

Places for Struggling Teens™

Published by

Woodbury Reports, Inc.™

"It is more important to get it right, than to get it first."

June 2012 - Issue #214

[Articles and infromation appearing in this publication are the opinions of the authors, and do not necessarily reflect the opinions of Woodbury Reports, Inc., StrugglingTeens.com.™ or it's staff. We urge our readers to conduct their own investigation of the products and services identified herein.]

Essays:

Members Annou	nce
YATA	2
Who Is Lon	
Woodbury?	2
Vegen Descent	- 01

VISIT REPORTS:

Santiam Crossing	5
Fulshear Ranch	
Academy	6
Cherokee Creek	
Boys School	9

NEW PERSPECTIVES:

Anasazi (renewed)	10
Transformation	
Treatment	
Center	10
Teen Challenge	
Columbus Girls	11
Runnymede	
School	11
Portrait Health	
Centers	11
Stonington	
Institute	12
SEEN N' HEARI	D.
DEEN IN TEAK	J.
Page 1	2

CALENDAR:

CONFERENCE

Page 15

WHAT YOUNG ADULTS NEED

by Lon Woodbury

The author of the book "The Myth of Maturity" calls them "Threshholders;' they are the young adults between the ages of about 18 and 25. The book tries to explain why "threshholders" have such struggles in trying to learn how to be adults.

Terry Apter claims it is largely because parents withdraw their guidance and support in the mistaken belief or "myth" that young adults need to make their own mistakes and learn from the consequences.

She makes the point that higher percentages of young adults are doing poorly during this transition from adolescence to adulthood when compared to past generations. It seems to come down to expectations according to the author. Parents, remembering their own generation's transition to adult independence and similar stories from their parents, expect that they should do the same "hands-off" attitude to their own "thresholders" that they had desired in their youth. Terry makes the point that while the young adults still desperately need the emotional support of their parents, at the same time many of those parents think their involvement is no longer wanted and back off, creating personal crises.

She also makes the point that society has changed. The transition to adulthood has different requirements now, independence is harder to achieve, and the challenges are greater than previous generations faced. The "Myth" she talks about is the belief that young adults want total independence. The fact she presents is that while young adults want respect and independence, they also need guidance and active support from their parents. When parents withdraw in a mistaken belief that involvement would interfere with a young adult's independence, the young adult feels abandoned and lost.

The author's recommendations are for parents to continue being actively supportive of their young adult children while working for the balance of also respecting their independence.

Although the author treats the modern struggles of "threshholders" as a fact we need to accommodate, she does not speculate why or how this has changed from previous generations.

The topic brings about many questions for further research:

Why does the modern generation of "threshholders" have such troubles? Could it be a result of what we in this network have termed an "entitled" generation?

Have modern "threshholders" grown up with a mentality of expectations, being unprepared for the responsibilities of adult independence?

Has this generation received so much orientation into their "rights" that they are unprepared for the necessary complementary aspect of the need for responsibility needed to defend their rights?

Have modern "threshholders" been taught that most or at least many problems can be traced to a psychological disorder over which they have no control, or which can only be managed by reliance on drugs like Ritalin to feel normal? If there is no chance of control over their own feelings,

CONTINUED: Young Adults/ 2

YOUNG ADULTS

then is there no need to take responsibility?

Perhaps has the self-esteem movement left them unprepared for the common "NO" with which adults must live? Or, maybe as the author explains, is it just one unanticipated result of a society growing so technologically complex that it takes more years for a human to be ready for adulthood?

These thoughts and questions are inspired by the book: "The Myth of Maturity: What Teenagers Need from Parents to Become Adults." The book was written by Terri Apter, published NY: W. W. Norton & Co:2001. ISBN 0-393-04942-6

MEMBERS ANNOUNCE FORMATION OF YATA

May 17, 2012

The Young Adult Transition Association announced its formation at the IECA conference in Boston on May 2. The vision of YATA is to provide a forum for the collaboration on issues of mutual concern, including young adult issues, operational issues, and other aspects related to providing young adult transitional services.

Founding members are AIM House, Benchmark Transitions, Dragonfly Transitions, Echo Springs Transition Study Center, Fulshear Ranch Academy, and SFYI International School.

Directors of the various programs introduced themselves and answered questions from consultants about YATA. Hopefully, there will be a panel discussion at a future conference that allows for more detailed discussion of the goals and direction the organization is taking. Members have been meeting since October 2011 to work towards a collaborative approach in which information and ideas can be shared. Also, a website is being planned to further educate the public about the member programs and activities of YATA. Ways to include other organizations are currently being discussed. For further information directors of the programs may be contacted through their organization.

If you have any questions about the organization, contact: Daniel Conroy at: 720 289-1525

AIM House is a transitional program in Boulder, CO, designed to help its residents gain the educational, occupational, social, and psychological skills necessary to successfully move into adulthood and integrate into the community. www.aimhouse.com

Benchmark Transitions is a residential transitional living program for young adult men and women, providing clinical treatment, recovery, aftercare, education, and life skills. www.benchmarktransitions.com

Dragonfly Transitions is a transitional living program for young men and women between the ages of 18 and 24, who struggle with motivation and the ability to gain and sustain employment or have self-destructive and self-harming behaviors. www.dragonflytransitions.com

Echo Springs Transition Study Center is a post-graduate transitional program for young adults age 18 to 24, who are struggling with personal failure, exhibit patterns of isolation, have had unsuccessful college experiences and have the need to create direction in their lives and positive relationships with peers and adults. www.echosprings.net

Fulshear Ranch Academy is a young adult treatment and transition program for women ages 18 through 24 experiencing emotional and behavioral issues that could prevent a safe transition to independence. www.fulshearranchacademy.com

SFYI International School is a coed program for 10 students per semester, ages 16-20, and either in the 11th or 12th grade of high school, seeking a semester abroad or taking a year off between high school and college.

www.sfyi.org

WHO IS LON WOODBURY?

By Kristie Campbell

It's tough to be a parent of a teen!! Not only is there the timeless quandary of how to guide a child through the turbulent teens years, but added to that is the contemporary tendency for society to judge an acting out child as proof positive of poor parenting. Because of this societal tendency, parents often procrastinate in seeking professional help until the situation with their teen is way out of control, fearing that they themselves will be judged and blamed as the problem.

Lon Woodbury is an educational consultant who began working with schools and programs for struggling teens in 1984. He had been teaching college courses in Washington State when the opportunity came up to interview at the CEDU program, Rocky Mountain Academy (RMA). Together with his wife Denise, Lon took the 2-1/2 hour drive up to Bonners Ferry to begin the 3-day interview process that would catapult him head on into the network of Emotional Growth Schools.

As an admissions counselor at RMA, Lon interviewed many families, determining which families would "fit in" with the other students in the program. After about a year, Lon was moved into the position of Director of Admissions. During his term, RMA grew to its largest enrollment at 200 students.

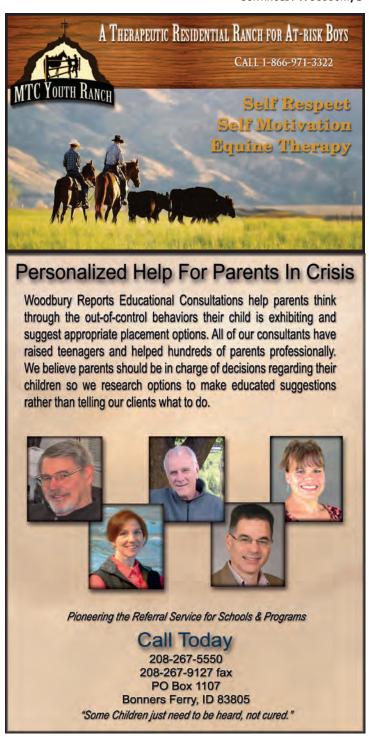
After five years in the admissions department, Lon and his wife decided it was time for the next step in working with families. In November 1989, he wrote a letter to all his colleagues announcing that he was becoming an Educational Consultant who would be working directly with families, guiding them to make appropriate decisions on which placement would be best for their at-risk teens. Not only did Lon feel he could better help families find appropriate programs as an independent consultant, he felt he could help them understand where the problems come from, empowering parents with the knowledge to allow themselves to understand they are not alone. About this time 20/20 aired a story on the Hyde Schools, which overwhelmed them with parent calls that were a bit out of their specialty. They began referring some of the overflow parent call to Lon which gave a jump start to his educational consultant practice. At about the same time he founded the Woodbury Reports newsletter which began publishing insights into the network of private parent choice schools and programs for struggling teens to benefit both professionals and parents working with teens with emotional/behavioral problems.

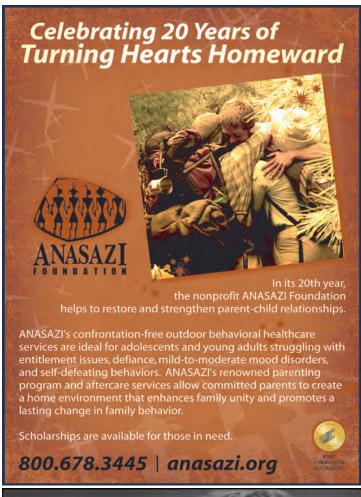
However, even more important than his experience in the network of private, parent choice schools and programs in the emotional growth/ therapeutic network, Lon Woodbury is a parent himself. He and his wife raised four children all the way to adulthood and in our current day and age, statistics suggest that it was very likely that at least one would decide to make poor and self-destructive choices. He knew that if any of his children were to turn down the wrong path, he would be held responsible for the child's behavior, with or without the right

to know what the child had done. This would put him in a vulnerable position that many parents today find themselves in. And the scariest part was that if his child had become manipulative enough, child services could have been called in and used against him in his attempt to provide proper care and upbringing for his family, using the basis that "a child would never lie," as an entry into the family system and potentially tearing the family apart.

While this attitude of society has provided help for genuinely abused and neglected children, it has also unfortunately had the effect of sometimes denying the child the best efforts from responsible parents who are wary of

CONTINUED: WOODBURY/5





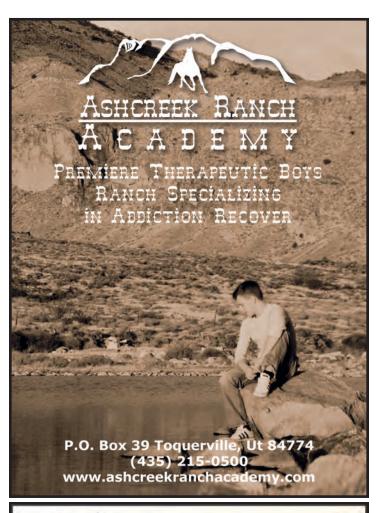


For more than 90 years, Boys Town has been saving children and healing families across America. As one of the country's largest privately funded organizations caring for at-risk youth, Boys Town is a leader in the care and treatment of boys and girls who desperately need love, compassion and guidance.

For more information, please contact: Doug Czyz, National Admissions Office: (402) 498-1973 Cell: (402) 990-5371

doug.czyz@boystown.org

BOYSTOWN





A Safe Journey To Higher Ground Since 1981

SUWS

Adolescent & Youth Programs

A licensed treatment program in Southern Idaho that specializes in providing a fresh start for struggling teens who are experiencing:

Family Conflict Low Self-esteem

Substance Use Oppositional Defiance

Entitlement Attention Deficit

Manipulation Learning Differences

Isolation School Failure
Depression Negative Peer
Running Away Relationships

Programs for ages 11-13 and 14-17

Highlights include flexible length of stay, Search & Rescue metaphor, small groups, web-based student updates and Master-level therapists.

Ask for free brochure

888-879-7897

www.SUWS.com



For 75 years Grove School has been recognized as the leader in providing clinical expertise & college preparatory education for adolescents, with average to gifted intelligence, who face social, emotional & academic issues.

Grove School offers:

- A year round, CT approved academic program for grades 6-12 plus post-graduate
- 90 member professional staff for 105 students
- 4 Psychiatrists, 2 PhD Psychologists, 6 LCSW/LMFTs, and 30 certified teachers
- Individual therapy twice weekly, group therapy weekly, family & milieu therapy
- · Diverse cultural, athletic & experiential activities

To learn more, please call 203.245.2778 or visit our website www.groveschool.org

COURAGE • INTEGRITY • COMMITMENT • ACCOUNTABILITY
CONSIDERATION • LEARNING • OPEN MINDEDNESS



THE DISCOVERY SCHOOLS

Of Virginia

Outdoor Emotional Growth Schools

Boys and Girls schools located on two separate campuses in central Virginia

RESIDENTIAL SERVICES

The Discovery School uses a structured and effective group process along with the natural environment to promote a student's overall positive development. Groups are composed of ten students and three adult staff. The goal of the group is for each of its members to gain the self-esteem, maturity, self-control, and problem solving strategies needed to be successful in his or her family, school, and community.

Contact Us to Find Out More
www.discoveryschool.org
434-983-5616 email: dsadmissions@yahoo.com



WOODBURY

criticism. When a child needs help, the parents must accept the reality they are the real experts on their own children and take action to help their children rather than allowing the state or other professional to step in and take over.

As it turned out, his youngest daughter began making poor decisions and Lon himself turned to professional help to pull her back from a self-destructive path. From working for a program, to working for parents, to being a parent of a child needing a program, he has experienced all aspects of the journey through the network of emotional growth/ therapeutic schools and programs. For almost 30 years Lon has connected with so many families on so many levels with the main underlying theme being "some children just need to be heard, not cured."

Today, Lon provides a nationwide referral service for parents of adolescents with behavioral and emotional problems. He publishes a Directory, the Parent Empowerment Handbook, based on research into quality schools and programs and to continue his work empowering parents in their efforts of finding the best placement for the child who is making poor decisions. He also publishes an online educational newsletter *Places for Struggling Teens* for parents, professionals and schools and programs to provide current information on what is happening not only in the network but in the public school system. Lon hosts an Internet Radio talk show on LATalkRadio.com at 12:00pm, Pacific Time on Channel One, titled Parent Choices for Struggling Teens, where he interviews professionals about family dynamics and possible solutions for families. Finally he oversees the publishing of a resource, Strugglingteens.com, a website over 100,000 pages strong of press coverage, articles, visit reports, etc. on the private parent choice, emotional growth/ therapeutic schools and programs.

Prior to becoming an educational consultant, Lon taught in the public school system and worked with the U.S. Senate and the Executive Office of the President on public policy. He earned his BS and MA degrees from the University of Idaho and is a long-time member of the Independent Educational Consultant Association (IECA). In addition, Lon is a Certified Educational Planner (CEP) and an Associate member of the National Association of Therapeutic Schools and Programs (NATSAP). He has made several presentations to professional conferences, was chairman of the Special Needs Committee for IECA, and served on several committees both with his professional associations and related groups.

About the Author: Kristie Campbell is the youngest daughter of Lon and Denise Woodbury. She has worked for Woodbury Reports, Inc. as an intern and a consultant since 1999, working her way up to Assistant Director of the company. Kristie graduated from Explorations Wilderness in 1993 and Mission Mountain School in 1994. She has written articles for the **Woodbury Reports Newsletter** based on her experiences, has visited numerous schools and programs, attended and presented at IECA and NATSAP Conferences and is the editor of the Parent Empowerment Handbook and Strugglingteens.com. Kristie graduated with a BS in Psychology in 2011. Member: APA, IECA, Affiliate Member NATSAP. 208-267-5550, kristie@woodbury.com

VISIT REPORTS...

SANTIAM CROSSING

Scio, OR Julia Andrick, Admissions Director 208-265-8355 jandrick@cfreer.com | www.santiamcrossing.com

Visit by: Loi Eberle, MA, CPC on February 6, 2012

It was a lovely drive to Santiam Crossing through the lush Oregon countryside in the foothills of the Cascade Mountains. From the interstate near Albany, OR, I turned onto a local highway, then to a winding county road, and finally down a dirt road that seemed somewhat questionable given the recent flooding in the area. Soon I saw my fears were unfounded; the winding road ended up in a clearing where an A-frame building housed the Santiam office. Nearby was a pond where a kayak was tied to the dock, waiting for warmer weather. They also have a floating gazebo where they hold meetings and have individual therapy sessions. Though it was a chilly February morning, inside the cozy A-frame office a woodstove created a warm environment for my meeting with Clinical Director, Jenevive Rollins, LCSW, CADC I and a group of her female clients who were soon to graduate.

Jenevive explained that Santiam Crossing is a four part program consisting of wilderness adventure, therapy, academics, and community work. The typical length of stay is between six and nine months, averaging about seven and a half. There is a six-month minimum stay. Their only criterion is that students must come directly from the wilderness program, with no interruption between graduation from the wilderness and enrollment at Santiam Crossing. They will accept students from all wilderness programs, including Catherine Freer Therapeutic Wilderness Program with which they are affiliated.

During my conversation with the girls it was particularly interesting to hear them discuss their past and how strongly it contrasted to their currently lives. They described how they had distanced themselves from negative behaviors, and were glad that their relationships with their family had deepened and that communication had greatly improved during their stay at Santiam. They were obviously encouraged that the individualized online instruction and the teacher-lead classes had helped them catch up on lost credits. Once a student arrives at Santiam, he or she is assigned an academic advisor who outlines coursework and encourages them to develop an active interest in school subjects and in working toward on-time graduation.

Santiam is accredited by The Northwest Accreditation Commission (NWAC). It is a good environment for students to do credit recovery, as there are teacher-lead classes and self-paced curriculum with some media packets. Due to small class size, Santiam teachers demonstrate the enthusiasm and expertise necessary to get students excited about learning, are certified and

CONTINUED: SANTIAM CROSSING/6 5

SANTIAM CROSSING

have success working with non-traditional learners with a variety of mild to moderate learning difficulties. They are also able to provide more advanced instruction when appropriate. Santiam credits are based on seat hours as well as the satisfaction of goals and objectives determined by the State of Oregon. Santiam students can do online college courses and dual enrollment. Their students often are ready to apply to a four-year university upon graduation. The students I interviewed described the confidence they had gained in their academic ability while there and how they had learned to advocate for their academic needs.

Professional development is available to Santiam students, including certification in swift water rescue, basic horsemanship, wilderness first responder, bike repair and rock climbing certification, most of which is conducted by a neutral third party, though there is also some in-house certification offered. The students participate in a 10-day adventure once a quarter, which involves going back to the wilderness for 10 days. Activities vary depend on the season. Students receive two leadership credits upon completing the wilderness component. Santiam also offers a "third classroom" for students having trouble concentrating through a school day. With the teacher's permission, these students can spend half an hour to a couple of hours doing physical work such as wildfire training, trail building, sawing wood, construction and maintenance, stream restoration or food stocking and pantry clean-up. The students can earn elective credit for their participation.

Students are able to have a home visit when they reach Level 3, which usually takes four to five months to attain. Family calls occur every other week, and parent workshops occur on the weekend once a month. If a family is unable to visit, it is possible to arrange a video phone call via Skype. During my visit the girls had just returned from an expedition. All the students occasionally go on service project excursions into the local community.

Santiam enrolls students between the ages of 13 and 18 years old. Typical students need to have a 'reasonable IQ' which might include a lot of variation in the subtest scores of the cognitive

testing. An appropriate student is one who likes experiential education and is willing to agree to their safety requirements. Typical students may be experiencing depression, low self-esteem, anger, defiance, impulsivity, attentional issues, attachment issues, motivation issues, poor academic achievement or substance abuse. He or she may have had suicidal ideation in their history, but should have no psychotic features, no FAS or developmental delays. They will consider a student with Axis II traits, and ODD. The therapeutic part of the program is client-centered and individualized. Each student is assigned to a mature, experienced, master's level clinician that specializes in working with adolescents and families. Therapy includes individual and group therapy as well as mindfulness and DBT. The youth counselors hold bachelor's degrees, preferably in psychology, social work, or a related field, and have experience working with adolescents.

Students sleep in canvas cabins heated by stoves, and cook their meals in outdoor kitchens with propane stoves. One instructor sleeps in each of the cabins, providing supervision, and males and females are located at different parts of the 157 acre campus. They have recently built a large new shower house and laundry facility, a lovely yurt classroom as well as another school building for classes, workshops, internet access and Skype calls for family therapy. A smaller yurt provides space for therapists' offices and individual therapy. In addition to the various recreational opportunities on and off campus, there is also a basketball court.

Over the years since I first began using this program, Santiam Crossing has continued to expand and improve their program components, including a connection with nature, supervised activities and nurturing peer groups in conjunction with therapy and effective academic support. This unique rustic wilderness therapeutic school has definitely provided my students with the opportunity to get back on track academically, and internalize what they have learned in their previous wilderness intervention. It has enhanced family therapy and has helped the students develop the skills and confidence needed to help them transition to their next step.

FULSHEAR RANCH ACADEMY

Needville, TX Irene Kotter - Director of Admissions 888 874 7503

ikotter@ranchacademy.com | www.fulshearranchacademy.com

Visit by: Larry Stednitz, PhD, March 22, 2012

In late March, I was excited to travel to Texas, one of my favorite places. The last time I had made a pleasure trip to Texas must have been ten years or so. I landed as the sun was fading. I took my trusted GPS system and picked up a car. Not being mechanically inclined I asked the rental agency to set my GPS, which they gladly did, and I was on my way to Fulshear Ranch Academy where I was to meet several key staff.

I turned on the GPS and followed the directions -I THOUGHT! Ten miles down the road, my GPS lady said the dreaded words, "recalculating, recalculating". So, I followed my GPS and turned around. No worry, I had at least 45 minutes to get to the restaurant. By this time, the blinding sun pierced through the windshield making it all more difficult and complicated. My GPS continued to recalculate my trip and I followed her directions. After an hour or

so, I started calling Irene, the admissions director. Believe me; she was wondering if I was ever going to make it!

Finally, I realized the lady at the rental car agency had also set the GPS to go from Fulshear back to the airport! You guessed it, my GPS lady tried her best and I ate up nearly two and a half hours getting out of the Houston freeway system. By this time, Irene met me at my hotel with dinner, I was totally frazzled, and the Fulshear leadership team had gone home to bed.

Things got a whole lot better after a good night's sleep. I was anxious to get to the campus. I was there years ago and I knew what to expect, a very serene environment. Fulshear is located on 64 acres of land, allowing one to feel like they are on a much larger ranch. The campus includes corrals, pastures for the horses, a main lodge and three houses for the students. A pool looked inviting. Overall, the campus is truly an environment where girls can feel good and at the same time have a peaceful struggle with their issues.

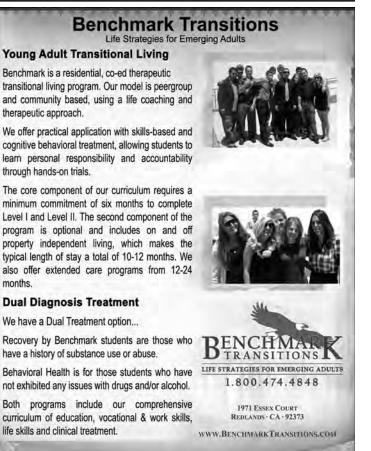
I sat in a group meeting shortly after my arrival. Each and every girl was uniquely different. I was surprised at how astute the girls were. They were sensitive to the struggles of their fellow students and when confronting or making suggestions, they were sensitive to the others feelings. Gentle but firm might be a better description. The group lasted well over an hour and a half, and I felt that each

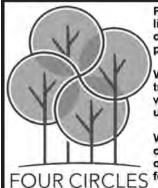
CONTINUED: FULSHEAR/9



months.







Four Circles Recovery Center is a licensed substance abuse and co-occurring disorders treatment program for young adults 18-28.

We integrate the best of traditional treatment modalities with wilderness therapy to produce a unique clinical environment.

We utilize a 12 step philosophy in conjunction with sophisticated clinical practice to provide a foundation for sustained recovery.

877-893-2221

RECOVERY CENTER

www.fourcirclesrecovery.com



High Frontier is a non-profit Residential Treatment Center for emotionally disturbed adolescents, ages 12 to 18, with a documented history of severe behavioral and/or emotional problems who cannot be served in a less restrictive environment.

GOALS ARE TO:

- · Build a positive value system
- Assess resident's level of functioning developmentally, emotionally and academically
- Develop & implement services to help the resident meet goals.
- · Provide each resident with living skills
- · Assist residents to work with their families
- · Develop a discharge/aftercare plan

PO Box 1325 432-364-2241 Fort Davis, Texas Fax: 432-364-2261

high.frontier@sleschools.org



Accredited Online High School
ParkCityIndependent.com

ANSWERS THE FAMILY RADIO SHOW



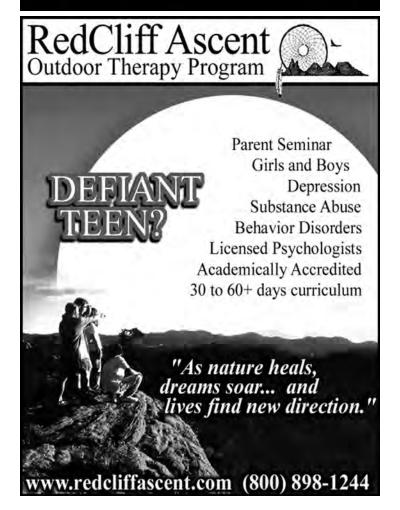


Allen Cardoza

Dr. Melody Foxx

Sharing solutions for raising children in our ever-changing world.

TUNE IN EACH MONDAY AT 11 A.M. PST WWW.LATALKRADIO.COM



FULSHEAR

girl participated at a high level and were fully engaged in their work. It was clear that the girls respected each other.

Fulshear accepts a wide range of girls. Many show indications of depression and/or anxiety. Some were at times oppositional and struggled with alcohol and drug use, while others struggled with conflict with their parents. Some may struggle with borderline personality traits. Importantly, Fulshear focuses upon the girl's unique talents and strengths.

Perhaps more importantly, it is apparent that Fulshear has a keen sense of the skills necessary for young girls to move into independence and adulthood. In the beginning the girls spend most of their time on the Ranch. They progress through the phases necessary and eventually live off campus in an apartment owned by Fulshear. The program has a well-developed sequence. Residents begin with work on the Ranch. The Ranch is where the girls deal with many of the issues that are getting in their way to success. After two successful phases, the girls move on to an apartment setting about 20 miles from the Ranch. The phases are well constructed and in the last phase has ample program flexibility to allow the girls to prepare for college, hold a part time job, and participate in the larger community. These phases are very well defined and understood as a girl progresses through the program.

Fulshear provides multiple groups each week. These groups vary

and include Cognitive Behavioral Therapy approaches, while others include DBT and family systems work. Parents are involved in a weekly therapy session with their daughter. The girls are also involved in equine therapy. Basic care and maintenance of the horses is also integral to the equine programming.

I had the opportunity to talk with all of the clinical and administrative team. I had known one of their therapist, Dale Erdmann, LCSW, when he was a therapist at Island View, RTC. I had always enjoyed working with Dale and knew him to be a conscientious and skilled therapist. Daniel Fishburn, LCSW, is the clinical director and has worked in a variety of settings prior to Fulshear. Gayle Jensen-Savole, PhD, is the Executive Director of Fulshear Ranch.

I found the leadership to be a talented group of people who love what they are doing. It was clear to me that Gayle and her team have a clear vision of what they want to accomplish at Fulshear. All aspects of the program were clear and known to be effective. I particularly liked the transitioning into the community. This is where the rubber hits the road.

In-spite of the difficult trip from the airport to Fulshear, I left Fulshear with a very good feeling. They have what it takes to take Fulshear to a high level for those girls who need a boost at this time in their lives.

CHEROKEE CREEK BOYS SCHOOL

Westminster, SC Shaler Black Cooper, Admissions Director 864 647-1885

admissions@cherokeecreek.net | www.cherokeecreek.net

Visit by: Loi Eberle, MA, CPC on March 28, 2012

Recently I had the pleasure of touring Cherokee Creek Boys School with a group of Educational Consultants. Starting in the very comfortable main lodge, Beth Black, founder of the school, discussed how her experience with their son ultimately led her and Ron Black to their vision of creating this not-for-profit school. She introduced her daughter Shaler Black Cooper who has helped her along the way, and is now the Admissions Director. We had already developed an appreciation of her skills as one of our excellent tour guides. Beth's presentation reminded me of when the school was in its infancy and one of my clients was among the first group of graduates. They're now in their sixth year, offering grades 5 – 9 for adolescent boys, ages 11 – 15 upon admission.

Across the large room was the dining area. Tables adorned with handmade quilted tablecloths awaited the influx of students and staff anxious to enjoy what smelled like a delicious meal. Teachers and staff joined us in the living room accompanied by a visiting alumnae family.

This past year David LePere, who previously directed another therapeutic boarding school, became the Executive Director of Cherokee Creek. He explained that Cherokee Creek was recently awarded another five year full accreditation after an on-site visit conducted by the Quality Assurance Review Team of the Southern Association of Colleges and Schools Council on Accreditation and School Improvement. The commendations in the report stated that Cherokee Creek "firmly established [their] vision and core values...the vision frames all decisions made by school leadership

and staff. The Cherokee Creek location and facility support the nature driven approach to holistic learning in a therapeutic environment. The collaboration between the therapeutic and instructional staff fosters an environment with a pinpoint focus on each individual child and his family. The visionary leadership of the board and school leadership team encourages and supports innovation and creativity. The family component of the therapeutic and academic initiatives provides unique opportunities enhancing the probability of successful outcomes for students and family systems."

We met the Academic Dean, Denise Savidge, who has taken a very active role in strengthening the academics of the entire school, while also teaching English and social studies. The science and the math teachers, as well as the various therapists who do individual and group therapy with the students were introduced. We also met the coach, an athlete highly motivated to help students enjoy their participation in sports, demonstrate good sportsmanship, be a well-groomed team.

Beth Venable, our other tour guide has led many groups as a river rafting guide. She has recently become the Family Activity Coordinator/Communicator to help families participate in the work and play with their sons as part of communication and family therapy. She draws from her skills in theatre arts, communication, culinary arts, and as a river rafting guide. She discussed how theatrical and communication skills can be used to help people actively receive, and integrate information, rather than sit passively and watch.

Consistent with this idea, the staff involved us in a treasure hunt for totem bears, each with a question strapped to it that the 'finder' was to ask a designated individual. The way the faculty and staff answered the questions and described their experiences showed how they worked together and shared a common vision. The "planted" questions involved us in conversation with staff, encouraging them to describe the various fun activities in which

CONTINUED: CHEROKEE CREEK/10

CHEROKEE CREEK

they and the kids participated. Their anecdotes demonstrated more about how they actualize their vision of the school.

Afterward we met some students, who excitedly showed us their classrooms and dorms. They were well mannered, interested, competent, and yes, charming, even though their histories would reveal attentional, behavioral, attachment and/or maturational issues. The campus was rustic and attractive, consisting of dormitories, and a school building in addition to the main lodge. The teachers showed us the small attractive classrooms while describing their curriculum. The students showed us the pet iguana, and caged rats the science teacher had convinced David that the students needed in class, based on research she showed him.

Lunch was an absolute delight. We discovered Cherokee Creek has definitely developed healthy eating into a culinary art! During lunch, each consultant sat with a different student so they could ask further questions. After lunch, cleanup went smooth and quick, and it was time for us to move along. After expressing fond farewells and

gratitude for a delightful visit, we began our short drive back to Asheville, NC.

On the ride back, I had the chance to ask Beth Venable about questions I heard raised last year regarding staff changes at Cherokee Creek. She explained that Cherokee chose to reduce their number of students. Because of the combination of a smaller capacity and the need for more specialized staff, they eliminated one position to hire additional teachers, and increase the number of therapists. The final result was a school less administratively topheavy, with more clinicians, and more focus on academics, helping to manifest the school's goals and vision. Although the transition was not fully understood at first, Cherokee Creek maintains their vision of being a "small school with a big heart." The students I talked with were responding very well to this nurturing therapeutic support in a rural setting that combines fun times and family bonding at the river and in the woods, with academic challenge and support in the classroom.

[New Perspectives schools and programs are those new to Woodbury Reports, Inc., and are presented to expand NEW PERSPECTIVES... your knowledge, with the disclaimer that we know little more about them at this time than what appears here.

Inclusion in Places for Struggling Teens of Course, does not imply any endorsement by Woodbury Reports, Inc.]

Anasazi Foundation

Mesa, AZ Virginia Robinson, Admission Director 800-678-3445 info@anasazi.org | www.anasazi.org

The Anasazi Foundation is an outdoor behavioral healthcare program for youth ages 12 to 17. Youth in the program are generally struggling with issues of substance abuse, emotional or behavioral problems. The minimum stay is 42 days. The client must be able to handle an outdoor lifestyle and parents must commit to being a part of the process.

Anasazi is licensed by the state of Arizona and accredited by the Joint Commission and COA. Executive Director and Founder, Ezekiel Sanchez attended BYU University where he participated in wilderness survival courses and eventually became a member of the teaching staff for the BYU Department of Youth Leadership. He

helped establish Anasazi in 1988. Clinical Director, Jared Dinehart, PhD, has held this position since 2008 and was previously employed by the program as a family therapist. He received his doctorate in counseling psychology from BYU.

The Anasazi program is based on wilderness survival and education. Students spend their time hiking and camping in Arizona and use their time in the primitive landscape to focus on their issues in a holistic environment. Participants cook their own meals and learn to build shelters. Counselors accompany the youth and lead the therapeutic sessions. The counselors confer regularly with parents and staff psychologists and clinical director. The program also offers a high school program for students who respond well to the outdoor education.

Anasazi also offers in home transition services for youth who complete the program and need some extra guidance as they reenter their normal lives. This service includes a transition specialist and lasts for 6 weeks.

[This information came from the Anasazi Foundation website.]

TRANSFORMATIONS TREATMENT CENTER

Delray Beach, FL Matthew Hirsch, Admissions Director 866-238-2171 info@transformationstreatment.com www.transformationstreatment.com

Transformations Treatment Center is a thirty to ninety day substance abuse rehabilitation program with three phases that offers both traditional and Christian based rehabilitation programs. The clients that they serve are ages 18 and over and suffer from many different types of addiction that may include heroin addiction, prescription drugs addiction, cocaine addiction, and alcohol addiction. The programs and services offered are specialized to meet the specific needs of each client individually. They offer a Three Phase Program that is designed to cater to every phase of addiction recovery.

The Treatment Center was started in 2009 and is licensed by The

Department of Children and Families. Dr. Aldo Morales, M.D.is the Medical Doctor with Board Certifications in Psychiatry, Addiction Psychiatry and Addiction Medicine, he has been in practice in Palm Beach and Broward counties for over twenty years. Gloria Ahlman, CAC, is the Primary Therapist with over 30 years of experience in substance abuse. She has been the Supervisor of the Drug Intervention Substance Abuse Program at Palm Beach County Stockade and is associated with the Court Liaison for Civil Drug Court. Matthew Hirsch is the Admissions Director where he attended Taylor University receiving a Biblical Studies and Psychology degree.

They offer 12-step meetings, group/ family/ individual counseling, cognitive behavior therapies, life skills courses, spiritual guidance and unlimited support and encouragement for each client. In addition to one year of relapse prevention aftercare groups up to three times a week, any client who completes the 90 day three phase step down program but is struggling to stay clean and sober within the first of year after leaving treatment are welcomed back for 28 days of treatment at no additional cost.

[This information came from the Transformations Treatment Center website.]

TEEN CHALLENGE COLUMBUS GIRLS ACADEMY

Seale, AL
Rebecca Boone, Intake Coordinator
334-855-3695
rebecca.boone@teenchallenge.cc
columbusgirls.teenchallenge.cc

The Teen Challenge adolescent girls program is a Christian boarding school that provides education, counseling and training for girl's ages 13 to 17 with life-controlling problems. The school provides a disciplined and structured environment that emphasizes character development and personal responsibility. The program is 15 months and is designed to develop the whole person in four main areas: spiritual, social, academic and physical.

Executive Directors, Bob and Karla Lee have over 17 years experience with Teen Challenge ministries. The Columbus Girls Academy is a registered non-public school with the State of Alabama Department of Education. They utilize the award winning Switched on Schoolhouse (SOS) Christian Education Curriculum offered by

Alpha Omega Publications. SOS is a comprehensive, Bible-based curriculum that offers computer-based learning for grades K-12.

The program's goal is to develop students that make positive decisions that are not based on mandatory compliance, but rather where positive choices are made because of genuine concern for themselves and others. Students participate in Sunday church services, daily morning chapel services, local youth group, and biblical studies emphasizing obedience, respect for authority, compassion and genuine respect and concern for others. The program provides pastoral counseling individually and in group meetings. Community service, special projects, outings, and mission trips help students become focused on others rather than self.

The program is located in South Alabama on a 200-acre campus. There are four student dorms, a recreation building, school, laundry facility, and main lodge situated on the lake where the dining hall, kitchen, and offices are contained. They have a 35-acre lake for fishing, canoeing and paddleboats, hiking trails, tennis and basketball courts, softball field and volleyball.

[This information came from the Teen Challenge website]

RUNNYMEDE SCHOOL

Walnut Grove, MO Bob Brandon, Owner/Director 417-335-0550

brandonfarm@gmail.com | www.runnymedeschool.com

Runnymede School is an all male year round Christian boarding school for ages 9 thru 14 who are having behavioral, academic and emotional problems. They use biblical counseling and offer a disciplined, structured, and purposeful lifestyle that strives to reform destructive behavior.

In 2010, Bob Brandon founded Runnymede. He is currently serving as the Executive Director with over 20 years of experience working with young people in a variety of different settings. He has a B.S. degree in Social Science from Cal Poly in San Luis Obispo, Ca. Bob has worked as an educator for over fifteen years in both private and public settings and he has successfully started an academic

school while working at a teenage boarding school.

The students enroll at various times throughout the school year and the program is able to insure each student receives a personalized curriculum upon admission. Although coursework is designed in a tutorial fashion students receive individualized instruction in all if the core classes plus many extra classes unique to Runnymede School such as physical education, music, church history, Latin, agriculture, wood shop, horticulture, biblical economics, small business basics, basic auto, bible. Students are encouraged to work at a faster pace than a typical school.

The program is very small enrolling four students thus providing for individual one on one counseling. Daily biblical counseling and weekly church attendance in a family centered church starts each week off. Each young man is given a garden plot and learns all about organic farming by tending his own garden. Profits from his garden will be shared with the student to teach the value of labor and to include students in community relationship building.

[This information came from the Runnymede School website]

PORTRAIT HEALTH CENTERS FOR THE HEALING ARTS

Buffalo Grove, IL Rosellyn Marie Cappuccitti RN, BSN, LCCE, Nurse Navigator 847-868-3435

info@portraithealth.com | www.portraithealthcenters.com

The Portrait Health Centers for the Healing Arts are multispecialty clinics where families and adults can come to experience cutting-edge and proven treatment options available for those struggling with ADHD and other behavioral and learning disorders. The primary focus of the center is addressing the needs of children but is available for all ages. They offer a free initial evaluation for each patient.

The Portrait Health Center was started in 2010 with the first location in Illinois with plans of opening five more clinics in as many states by September 2011. The nurse navigator, Rosellyn Marie Cappuccitti RN, BSN, LCCE is the guide who takes your hand and

leads you through the initial evaluation. She is experienced in pediatric and adolescent care. The comprehensive licensed medical team includes Clinical Psychologists, Licensed Medical Social Workers, Optometrists, Audiologists, Chiropractors, Nutritionists, and Family Practitioners.

The initial free evaluation includes a complete medical history, lifestyle, and social review, assessment of sleep patterns, vision and hearing history, nutrition and fitness overview, and oral and musculoskeletal evaluation. From this evaluation, the team of specialists will review the findings and design a customized course of further testing and treatment, where necessary. A certificate of medical necessity will be provided to parents. The nurse navigator will work with the parents and child in educating them on the cause and not just treating the outward symptoms of ADHD/ADD. She will also provide continuity of services to school districts through individualized education programs (IEP), working with the appointed school-based team of specialists who strive to obtain and maintain the mainstreaming of the child if needed.

[This information came from the Centers website]



The only difference between stumbling blocks and stepping stones is the way in which you use them.



STONINGTON INSTITUTE

North Stonington, CT Andrea Keeney, Director of Admissions 860-535-1010

andrea.keeney@uhsinc.com | www.stoningtoninstitute.com

The Stonington Institute Intensive Residential Treatment Center serves adolescent males ages 12 through 18. They provide treatment for adolescents who are mild to moderate developmentally disabled, with co-occurring psychiatric diagnosis and/or with mild to moderate behavioral challenges. The children with mental retardation range in IQ from 50 – 70 and other Developmental Disorders treated include Borderline Intellectual Functioning (IQ to 75), Aspergers Disorder, Pervasive Developmental Disorder, and Autism.

Stonington Institute began serving recovering alcoholics in 1957 as Starlight Farms, a working farm where people in recovery were introduced to the principles of Alcoholics Anonymous. They have now changed to serve both substance abuse and psychiatric patients and are a freestanding, voluntary treatment facility in New England. William A. Aniskovich, M.A., J.D., is the CEO/Managing Director, and he has been with them since 2004. Andrea Keeney BS, is the Director of Admissions and is a graduate of Northeastern University in Boston. They operate partial hospital and outpatient clinics in Groton, Waterford, Willimantic and Danielson, Connecticut, as well as Westerly, Rhode Island. The Institute's programs are licensed by the Connecticut Department of Public Health, Connecticut Department of Children and Families, and the New Jersey Department of Human Services, and the Institute's special education services are approved by the Connecticut State Department of Education.

They offer a variety of step-down programs such as residential detoxification, ambulatory detoxification, partial hospitalization, intensive outpatient care, early recovery group therapy, and evening intensive outpatient program. In home aftercare is available if needed. The facilities include playing fields, a high and low ropes course, a rock climbing wall, a pond for fishing, and plenty of hiking trails highlighting a serene setting.

[This information came from the Stonington Institute website]



Humiliating to human pride
as it may be, we must
recognize that the advance
and even the preservation of
civilization are dependent upon a
maximum of opportunity for
accidents to happen.



SEEN N HEARD...

OBHIC Announces Wilderness Symposium Registration: OBHIC is excited to announce that registration is now open for the 2012 Wilderness Therapy Symposium. The Symposium will take place September 21-23 in Boulder, CO. 510-367-3680

True North Recovery Services Expands: It is with great excitement that True North Recovery Services announces the opening a new location in Encinitas, CA so that we can better accommodate the needs of the patients. True North Recovery provides intensive outpatient services throughout California. 760-517-6544

Greenbrier Academy Announces New Clinical Directors: Greenbrier Academy is happy to announce that Ron Schwenkler has been accepted to a doctoral program in Clinical Psychology at the University of Denver in Colorado. He will continue as a valued member of the school as the Clinical Director over Aftercare. This has created a great opportunity for Greenbrier to further refine the administrative functions of the clinical department. In order to streamline and create efficiency in supervision and service, Ron will be working alongside Mike Beswick, who will serve as Clinical Director over Family Programs, and Ginger Conley, Clinical Director over Programming. 877-788-8422

Auldern Academy Welcomes Parent Coach Professionals: Auldern Academy is pleased to announce that we have recently our collaboration with Vicki Jones and Barb Cass of Parent Coach Professionals to provide a much needed service to our families. Each family will receive coaching at the beginning as they settle in and then again just prior to graduation as they plan for transition to other schools, home or college. 919-837-2336

IECA Announces Listing With Noodle.org: IECA is excited to announce that they have entered into an strategic arrangement with Noodle.org to include information about the Independent Educational Consultants Association, including a listing of all IECA Professional Members. 703-591-4850 ext. 6972

Changes at Pasadena Villa: Pasadena Villa is pleased to announce the promotion of Leighann Straughen, LMHC to Clinical Services Manager at our Florida location and Jeffrey Creech, MSW to Clinical Services Manager in Tennessee. Leighann Straughen, LMHC has worked in the mental health field since 2006 with children, adolescents, adults, and families. Jeffrey Creech, MSW has worked in the Mental Health field for 25 years in a variety of positions. 877-845-5235

Top Honors To FFS Musicians: The Family Foundation School received six top awards during its 18th annual appearance at the North American Music Festival at Hershey Park, PA. The school was awarded Superior trophies for Men's Chorus, Women's Chorus, and Show Choir; a First Place trophy for Mixed Chorus; the Most Outstanding Choral Ensemble award; and the Outstanding Soloist-Choral Event award. FFS music director is Paul Geer; Tom Kovalesky is choreographer. 845-887-5213, ext 465

South Korean Delegation Visits reSTART: A three-person delegation from South Korea recently visited reSTART. Several years ago Korea named Internet Addiction their #1 Public Health Threat and recognized the addiction as a legitimate mental health disorder. The delegation came to reSTART to see how the first and only specialized residential treatment facility in the U.S. approached treatment for IAD. 800-682-6934

Pacific Quest Featured on Health and Wellness TV Talk Show: Key professionals at Pacific Quest's outdoor therapeutic program were interviewed on the Hawaii television talk show "Rise Above"

addressing mental health treatment for adolescents and young adults. The television program "Rise Above" invites speakers to share information on issues of importance related to health and wellness. This week's show focused on the growing rate of mental health disorders in youth, and how Pacific Quest's Sustainable GrowthTM treatment model provides an effective alternative to traditional wilderness and residential therapy for adolescents and young adults. 808-987-7809

Focus Point Program Visits Woodbury Reports: Ron and Heidi Mendenhall and Ranel Hanson visited Woodbury Reports to announce their new program, Focus Point Program. Focus Point Transition Program exists to serve young adults, age 18-24 years old who require guidance beyond high school. The professional staff is dedicated to enhancing self-confidence, independence and individual learning experiences. 208-946-7703



Rosecrance Chaplain Receives National Award: The National Association of Addiction Treatment Providers (NAATP) awarded the Michael Q. Ford Journalism Award to Rosecrance Chaplain William (Bill) Lenters at the organization's annual conference, held May 19-22 in Phoenix, AZ. The award recognizes Lenters' long-running series of recovery-focused columns, which are published under the title "Bread for the Journey." The award is named for NAATP's first executive, Michael Q. Ford, who died in 1999. 815-387-5605

Rose Tea to Honor Quincy Noon Kiwanis Club: During Chaddocks Annual Rose Tea, Chaddock presented the 9th Annual Harry and Carlene Geisler Friend of Children Award to the Quincy Noon Kiwanis Club. The Quincy Noon Kiwanis Club is a part of a global organization of volunteers dedicated to changing the world one child and one community at a time. 217-222-0034 ext. 324

Academy at Swift River Introduces Young Adult Treatment:
Academy at Swift River is pleased to announce our new Young
Adult Transitions and Housing Program to help young adults find
success within the community. Transitions program features
include Individual, Family and Group Therapy, Internships, work
study or college credit courses and full or part-time employment
on/off-campus. Additional opportunities include for community
service independent study, life skills training, and Etiquette:
introducing societal norms. Residents have free time off-campus
and work on self management and regulation. 800-258-1770

Lori Armbruster Joins Pacific Quest: Pacific Quest is very pleased to welcome Lori Armbruster to our ohana. Lori brings over 20 years of experience to her position at Pacific Quest. Lori has served as

Executive Director of Consultant Relations, Admissions Director and Director of Alumni and Family Services and Development in several highly regarded therapeutic settings, from residential to wilderness. 808-987-7809

Charlie Bessette Will Be Missed: Charles F. Bessette, the beloved son of Judi and Fred Bessette died unexpectedly in May 2012. Charlie was 24 years old. He was embarking on a series of student internships in therapeutic programs for teens and young adults and was successfully concluding his initial steps on the journey to become a professional in the field. He will be greatly missed by his parents, his friends, his new colleagues in the helping professions, and the many students that he helped over the past two years and especially at the end of his life. Gifts in Charlie's memory can be made to the Friends of Families Foundation. 414-581-9146

Members Announce Formation of YATA: The Young Adult Transition Association - YATA - announced its formation, with the vision of providing a forum for the collaboration on young adult issues, operational issues, and other aspects related to providing young adult transitional services. Founding members include AIM House, Benchmark Transitions, Dragonfly Transitions, Echo Springs Transition Study Center, Fulshear Ranch Academy, and SFYI International School. 720-289-1525

Spring Ridge Academy Celebrates 15 Years: Spring Ridge Academy is proud to be celebrating our 15th anniversary as Arizona's premier therapeutic, college preparatory boarding school for girls. 928-632-4602

Asheville Academy Introduces Experienced Clinical Director:
Asheville Academy for Girls is proud to formally introduce Michelle
Lechman, PsyD, as Clinical Director. Dr. Lechman has specifically
served as Clinical Advisor and Therapist for programs designed
specifically for girls ages 10 to 14 for the past seven years. Her
experience in therapeutic boarding schools for girls environment
includes clinical consultation, supervision of staff, program
development, counseling with students and families, as well as
psychological testing. 800-264-8709

Wilderness Therapy Icon Moves On: After almost two decades of pioneering wilderness therapy, Dr. Daniel Sanderson announced he is leaving RedCliff Ascent."Doc" Dan joined RedCliff shortly after the company began in 1993. Since then he has helped thousands of troubled teens and their families find help and healing through effective wilderness therapy. "It's been an amazing journey," Dan says. "I have done what I want to be able to consider some incredible things and worked with some incredible people. I have given wilderness therapy a language that no one else has been able to incorporate and I've helped make the wilderness a place where real therapy can gain traction. "I want to acknowledge and recognize the courage of the students that I've worked with over the years. I'm grateful to have been a part of a number of miraculous journeys in that process and to have watched lives unfold." 800-898-1244

New Clinical Director at RedCliff Ascent: RedCliff Ascent is happy to announce Dr. Kreg Gillman has been named clinical director. Kreg has worked at every level of therapy and program administration since his career began two decades ago. His extensive management experience, coupled with his commitment to wilderness therapy, combine the best of both worlds. 800-898-1244

CONTINUED: SEEN N HEARD/14

SEEN N HEARD

Dr. Will White Announces Summit Achievement Traverse: Summit Traverse is a short-term, transitional, therapeutic boarding program for boys and young men aged 14 to 18+. Traverse is a family-centered treatment and intensive academic credit recovery to transition from treatment to a more traditional environment. Summit Traverse is currently accepting applications for boys and young men enrolling July 9, 2012. 207-697-2020

NSA Anniversary Request - Zach needs your help: Zach Lager was literally the first student at New Summit Academy over seven years ago. His parents were one of our greatest supporters and Zach himself stuck around Costa Rica throughout that initial month of preparation to put his stamp of approval on everything we chose. His dedication to helping has now expanded and we encourage any willing support. Zach's project, the Local Development Catalyst Network, raises money to better the situation of others. To help Zach, donate at www.ldcn.org/How You Can Help.html. 414-921-1388

Healthy Choices Program At The Academy At Sisters: French fries, donuts, and Diet Cokes are a typical diet for a teenage girl, but at the Academy at Sisters, we are working to change that through a program called Healthy Choices. "The program goes well beyond just teaching girls to count calories," commented Connie Peters, an instructor at the Academy at Sisters who created the program. "The Healthy Choices Program focuses on everything from body image, to sports and exercise, to better nutrition." 800-910-0412

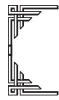
Pacific Quest Announces New Clinician Hire: Pacific Quest Wilderness Therapy is pleased to announce the addition of two new clinicians to our Ohana. Haley Robinson and Bridger Jensen will both be joining Pacific Quest in May as Primary Clinicians. 808-987-7809

Annual Adventure For Alpine Academy: Alpine Academy just returned from our annual adventure trip to Moab, UT. Every year Alpine takes all the students, teachers, therapists and residential staff down to Arches National Park for three days of camping, hiking, and enjoying the awe-inspiring vistas of the red rocks of Southern Utah. 800-244-1113

Auction Proves Successful For STICC: Saving Teens in Crisis Collaborative and Guardian Angel Motorsports are pleased to announce the spectacular success of their recent charity auction. The two groups worked in collaboration with Chamberlain International School to auction a replica 1965 Shelby Cobra built by students in the Chamberlain automotive career program. Learn more here: http://youtu.be/S9vCBnU0GmQ. The Shelby replica sold at auction for \$53,000. These funds will be used to help fund the intensive programs that have been shown to help teenagers and families in crisis. 978-852-2144

Parent Choices Hosts Programs Abroad: In an interview titled "The Pros and Cons of a Therapeutic Experience Abroad" Lon interviewed Heather Tracy, Co-Founder of New Summit Academy in Costa Rica, and Karen Nelson, Executive Director and Bryan Marks Admissions Director of Coral Reef Academy. In this episode, the guests discussed the pros and cons of students attending schools and therapeutic programs abroad. Heather: 414-921-1388 Karen: 702-997-7634 | Bryan 702-379-8106

Cedar Ridge Thanks Wes Nielson: After 16 years of dedicated service to Cedar Ridge, Wes Nielson has resigned his position as executive director of Cedar Ridge Academy to seek other career options. Rob Nielson stepped into the executive director position in his stead. 435-353-4498



Life's purpose is to find one's purpose.

~ George Bernard Shaw

Parent Choices Hosts Det. Rich Wistocki: Lon recently interviewed Detective Rich Wistocki, a Special Investigator and a member of ICAC (Internet Crimes Against Children), on the topic called "Protecting Kids from Online Predators," an interesting and yet terrifying topic for parents. Throughout the show, Detective Wistocki vigilantly stressed that "Parents must check and monitor their kid's online world." 630-305-0044

Cedar Ridge Summarizes Accreditation Visit: Cedar Ridge Academy is pleased to summarize the comments of the accreditation visiting team in response to our 2012 self-study. "The visiting team recommended Cedar Ridge Academy for a five year accreditation term through the new accrediting organization under AdvancEd. They further recommended an interim data visit to get some coaching on how to track data quantitatively. 435-353-4498

Dr. Park Joins Outback: Outback Therapeutic Expeditions is excited to announce Dr. Brandon Park as the newest addition to our clinical team. Brandon is a Clinical Psychologist who completed his graduate work at UNLV and has been working professionally in Napa, CA. Dr. Park has a rich background in neurospsychology, cognitive rehabilitation, and behavioral modification. He has worked with a variety of Axis I and II disorders, as well as substance abuse, and is an expert at evaluating and treating adolescents with clinically complicated presentations. Brandon joins Outback as Clinical Psychologist. 801-361-7782

WellBalance Announces Dr. Curran As Chief Medical Officer: WellBalance fitness and weight loss camps recently announced the addition of Gary Curran, MD, as Chief Medical Officer. Dr. Curran has successfully started and operated a family practice where emphasis has been paid to helping families instill healthier habits. his role as Chief Medical Officer, Dr. Curran will advise on the medical data collection from weight loss campers, assist with data analysis, consult on specific camper conditions, and provide insight on WellBalance's fitness and weight loss approach. 800-975-0435

Edwards Joins Adirondack Leadership: Adirondack Leadership Expeditions is pleased to announce the appointment of Tracy Edwards to the position of Executive Director. Tracy joins ALE after working at both Bromley Brook School and The Academy at Swift River where she served as Director of Residential Life. 860-227-3316

OPI Changes Roanne Program Borderline Track: JCAHO-accredited Optimum Performance Institute continues its dynamic tradition of rapidly responding to the individualized needs of young adults by making significant programming changes to its Roanne Program for young adults with Borderline Traits, Borderline Personality Disorder and Co-Occurring Conditions. 888-558-0617

Four Circles Led Focus On Women Recovery Seminar: At the 26th Annual ADDICTION: Focus on Women (AFOW) Conference held in May, two experts from Four Circles Recovery Center, led a three-day seminar on incorporating experiential wilderness therapy into addiction recovery treatment. 828-891-2221

Attachment Advocacy Conference Scheduled For August: The Branson POWER Advocacy Intensive conference will be something new for families with children who suffer from attachment disorders and complex trauma issues-frequently foster-adopted children. For information, contact Michele Nigliazzo at 417-255-8780.

Cruise Photos Help IECA Foundation: Sandhill Child Development Center, New Vision Wilderness, and High Frontier, would like to thank all those who attended our dinner cruise touring Boston Harbor recently. Photos taken during the cruise are for sale, and 25 percent of the proceeds from the purchase will go to the IECA Foundation. Additionally, Sandhill, High Frontier, and New Vision Wilderness have agreed to match whatever the amount is, thus quadrupling the donation. Contact Elizabeth McGhee for more information. 505-866-9271

Ashcreek Now Accepting Applications For Opening: Ashcreek Ranch Academy is officially accepting applications now for enrollment of students. Ashcreek Ranch Academy is a premier Residential Treatment Center for adolescent boys ages 14-17, specializing in Substance Abuse and other Addictive Problems. 435-215-0500

Expedition Therapy Students Serve Ironman Project: Expedition Therapy students and staff recently performed a service project at the Ironman Race in St. George by running a hydration station, providing water and nutrition to runners along the 26.2-mile running segment of the race. 435-899-9115

Asheville Academy Expands Academics: Asheville Academy for Girls has reinforced its dedication to a technologically savvy and content rigorous classroom with a its first Promethean Activboard, an interactive whiteboard teaching tool. 800-264-8709

Parent Choices Hosts Robert Nielson of Cedar Ridge Academy: At Cedar Ridge Academy, mindfulness, structure, karate and therapy work together as students take on the challenge of "little acts of courage"...the small steps it takes to tackle old negative beliefs and fears. In the LATalkRadio episode Little Acts of Courage, Lon interviewed Rob about techniques used at Cedar Ridge Academy and how they utilize Karate as one method to change negative feelings and behaviors. 435-353-4498 ext. 111

Asheville Academy Announces Therapeutic Summer Semester: Asheville Academy for Girls designed a unique summer learning experience for girls ages 10-14. The Therapeutic Summer Semester is designed to help young ladies by improving leadership skills, developing healthy relationships, resolving conflict, improving self-image, increasing self-confidence, and building a strong foundation for future growth and success. 800-264-8709

Parent Choices Hosts Allen Cardoza of West Shield: Transporting Teens to a Better Future was half the discussion during a special two-hour episode of LATalkRadio, where Allen Cardoza and Lon Woodbury interviewed each other. During the second hour of this special episode, Lon interviewed Allen Cardoza, who talked of the tragedy of human trafficking and the struggle to prevent it. 800-899-8585

Art Show and Silent Auction Benefit IECA Foundation: Fifteen schools and programs from the northeast supported the IECA Foundation with an art show and silent auction of student artwork, of all shapes and sizes at the May 2012 IECA conference. Proceeds were divided evenly between the Foundation and the student who contributed the art. 845-887-5213 ext. 465

Rosecrance Foundation Benefit Sets Records: The 2012 Rosecrance Foundation Benefit raised a record \$480,000 to provide services to clients who need financial assistance for treatment of substance use and mental health disorders. 815-387-5605

Redskins Quarterback Crompton Named to Scientific Advisory

Board for WellBalance: Jonathan Crompton, quarterback for the Washington Redskins and former starting quarterback at the University of Tennessee, has been named to the Scientific Advisory Board for WellBalance, a leading health organization that runs weight loss summer camps & community outreach programs for adolescents aged 10 - 20 as well as food & fitness boot camps for young adults ages 20 - 30. 617-792-4121

Penrith Farms Utilizes ASVAB For Career Counseling: Penrith Farms recently had the ASVAB administered on site. The ASVAB is a multiple-aptitude battery that measures developed abilities and helps predict future academic and occupational success in the military. It also has a career counseling component of which most people are unaware. 509-447-0665

CONFERENCE CALENDAR

~ July 2012

July 1-3: ASCD Summer Conference, St. Louis, MO, www.ascd.org

July 13-14: SENG in Seattle Summit, Milwaukee, WI, www.sengifted.org

July 18-20: 11th Annual ARS Conference, Archway Academy at Palmer Episcopal Church, Houston, TX www.recoveryschools.org

PLACES FOR STRUGGLING TEENS™

published by Woodbury Reports, Inc.

Lon Woodbury, Publisher - IECA, MA, CEP, is an educational consultant who has worked in schools and programs for emotional growth, character education, and consulting for parents of struggling teens since 1984. Prior to that, he taught in public schools and was involved in public policy while working for the US Senate and the Executive Office of the President. Lon received his BS and MA degrees from the University of Idaho. His practice includes a referral service for parents and professionals, and the publication of this Newsletter and the *Parent Empowerment Handbook*,™ a resource of *Places for Struggling Teens*.™

WOODBURY REPORTS, INC.™

7119 2nd Street • PO Box 1107 Bonners Ferry, Idaho 83805 208-267-5550 (p) - 208-267-9127 (f) lon@woodbury.com www.strugglingteens.com

© Copyright 2012, by Woodbury Reports, Inc.™

All Rights Reserved. Use of materials is allowed without prior written approval if the proper author and publication attribution accompanies the copy. Duplication or republication must requested in writing.







ISSN: 1540-3718





A Therapeutic & Educational Alternative for Young Adults age 18 to 20

A post-graduate (PG), fifth-year senior, OR gapyear program, providing valuable transitional opportunities for:

- · Students experiencing difficulty completing high school or getting into college
- · Students transitioning from a therapeutic boarding school or a residential treatment
- Students needing to repair transcripts, improve SAT scores, or prepare a college admissions portfolio
- · Students needing to strengthen recovery or address social, organizational or personal skills
- · Students experiencing difficulty adjusting to or succeeding in college
- · Students who have failed or dropped out of college

Each participant receives:

- · An individualized academic and personal growth plan
- · Counseling and support necessary to make the transition to college

The Bridge program provides access to the full range of activities available at The Family Foundation School (FFS): music, arts, sports, outdoor pursuits, community service and spiritual development.

Some students use the program to complete high school by taking dual credit courses on campus; benefiting from the academic and therapeutic supports available.

Others take courses at FFS while taking up to four courses at Broome Community College (BCC) in Binghamton, NY spending two full days each week on the BCC campus, fully integrated into campus life and working with a transition mentor.

Students may take BCC courses while living and working part-time on the FFS campus, or even while living in Binghamton and receiving gradually decreasing support from us.

The relationship between BCC and Binghamton University (BU) (part of the State University of New York [SUNY] system), allows BCC students with a 3.0 GPA or higher to transfer credits to BU, Cornell, Marywood, various SUNY schools and University of Buffalo among others.

These academic options replicate the routines, responsibilities, challenges and independence that come with college attendance and provide Bridge program participants with the experience they need to succeed on their own.

Learn more at thebridge.thefamilyschool.com

Bridging the Gap/Recovering Your Future



431 Chapel Hill Road Hancock, NY 13783 845-887-5213 x499

Fax: 845-887-4939

www.thefamilyschool.com

