executive Director CCA: Copper Canyon Academy, an all-girls residential treatment center and college preparatory boarding school, is pleased to announce the appointment of Tracy Edwards to Executive Director. Tracy has over 20 years of experience working with struggling youth in wilderness, residential treatment center, and therapeutic boarding school settings. Tracy was the previous executive director for Adirondack Leadership Expeditions. Prior to this, she worked at Bromley Brook School and the Academy at Swift River where she served as director of residential life. 408-343-4086

Cox Joins The Brightstone Team: Brightstone Transitions is excited to announce Jason Cox will be joining the team as Director of Admissions and Marketing. Jason was previously the Director of Willow Creek Lodge in North Carolina. Jason brings a wealth of knowledge and expertise to the Brightstone team, and we are thrilled to add his experience to our mission of helping young adults move towards independence. 770-530-5176

Rosecrance Announces New Board Leadership: Rosecrance has announced several changes on its boards of directors,

including the appointment of new chairs for both the Rosecrance Health Network (RHN) Board and the Foundation board. We welcome a new member to our faculty, Curtis Pickup. Curtis arrives at Spring Ridge with over 40 years of mathematic instruction in junior and high schools. He holds his Bachelors in Education from the University of Massachusetts. 815-387-5605

Update From Spring Ridge Academy: Summer is the time of exciting transitions for Spring Ridge Academy students and staff. We say farewell to many students and families to begin the next step in life, transitioning to college, home and boarding schools. Also, with gratitude for his many contributions, Spring Ridge says farewell to Gary Hees after nine years of service. Gary is retiring from Spring Ridge Academy this month. Nancy Kelly, LPC, a clinician who exemplifies best practices and sound clinical practice, has moved into the role Clinical Director. Susan Coatney has been a strong force in the Spring Ridge Academy leadership and admissions office for over 10 years. She is moving out of the admissions office to serve as our Administrator. Kate Deily is joining the admission office at Spring Ridge. Kate is returning enthusiastically to be part of helping parents through the tough decision to choose a program for their daughter. And, finally, we welcome a new member to our faculty, Curtis Pickup. Curtis arrives at Spring Ridge with over 40 years of mathematic instruction in junior and high schools. He holds his Bachelors in Education from the University of Massachusetts. 928-632-4602 ext. 103

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Benchmark is a long-term residential program. Our level-based curriculum is designed to be completed in 9-12 months. Extended care options are available.

Benchmark is designed to be a step-down transition program for participants coming out of other primary treatment programs, such as Detox, 30/60/90 day Residential Treatment Centers, Wilderness Therapeutic Programs, hospitalization/stabilization units, and for adolescents aging-out of Therapeutic Boarding Schools and is also an ideal option for young adults who are "stuck" at home with failure to launch issues.

Students exhibit behavioral and clinical issues such as:

- Academic challenges
- ADD/ADHD
- Adoption/Attachment
- Anger management
- Anxiety/Depression
- Asperger/Autism Spectrum*
- Bi-Polar/Borderline
- Compulsive behavior
- Distressed relationships
- Drug/Alcohol Addiction
- Dual Diagnosis
- Eating disorder (mild)
- Emotional & Behavioral issues
- Gaming/Internet Addiction
- Grief/loss
- Lacking confidence
- Learning differences
- Life changes
- Non-verbal learning difference
- ODD/PTSD
- Poor judgment
- Shy/withdrawn
- Sneaky/underground
- Socially isolated
- Substance use/abuse
- Trauma
- Unmotivated

Boulder Creek Academy Adding To The Team: Boulder Creek Academy announces the promotion of two valued faculty members and the addition of several new hires. A Director of Special Education position has been created at the academy to expand academic remediation services for students. Academic Director Claude Bisson, M.Ed., who holds a Master's degree and undergraduate degree in special education from Keen State College and has nearly 30 years of special education experience, will take on this new role and pass the academic director reigns to longtime English teacher, Valerie Thompson. 208-267-7522 ext. 4024

Innerpathworks Has Changed: InnerPathWorks has a track record of students being directed and successful after completing our training. We believe these changes will help us keep this distinction through the years to come. InnerPathWorks is now a non-residential training center, offered 9-5 weekdays with the same life-changing, college-level, self-discovery curriculum for which we are known. In addition, operations have moved from Sandpoint to Coeur d'Alene, which provides more opportunities for our students. An appropriate student wants clarity with a life path, college major or appropriate career direction. Traditional education may be boring or challenging, and students are typically creative, out of the box, free thinkers. 509-671-1598

Rosenblatt joins Surf House Puerto Rico: The Executive Team of Surf House is pleased to announce the addition of Dr. Bill Rosenblatt as Director of Life Coaching and Clinical Services. For over 20 years, Dr. Bill has maintained a home in Rincon, Puerto Rico and looks forward to spending more time on the island in his new capacity. Dr. Bill supervises and directs the Life Coaches and provides clinical expertise for students and families during the student's gap year experience. He will also consult with a student's home psychiatrist regarding medication issues and liaison with mental health professionals in the local community when services are needed. 787-237-8168

CALO Welcomes Carter and Burroughs: CALO, a residential treatment center for adopted teens, is pleased to announced their New Clinical Director, Shandra Carter, MSW, LCSW and the new Academic Director, Robert Burroughs, PhD. Her diverse clinical experience includes working in the fields of crisis intervention, domestic violence, sexual trauma, inpatient psychiatry, juvenile residential treatment and adult corrections. 877-879-2256

Skyland Trail Welcomes Whisnant As Process Art Therapist: Skyland Trail, a nationally recognized nonprofit treatment organization for adults with mental illness, is pleased to welcome Phoebe Whisnant as the process art therapist. In her new role, Whisnant will facilitate both individual and group sessions.



During these sessions, clients will have the opportunity to use materials to express their inner feelings, memories and beliefs through art. This form of art helps clients improve their insight and gain greater self-awareness. 404-273-6054

Aspiro Acquires Daniels Academy: The Aspiro Group announces its formal ownership and management of Daniels Academy. The Aspiro Group will be providing ongoing support and oversight of Daniels Academy in all areas of operation including personnel and business systems, clinical support, curriculum enhancement, marketing/admissions, and research. 801-349-2740

ReSTART Meets With Chinese Delegates: ReSTART Center for Technology Sustainability welcomed Chinese Delegates to a forum on internet, gaming, and technology dependencies as they commonly present in youth populations in China and the USA. 800-682-6934

New Vision Wilderness - West Coast Graduates First Adolescent Clients: More than 15 young adult clients have been introduced to our program in Oregon since it's formation in early 2013, and an equal number of adolescents since the program was granted licensure for those age ranges. We're proud to announce the graduation of our first adolescent clients. 855-689-8326

Laney Announces Affiliation Between Lake House Academy and Whetstone Academy: Sharon Laney, Executive Director of Lake House Academy is pleased to announce that Lake House Academy and Whetstone Academy, both premier therapeutic boarding schools serving middle school students are joining forces. Both Lake House and Whetstone are grateful to everyone who has been supportive of each of these schools and look forward to serving you and your middle school families as they move forward. 877-267-5888

Aspen Education Group Promotes Meeves: After a few weeks of sending you all sad news I am thrilled to announce that Dr. Rick Meeves has been promoted to Regional Vice President of Aspen Education Group Western Youth Services. Rick will be taking over for Susan Cambria who has resigned her position. Susan was a terrific leader for us and we appreciate her years of service. She will continue to work with Rick until early fall to ensure a seamless transition. In his new position, Rick will oversee six of Aspen's programs including Utah's Island View RTC, Aspen Institute for Behavioral Assessment, Turn-About Ranch, Youth Care RTC, and Outback Therapeutic

Expeditions, as well as Copper Canyon Academy in Rimrock, Arizona. Shawn Farrell will continue to lead SUWS of the Carolinas and Phoenix Outdoor, and Jack Kline will continue to lead Four Circles Recovery Center in North Carolina. 707-758-6443

Tsapis Visits Woodbury Reports: Adam Tsapis, Co-Founder of Summit Achievement and Summit Traverse, both in Stow, ME,

SEEN N HEARD/ Continued pg 10

SEEN N HEARD

stopped by Woodbury Reports for a visit with his daughter Kyra Gould on their way to Seattle. 207-697-2020

CALO Promotes Gent to VP of Training and Development: With Growth in mind, CALO is pleased to announce the promotion of Rob Gent to VP of Training and Development. Over the years Rob has performed key roles at CALO including Therapist, Assistant Clinical Director, and Clinical Director. Rob was also a key member of the Founding Team. In this new role, Rob will be freed up to do what he does best which is clinical training and treatment model development. With Rob's significant therapeutic abilities, we are looking forward to making new strides in creating quality and groundbreaking clinical interventions and exploring all of the possibilities within CALO's proprietary, relational attachment based treatment model. 877-879-2256

Rosecrance Earns JCAHO Accreditation: Industry watchdog The Joint Commission (TJC), recognizes Rosecrance for quality care and awards their national seal of approval. 815-387-5605

FFS Gears Up For Soccer and Cross Country: A proud tradition of boys' soccer at The Family Foundation School continues this fall as the Falcons kick off another season of interscholastic competition. The school's record includes three Class D, Section IX soccer championships. The fall sports lineup also includes cross-country, with the first meet scheduled for September 10. This is the second year the Falcon runners have competed interscholastically. 845-887-5213, ext 265

New Haven Girls Complete First International Service Trip: New Haven is proud to announce their first international service trip. Ten of our students, along with several therapists and staff members, ventured down to the beautiful country of Peru. The girls had the opportunity to do service at a local school, as well as spend time hiking the Andes Mountains, take in the beautiful sights at Machu Picchu and enjoy the local cuisine and culture. 801-380-4389

Grand River Academy Names Singer Admissions Director: Grand River Academy appointed Glenn Singer as the Director of Admissions and also part of Grand River Academy's leadership team. Headmaster Tim Viands said, "Glenn is a strong addition to our team, as he truly understands and embraces Grand River Academy's mission to help young men reinvent and rediscover themselves. We are thrilled to have him join the GRA Leadership Team and guide our efforts in outreach to potential students and families." 440-275-2811 ext. 222

Theroux Executive Director of Berkshire Hills Music Academy: We would like to welcome Michelle Theroux as the new Executive Director of Berkshire Hills Music Academy. Michelle is from South Hadley and has a Masters in Counseling Psychology. She holds a license in Mental Health Counseling

and a certificate in fundraising from Boston University. Most recently, Michelle was with Clinical and Support Options as Director of Special Projects. She was a professional dancer and continues to teach dance. Michelle has over 15 years of management experience in health services and not-for-profit organizations in Western Massachusetts. 413-540-9720

Hopper Joins Newport Academy: Newport Academy is thrilled to announce that Debbie Hopper has joined the Newport Academy team! Debbie is an accomplished professional with over 20 years of experience in adolescent health. She specializes in developing and enhancing long-term client/referent relationships based on trust, dependability and integrity. 714-815-6525

Living Well Transitions Hosted Open House: Living Well Transitions hosted an Open House Prior to the Wilderness Symposium festivities in September. 303-670-8240

Family Times Magazine Debuts: The Family Times Magazine, a student-produced publication of The Family Foundation School, made its debut in August according to Cindy Ray Argiros, FFS journalism teacher. The publication, to be issued twice a year, offers readers in-depth coverage of school and community news. It supplements the online Family Times which is updated daily by the students. 845-887-5213, ext 265

Jochum and McKenna Stop By Woodbury Reports Inc: Katie Jochum and Patrick McKenna of Monarch Transitions stopped by to report on the progress of this new Young Adults Program located in downtown Sandpoint Idaho. Just established this year, they explained that it is an independent living situation that is independent of the Monarch School owned by Patrick and Michelle McKenna located in Heron, MT a few miles away. Monarch Transitions is designed for young adults ages 18-22 needing support primarily in life skills. 208-597-0707

DeLaMare Welcomes Oakley To The InnerChange Family: InnerChange's leaders could not be more excited to work with the staff and students at the Oakley School. InnerChange also announced the new executive director of Oakley will be Paul Taylor, MS. Paul is currently the executive director at Copper Canyon Academy in Arizona. 877-282-4782

Expedition Therapy Welcomes Knaeble As Primary Therapist: Expedition Therapy proudly announces the addition of Raini J. Knaeble, MEd, LPCC as Primary Therapist. Raini is a Licensed Professional Clinical Counselor. She received her MEd degree from the University of Wisconsin. Raini was most recently a Clinical Supervisor in a school-based mental health program, and has been deeply involved in adventure therapy and wilderness-based programming with young people in the lake country of Minnesota. She has participated annually in Therapeutic Adventure Professional Group (TAPG) Conferences, and is committed to continuing education and maintaining the highest level of professional competence. Raini is passionate



about adventure therapy and the healing power of both relationships and experiences. 484-619-0116

Success Stories - A Parent Note to Steve Sawyer: The parent of a client who graduated from New Vision Wilderness recently wrote a letter to Steve directly to thank him for everything he has done. "What New Vision and you, specifically, did for H. was amazing. Not only did you arrest his bad behaviors but you opened his mind and heart to a whole new future. Cherokee Creek made a point of telling us that none of their students had ever come out of the wilderness in such a strong and stable condition as our son did. He was open to his new therapist and made a fairly easy transition to the new environment. Most importantly, he had become self-aware and less impulse-driven." 855-689-8326

Dean Doering and Associates Visits Woodbury Reports: Independent Educational Consultant Dana Dean Doering stopped by the Woodbury Reports office



with most of her office on a tour of schools and programs in north Idaho and western Montana. 206-324-3344

Oakley Partners with InnerChange: InnerChange, a clinical and operational consulting organization supporting residential treatment centers, today announced a new partnership with the Oakley School, a college preparatory therapeutic boarding school for students located in Oakley, Utah. The Oakley School offers a robust academic curriculum, professional clinical services and rich experiential programming for male and female students ages 14-18. The school specializes in treatment for adolescents and young adults with emotional and behavioral problems. 877-282-4782

Heroin Use On The Rise Again: The new face of heroin bears little resemblance to the former stereotyped image of gaunt, pale and dirty "street" people. The recent death of clean cut Glee star Cory Monteith from an apparent overdose of heroin and alcohol sadly may benefit the public by bringing attention to the new generation of heroin users. Hopefully Monteith's celebrity status will not mislead parents into believing that heroin is a Hollywood problem. Its use is a problem with kids, teens, blue and white-collar workers from all races and cultures. For more information, contact Selina Mason Public Relations at 866-906-8336.

Fulshear Ranch Academy Welcomes Higgins To Admissions: Fulshear Ranch Academy, a treatment and transition program for young women is pleased to welcome Shannon Higgins to the admissions team. A ten-year veteran of the youth treatment industry, Shannon comes to Fulshear with extensive background in wilderness and residential programs. She began in 2001 working first as wilderness field staff and later as Graduation Coordinator. In 2003, Shannon joined the

direct care staff at an RTC and quickly moved into a supervisory role. In 2007, she joined the admissions team and in 2009 she was promoted to Admissions Director, where she found her true calling! We are thrilled to have Shannon on our team helping young women realize their potential. 888-317-9229

Langford Joins Rogers Memorial: Jody A. Langford, MD, joins the medical staff at Rogers Memorial Hospital as a child and adolescent psychiatrist, primarily working with children and adolescents in the eating disorders program at Rogers' Oconomowoc location. Dr. Langford is board certified in general psychiatry and was awarded chief fellow in child and adolescent psychiatry during her postgraduate training. Her residency program in psychiatry and behavioral medicine, as well as her fellowship in child and adolescent psychiatry, was completed at the Medical College of Wisconsin (MCW). In addition to eating disorders, Dr. Langford's clinical interests include anxiety and mood disorders. She is a member of the Academy of Eating Disorders, American Psychiatric Association, American Academy of Child and Adolescent Psychiatry and Physicians for Social Responsibility. 262-646-1029

Carlbrook School Bolsters Emotional-Literacy Programming: Dean of Academics, Dr. Chris Soto, MEd, EdD, believes emotional-literacy and passion are the keys to sustainable academic achievement. After working for eight years to help bright at-risk teens to get back on track, Dr. Chris Soto, Dean of Academics at Carlbrook School, began to wonder, "why do bright kids with all the resources to succeed sometimes go off the rails behaviorally, emotionally, and academically?" So he enrolled at the esteemed Risk and Prevention program at Harvard University in an effort to find an answer. 434-476-2406


Pro Golfer Lehman Accepts Father Flanagan Award: Tom Lehman received Boys Town's highest award Wednesday, July 10 during a visit to the organization's National Headquarters. The professional golfer was in Omaha, Neb. for the US Senior Open. 402-498-1973

THE DYSFUNCTIONAL FAMILY THEORY WORKED BEST FOR THE FAMILIES FOR WHICH IT WAS INVENTED, THOSE OF LONG TIME ALCOHOLICS.

~ MARY PIPHER
THE SHELTER OF EACH OTHER

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Lon Woodbury, Publisher - IECA, MA, CEP, is an educational consultant who has worked in schools and programs for emotional growth, character education, and consulting for parents of struggling teens since 1984. Prior to that, he taught in public schools and was involved in public policy while working for the US Senate and the Executive Office of the President. Lon received his BS and MA degrees from the University of Idaho. His practice includes a referral service for parents and professionals, and the publication of this Newsletter and the *Parent Empowerment Handbook™*, a resource of *Places for Struggling Teens™*.

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