



Places for Struggling Teens™

Published by

Woodbury Reports, Inc.™

"It is more important to get it right, than to get it first."

November 2009 - Issue #183

WOODBURY REPORTS UTILIZES SOCIAL NETWORKING

By: Lon Woodbury



How do people find information about private residential schools and programs around the country/ world for children with problems?

Since 1998, people could find this information on the Places for Struggling Teens website, www.strugglingteens.com, owned by Woodbury Reports Inc. This 30,000+ page website features the latest in breaking news, visit reports, articles and essays designed to help parents and professionals seeking resources for a child or young adult needing something more than local resources could provide. Every article published in the Places For Struggling Teens newsletter, starting with the first edition in November 1989, is available online. This invaluable source of information allows visitors to learn as much information about a school or program as they can. It is easily searchable and offers a history of this network, staff information, program details, third party perspectives, etc. Unique visitors to the site currently average about two thousand a day.

Over the last several months, Woodbury Reports has also utilized social networking to allow multifaceted interactivity. Social networking is the latest expansion of the potentialities of the Internet. It is a fairly new medium that emphasizes two-way conversations, differing from the normal one-way broadcasting. In other words, social networking allows a coffee house discussion or dialogue versus the college lecture hall where the professor presents the material with limited or no discussion.

Because of the immediacy caused by the Internet and the need for social interactivity, it has become critical for any business to stay connected via social networking. Now visitors can join the Woodbury Reports social networks and discuss schools and programs in addition to doing their own research on Strugglingteens.com. Our social networking focuses on every outlet possible to get information to the readers. Woodbury Reports, Inc. is active on:

- **Twitter** (www.twitter.com/strugglingteens)
- **Blog** (<http://parent-empowerment-blog.com/>)
- **Facebook** (www.facebook.com/strugglingteens) and
- **LinkedIn** (www.linkedin.com/groups?home=&gid=2340939&trk=anet Ug hm).

Twitter continues to be the most rapidly growing segment of the Internet. Sometimes referred to as micro-blogging, "tweets" are limited to 140 characters so it can only provide the basic information, not be bogged down by marketing fluff. The headlines of every press release, article, Visit Report, New Perspective, Essay, job opening and blog post are posted on Twitter with a link to the source for full details. In addition, headlines and links are added when we find stories and relevant information on the Internet.

Blogging offers more of a place to hold discussions. The originator can post an article and readers can discuss it in more detail, with back and forth interactivity. The Parent-Empowerment-Blog contains articles regarding topics and issues in the private, parent choice network of schools, programs and professionals, and allows parents and professionals to hold discussions with me regarding those articles. News feeds and headlines are also available on our Blog.

Although a popular part of social networking, Facebook tends to focus more on the personal relationships, allowing friends to keep track of each other, share pictures, etc. Many people look to Facebook to find old friends.

Where Facebook focuses on the personal relationships, LinkedIn tends to focus more on the business or professional relationships. The Woodbury Reports LinkedIn account even includes the most recent information on industry employment opportunities, for example. News feeds and headlines are available via LinkedIn, as well.

Utilizing social networking as a way of communicating this network with the world is important. Of course, news, articles and information will continue to be available daily on Strugglingteens.com, too, especially for those who prefer not to use the sometimes-overwhelming mediums of social networking. For those who do prefer social networking, stop by any of our accounts and say hello!

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Families can be really healthy only when children once again have communities of real people who care about them.

- Mary Pipher

[Essays and articles appearing in this publication are the opinions of the authors, and do not necessarily reflect the policy of Woodbury Reports, Inc.,™ or StrugglingTeens.com.™ We urge our readers to conduct their own investigation of the products and services identified herein.]

Woodbury Reports™ is an information source to help parents find the right school or program when their child has behavioral/ emotional problems. We are specifically concerned with children needing more intensive intervention than local resources or day programs can provide.

Our focus is on high quality and effective Emotional Growth and/ or Therapeutic schools and programs, which can include short- and long-term outdoor programs, family style living arrangements, highly structured boarding schools, therapeutic boarding schools, RTCs or psychiatric hospitals.

An important goal of these schools and programs is to teach self-discipline through consequences, so the child will learn to be more responsible for his/ her actions. How attitudes are changed and who is successful is at the focus of each issue of Reports.

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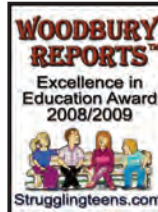


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"Some Children just need to be heard, not cured."

Lon Woodbury, IECA, MA, CEP, is an educational consultant who has worked in schools and programs for emotional growth, character education, and consulting for parents of struggling teens since 1984. Prior to that, he taught in public schools and was involved in public policy while working for the US Senate and the Executive Office of the President. Lon received his BS and MA degrees from the University of Idaho. His practice includes a referral service for parents and professionals, and the publication of this Newsletter and the **PARENT EMPOWERMENT HANDBOOK™**, a resource of **Places for Struggling Teens™**.

KEEP YOUR TOOLS SHARP AND GO FEED YOUR DOG

(Relationship with a Child is Not About Control)

By: Dr. Marty Thomson

I love tools. I love all tools. But mostly I love woodworking hand tools. The feel of a well-balanced, properly honed chisel or jackplane in my hand as it carries out my intent, my will, communicated through nothing more than slight deviations in pressure from various muscles. No words. No confusion. Instantaneous feedback. The characteristics of the wood are known by the plane as it completes a pass through or over it are offered to me through subtle variations of resistance. It says "ease up, bear down here, move around this...." It's a dance.... Well, not really a dance. There is no partner. I cut, smooth, split, shape, even bend the wood, but there is really no partner. For it to be a dance, there would need to be another being. A person. A person with agency (will, power, essential cause).

Many craftsmen would accurately argue that certain pieces of wood indeed have their own intent and will. When the wood presents a turn in the grain, a knot or twist, it forces you to adjust your plan, your intent, and proceed differently. But at least you can stop, put down the wood, and decide where next to act, how next to act. In a dance, one has to keep moving, the twist presented by the partner may change from one second to the next. The original

intent to be imposed on the subject has to be abandoned. Even the idea that will is imposed loses momentum when the medium on which one is acting becomes a being.

So it is with our children. Our intent invariably involves a change we wish to engender in them. If you look up the word engender you see two possible types of intended action: to produce or to provoke. Here I mean provoke. We wish for a change in them. We wish for perhaps a change in their effort, their follow-through, their awareness, their self-regulation, their attention to detail, their sense of ownership and responsibility, something. But it is not a change that we can produce; it's only one we hope to provoke. Even though we are the parent with their best interest in mind (this is not something we are doing for our own advancement or amusement), it is up to them to be the producer of the change. We don't act on them; we remove the barriers to their successful development. We remove the barriers to their successful acting on the world. But we don't get to stop and put it down; we have to keep the dance going.

Why is this so hard? Why are we so frustrated and often feeling powerless? Perhaps we are frustrated because we are trying to do too much. Our children often fail to do the right thing at the right time, in the right amounts, for the right reasons. They don't hold the tasks of success in mind. It's up to us to see that things are done and done properly, but it is up to them to do these things. There is much to be said about the mechanisms involved in teaching, encouraging, motivating and coaching our children so that they will do their part. But what I want to

CONTINUED: TOOLS/ 4

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TOOLS:

concentrate on here are the feelings involved when parents have to do this dance where our children ultimately determine its success or failure.

Unlike when working with pieces of wood, we can't impose our intent because the medium on which we are acting is another being. Besides the ethics of free choice and self-determination, it really is finally in the hands of our children whether they will or will not carry out the successful acts that are needed. We are just not really in control. The frustration of generations of parents can be heard in the phrases "Because I'm your parent! - Because I said so! - and "Who do you think is in charge here?" Typically our words are uttered at a volume upwards of 100 decibels and with either a tyrannical roar or a high pitched plea, both of which reveal our growing understanding of our impotence. Even if we escape the trap of believing that our child is willfully thwarting us, embarrassing us and exerting power over us, we are left with the sad and helpless awareness that he is incapable at this point of producing successes that we believe children his age should be able to execute.

So what can we do about these ongoing feelings of helplessness, inadequacy and lack of control? During our end-of-the-year workshop, we reviewed some of the elements of relationship and attachment theory that speak to the nature of the relationship between parents and children. One of the key notions was that the relationship is not about control and that one must constantly remain focused on the child and your goals for him, rather than one's daily agenda. While I continue to believe that such an approach is essential, I want to add a countermeasure.

Since we don't have as parents the luxury of making our child and our goals for him our only agenda, how about we alternate between that and the thousands of other agendas.

Again, there are many elements involved in promoting the goals we have for our children that we can get into elsewhere. I just want to suggest that we can gain a strong measure of emotional relief by pragmatically allowing ourselves to set the bar at what is humanly possible for parents at home. Such an approach would leave us sometimes focusing on our child's needs and our goals for him, sometimes arranging for others to meet those needs, sometimes requiring our sons to manage on their own, and at times trusting that they are resilient enough to bounce back from temporarily unmet needs and un-promoted objectives. This should ultimately result in greater acceptance of the axiom that the relationship is not about control.

Finally, I want to offer a notion that further allows us to adequately regulate our own emotional content while working so hard for the ultimate wellbeing of our child. I often learn wonderful things from the parents of our students, and this week I learned a new phrase from one mother that really captures the essence here. She was reflecting on our practice of having our boys process significant difficulties that have resulted in elevated emotions with a third party. Her elucidation of the probable reason the practice is effective was "That makes sense; he (the third party) doesn't have a dog in that fight." And she's right, if you don't have a dog in that fight - an emotional investment in being right, having been

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disrespected, having just repeated a request forty-eight times or having put your needs aside for your child for the ten-millionth time, even in avoiding having junior turn out like his villainous relative, it's easier to make decisions, engineer teaching consequences and take actions that promote the growth of your child.

Unfortunately, you don't have a scheduled supply of third parties that don't have a dog in the fight to buffer your emotions at home. Therefore you have to work on a mind set that allows you to serve that role, while also engaging in the ongoing struggles on the front line. That mind set is that you are a separate person. You have significant accomplishments in your life and you are as valuable as your son. You deserve respect. You deserve to have your own needs met and to have your own life. And no matter what challenges have been assigned to your child and your family, no matter whether any of these truths are acknowledged by your son, other family members, the community, circumstances or your own beat down self, no one can change these facts. So why do you act like these truths can be taken away? You are the parent. You don't need the acknowledgement of your child to make these things true. The more you demand acknowledgment of these truths from others, the more you reveal your own doubt that you own the role of parent. That social convention of reciprocity, the implementation of the golden rule, does not have to occur for parents. In fact, it doesn't really happen very often while our children are still children.

What I am saying is to believe in yourself, and to refuse to relinquish your parental role as a means to inoculate

yourself from the emotional insults of parenting. Remember those tools I love so much? I liked the well balanced and well honed ones. Your tool is yourself. You have to stay well balanced and well honed to stay in your role and handle the emotions of parenting. You have to remain aware of your son and your goals for him and act to further these goals, while balancing all of the other agendas for which you are responsible. You won't receive reciprocity as a parent, but you can use all of your other resources to stay balanced and sharp. You can't afford to have a dog in the fight while you are being a parent. If you do, go feed the dog and replenish its strength so that it can sit this fight out.

About The Author: Dr. Marty Thomson is Director of Psychological Services at Little Keswick School, Keswick, VA. www.littlekeswickschool.net Phone: 434-295-0457.

It is against the grain of modern education to teach children to program. What fun is there in making plans, acquiring discipline in organizing thoughts, devoting attention to detail and learning to be self-critical?
- Alan Perlis

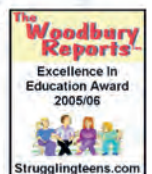


For many young men and women, leaving home and transitioning to college or the work world is a daunting and overwhelming challenge. Thrust into the real world alone, with few advocates, they often are overwhelmed by isolation and lack of structure and support. Robert Fischer, M.D., psychiatrist, co-founded **Optimum Performance Institute** in 2004 to meet the needs of these young adults, ages 17-25.



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Visit by Renee LeWinter Goldberg, EdD, May 28, 2009

Franklin Academy is the country's first boarding school for students with nonverbal learning disabilities. Dr Frederick Weissbach, founder and Headmaster, writes "It is the only accredited college preparatory school in the country to focus exclusively on students in grade 9 through 12 with NLD and Asperger's." (July 14, 2009) Franklin Academy opened September 2003. Currently 100 students are enrolled at Franklin Academy, and there is a professional educator for every 2 students on campus.

My husband, Marvin, and I visited Franklin in 2006, toured the school and met with Cindy Pope, Director of Admissions. I visited Franklin Academy recently to meet with a client attending school there and also speak with teachers and key personnel.

Franklin Academy is organized into teams. Each team has a team leader, a learning specialist, a residential life staff member and a counselor. Classes are small, typically 6 to 8 students. The year is organized in 5 terms, or quints. An intersession occurs between each quint, with the students engaging in experiential learning activities during that time.

On a school day, there are classes, then a break after the academic day, followed by residential life. Hall meetings are a daily occurrence at Franklin Academy, where students meet with their team. Hall meetings provide the link between academic and residential life, and students participate in the residential life curriculum everyday.

I met with Dr. Tom Hays, Education Director. Tom shared that many of Franklin Academy's students have issues with transitions. His experience is that transitions for students with nonverbal learning disabilities take a long time to be smoothly negotiated. Franklin Academy is able to assist students in filling in missing gaps from previous, unsuccessful academic experiences. "Our kids are slow processors, and we allow for that so the students can experience success."

During my tour of the school, my client joined me. His dorm room was neat and organized. Franklin Academy offers only single rooms for students. In his dorm, the rooms are located around a common area where meetings and other activities occur.

I joined a humanities class. There were five students in the class. A white board was used to record ideas, and students could then access those notes on their own computers. Students participated in a lively discussion about the Great Depression and economic transitions. The students sat at a rectangular table, with the teacher at the head.

For many of the Franklin Academy students, learning how to organize schoolwork on the computer has made a critical difference in organization and executive function.

Franklin Academy also has a Summer Sojourns Program, which can provide an initial experience for new students as well as an opportunity to catch up or move ahead for current students.

Although I visited Franklin Academy a few years ago, observing how a student I advised had developed and grown provided a terrific update.

About The Author: Renee LeWinter Goldberg, EdD, is a Certified Educational Planner. Her business is Educational Options, LLC, with offices in Newton and Worcester, MA. Her webside is www.optionsined.com

NEW PERSPECTIVES...

[New Perspectives schools and programs are those new to Woodbury Reports, Inc., and are presented to expand your knowledge, with the disclaimer that we know little more about them at this time than what appears here. Inclusion in Places for Struggling Teens™, of course, does not imply any endorsement by Woodbury Reports, Inc. -Lon]

HORIZONS SCHOOL

Birmingham, AL
Dr. Jade K. Carter, EdD, Director
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The Horizons School was first established in 1991 as a UAB School of Education Program and became a fully functioning 501(c)(3), state licensed post-secondary school in 2000. This independent living skills-based program is for young adults, ages 18-26, with a primary diagnosis of a specific learning disability or mild learning disabilities and who have a high school diploma or a GED certificate. Students must be able to live in a supervised apartment, manage their own medication or health related issues and have a commitment to work and gain personal independence.

Horizons School is licensed as a postsecondary program in the State of Alabama and is fully accredited by the National Commission for the Accreditation of Special Education Services – an affiliate of the National Association of Private Special Education Centers. Dr. Jade Carter, EdD, Special Education/ Learning Disabilities, is the Director at Horizons School and Marie McElheny, MAEd is the Assistant Director. The length of this program is generally two years with a third year-community transition program available.

Students live in an apartment complex located near the University of Alabama at Birmingham. They are supervised by two resident assistants and have a curfew of 10pm on weeknights and 12am on weekends.

Curriculum for the students is divided into four main subjects for both first and second year students, focusing on Personal Independence, which includes life skills, cooking and nutrition, money management, transportation, fitness and wellness. Social Independence teaches conflict management and social skills, Career Independence includes career orientation and exploration via field trips, reading and interviews, with internships added in the second year and Self Determination, in which students work on goal setting and problem solving, creative writing and art.

Recreational activities include a weekly supper club, lake trips, cookouts, bowling, attending concerts and sporting events and outdoor adventure groups.

[This information is from the Horizons School website and brochure.]

Tis better to debate a question
without settling it, than to settle a
question without debating it.

- Joseph Joubert

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WHAT IS DIALECTICAL BEHAVIORAL THERAPY (DBT)

By: Melissa Dutcher and Kim Lahman

Dialectical Behavioral Therapy is a fast growing treatment method for Borderline Personality Disorder. DBT was formulated from Cognitive Behavioral Therapy (CBT) and involves individual and group therapy work. Originally created to work in an outpatient setting, DBT can be modified to work in inpatient and residential treatment programs. Origins for DBT are credited to Marsha M Linehan in 1971. It was developed to work with chronically suicidal borderline personality disorder patients. It is now used to treat a variety of disorders including substance abuse, anxiety disorders, eating disorders, post-traumatic stress, bipolar and panic disorders.

The premise behind DBT is that once skills are learned, the traits of the disorder diminish creating a life worth living. Skills training are the heart of DBT success. Clients with borderline personality disorder, often live in the past or the future creating unhappiness in the present. At the core of DBT are skill sets taught in four areas:

- 1) Mindfulness-Clients learn to pay attention without being judgmental and to learn to be in the full present moment.
- 2) Emotion Regulation-Clients develop a variety of skills to reduce vulnerabilities, change negative emotions and become better problem solvers.
- 3) Distress Tolerance-Clients learn Dysfunctional behaviors are responses to emotional pain. Clients learn how to navigate through crisis and learn how to accept reality. This is not a cure but rather a technique to survive crisis.
- 4) Interpersonal Effectiveness-Clients learn to identify the

feeling and how to ask for what the client needs, learning to say no and managing conflict all while maintaining self-respect.

Once these skills are learned, DBT trained therapists help clients apply what is learned in everyday life situations by giving them feedback, reinforcement and practice.

WHY DOES DBT WORK?

DBT seeks to validate feelings and problems. It balances acceptance by challenging residents to make productive changes. Studies have shown that DBT reduces the rate of self-injury and suicide attempts. It works because clients can manage their issues without resorting to self-defeating behaviors.

Joel Paris (2006) combined several recent advances in the treatment of BPD clients. Paris (2006), looked at DBT therapy, cognitive therapy, psychodynamic therapies, group therapy, family psycho education, psychotherapy efficacy in relation to long-term outcomes, and different medications used to treat BPD clients. With relation to DBT therapy, Paris found that 90% of DBT clients stayed in therapy for a full year. This finding is significant due to the BPD population and its lack of compliance for treatment. While other forms of cognitive therapy have been found less effective, cognitive behavioral therapy was equivalent to treatment as usual and there was no reduction in self-mutilation with BPD clients.

WHY DOES IT WORK FOR ADOLESCENTS, ESPECIALLY IN A RESIDENTIAL SETTING?

In a highly structured program, individuals know what to expect and the DBT concepts and skills are constantly being reinforced. It teaches individuals new skills including how to regulate some of their up and down emotions, how to handle hard situations, how to get what they want effectively while being with others learning as a group. It is a 24/7 opportunity to learn while being in a safe environment. When done in a



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SEEN N' HEARD

hospital based residential treatment program, medications are monitored for longer periods of time. An intensive residential treatment program is designed to promote stabilization and produce long-term treatment gains.

HOW DO YOU EVALUATE AN EFFECTIVE DBT RESIDENTIAL PROGRAM?

As with any evaluation of residential treatment, being able to schedule tours, visit, talk with staff and learn about a program is of key importance. To evaluate a DBT program, ask if DBT skills are taught throughout the entire day. Mindfulness activities can start in the morning by brushing teeth! Ask how all staff members are trained in the use of DBT. Here is a short list of what to look for in a good DBT program:

- 24 hour staff trained in DBT
- Including behavioral health care workers, nurses, teachers, and therapists
- DBT skills groups run by trained DBT therapists
- Daily mindfulness activities and groups
- From residents level groups to consequences based on DBT concepts
- On call therapists 24 hours a day 7 days a week
- Individual therapy by trained DBT therapists
- Weekly staff meetings with all DBT staff
- Intense family involvement and education

Resources for Dialectical Behavioral Therapy can be found at www.behavioraltech.org.

About The Authors: *Melissa Dutcher is the Program Director at South Shore Academy. Kim Lahman is Director of Business Development at the Midwest Center for Youth and Families. Contact Kim Lahman by phone by 219-766-2999, Ext. 110, or email kim.lahman@uhsinc.com. Contact Melissa Dutcher at by email at Melissa.dutcher@uhsinc.com.*

CARON TREATMENT CENTERS TO OPEN ADULT PROGRAM IN DALLAS (August 31, 2009) Caron Treatment Centers will open a 40-bed residential treatment facility which will be known as Caron Texas. It is expected to open in July 2010. This RTC will provide primary addiction treatment to adults who may also suffer from co-occurring disorders. To learn more, contact Karen Pasternack, Director of Public Relations, at 610-743-6576.

FORMAN SCHOOL WELCOMES NEW STAFF (September 2009) Adam K. Man, Head of School at The Forman School, Litchfield, CT, 860-567-1802, welcomes three new additions to The Forman School community: Sara Lynn Leavenworth Renda as Director of Admissions, Francisca Fenton as Dean of Student Affairs and Jane Benson as Director of ADD Services. Sara Lynn served as Director of Admissions and Financial Aid at Westover School in Middlebury, CT, prior to joining Forman; Francisca served as Dean of Students at Cheshire Academy in Cheshire, CT, from 2004-2008; and Jane Benson, a Forman School alumnus, previously was employed as a certified coach and consultant for the Center for Psychology and Education in Chapel Hill, NC.

ELK RIVER CAMPUS BUILDING A NEW CHAPEL (September 2009) Alexa Nuessle, Huntsville, AL, 256-518-9998, announced The Elk River campus is building a new chapel! This outdoor worship space, set under the trees will be built amphitheater style and will also serve as a meeting place for other campus activities. Plans include a natural slate floor, cypress benches, fire pit and a stone podium.

MENNINGER WEB SITE GOES LIVE (September 2009) The Menninger Clinic in Houston, TX, announced the launch of the new Menninger Patient Alumni Web site where former patients can sign up to stay connected and utilize the resources to continue what they learned in treatment to support their recovery. This web site was designed with the help of patient alumni, who are also planning the first alumni weekend on November 6 and 7, 2009, in Houston.

EX-DARRINGTON ACADEMY HEAD INVESTIGATED (September 3, 2009) A Nevada news source reports Richard Darrington, former headmaster of Darrington Academy in Blue Ridge, GA, is the new dean of students and athletic director at Whittell High School in NV.

CONTINUED: SNH/ 10



BENCHMARK YOUNG ADULT SCHOOL

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- Develop & implement services to help the resident meet goals.
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A program of CRC Health Group / Aspen Education Group

SNH:

Darrington was arrested and is now out on bail on two criminal charges of battery—one a felony and one a misdemeanor. Douglas County School District is aware of these allegations and is waiting for fingerprints to come back showing any charges pending.

SOAR OFFERS CHRISTMAS KEYS ADVENTURES (September 15, 2009)

Kylie Cyr, Admissions at Success Oriented Achievement Realized, Balsam, North Carolina, 828-456-3435, announced SOARS Christmas Keys Adventure for youth ages 8-18, adventure based, experiential education program will be offered December 27, 2009, through January 1, 2010. Students will get the opportunity to experience new adventures and meet new friends while snorkeling at the famous Looe Key Marine Sanctuary, fishing for grouper, tarpon and snapper, learning the basics of ocean kayaking or tubing behind a jet ski. Register Early!

LOGAN RIVER ANNOUNCES NEW GIRLS' PROGRAM (September 18, 2009)

Logan River Academy, Logan, UT, is pleased to announce the opening of their new program for girls. On October 1, 2009, the girls at Logan River Academy moved to a beautiful country home, overlooking the valley and located a few miles off campus on five acres. This move will allow girls gender specific treatment, while still getting co-ed experiences through school and activities provided through structured social interaction. Contact Larry Carter, Executive Director at 435-755-8400 for additional information.

SOUL CONTINUUM'S FIRST EXPEDITION TO ALASKA (September 18, 2009)

Emily Phillips, Owner and Founder of Soul Continuum, Ogden, UT, 717-209-0290, announced Soul Continuum had a successful first expedition to Alaska with a group of girls that included volunteer work with Habitat for Humanity, working with the Women Build group, a whale watching excursion and backpacking in Denali State Park.

REMEMBERING PHYLLIS S. STEINBRECHER (September 18, 2009)

Tom Bratter, President and Founder of John Dewey Academy, has written a poignant letter about the passing of Phyllis Steinbrecher on September 16, 2009, after a brave 47 year battle with cancer. A graduate of NYU and Fairfield University, Steinbrecher devoted her life to education and after a brief teaching career, Phyllis started her educational consulting firm. She was a co-author of four books and lecturer, and she conducted many workshops. Being an idealistic pioneer, Phyllis was one of the founders of The Independent Educational Consultants Association. We here at Woodbury Reports send our deepest condolences to Phyllis's family and friends. To view this letter in its entirety, please visit the struggling teens' website.

COPPER CANYON GIRLS COMPETE IN FESTIVAL (September 19, 2009)

Six students from Copper Canyon Academy, Rimrock, AZ, 877-617-1222, competed in the Shakespeare Competition on October 9 and 10, 2009, in Cedar City, UT. The competition was held in conjunction with the Utah Shakespearean Festival. The girls performed a scene from Shakespeare's "Two Gentlemen of Verona" and monologues from "The Merchant of Venice" and "King Henry VI Part 1." This was the third year that students from Copper Canyon have competed in the 33-year-old competition.

BENCHMARK CELEBRATES 16 YEARS! (September 21, 2009)

Shelley Skaggs, Director of Marketing and PR at Benchmark Transitions, Redlands, CA, 714-813-5002 (cell) proudly announced its 16-Year Anniversary. Founded in September, 1993, by Jayne S. Longnecker, Benchmark has been a leader in the industry of emotional growth schools and programs for troubled young adults.

KING'S DAUGHTERS' SCHOOL RECEIVES ACCREDITATION (September 21, 2009)

Kevin Bart, Director of Development and Communications for The King's Daughters' School in Columbia, TN, 931-388-3810, announced The Council on Accreditation (COA) has informed The King's Daughters' School that the school has achieved national accreditation through a rigorous process involving a detailed review and analysis of both their administrative operations and service delivery practices.

WEST RIDGE SERVICE EXPEDITION (September 22, 2009)

Amy Whittaker, Boy's Clinical Director at West Ridge Academy, West Jordan, UT, 801-282-1000, informed us that several students and staff have returned from a service expedition to Peru where students educated the Peruvian's on the importance of proper hygiene, dental hygiene and hand washing. They also helped build an additional room on to their school to help ease the overcrowding in the classrooms. Highlights from the trip included time spent with the local children playing, sightseeing and learning about their culture.

OPEN SKY PRESENTS LECTURE (September 22, 2009) Open Sky Wilderness Therapy's Nicola Kettle, ND, and Joanna Bettmann, PhD, presented a lecture entitled "The Importance of Nutrition in Addiction Treatment" at the National Association for Alcoholism and Drug Abuse Counselors (NAADC) annual conference in Salt Lake City on August 19. Open Sky Wilderness Therapy is located in Durango, CO. To learn more call 970-382-8181.

TEEN GAMING ADDICTIONS ON THE RISE (September 23, 2009) The Pinnacle Schools in Huntsville, AL, submitted an article about teen gaming addictions, which are on the rise in the United States. "Video/online games stimulate the brain's "reward centers" which gives the same high drug addicts feel," said Dr. Charles Lee, physician for the Pinnacle Schools. "Children and teens are becoming addicted to video/online games the way people are addicted to drugs, alcohol and gambling." To read this in its entirety, visit the struggling teens' website.

HEARTS BLOSSOM AT TIMBER RIDGE (September 24, 2009) Beverly Ann Cox, Director of Admissions at Timber Ridge Preparatory School for Girls in Clark Fork, ID, 208-266-1465, shared with us the many service projects in which the girls at Timber Ridge are involved. These include: volunteering at Bonner General Hospital, the Bonner County Food Bank and Soup Kitchen and the local animal shelter.

CRAMER CREEK RECEIVES APPROVAL FOR INTERNATIONAL STUDENTS (September 25, 2009) Cramer Creek School, located in Clinton, MT, a coed residential boarding school and treatment center, has received approval by the Student and Exchange Visitor Program and is now eligible to accept students from other countries. Contact John McKay, Administrator, at 406-825-2600 for additional information.

COMPUHIGH, ACCREDITED ONLINE HIGH SCHOOL (September 25, 2009) Marianne O'Doherty, Registrar and Head Guidance Counselor at CompuHigh, Morgantown, WV, 866-859-0777, introduced their new accredited online high school – CompuHigh, which specializes in working with trouble teens and giving students options to get their high school diploma or course recovery credits. Students can complete all their work online while being monitored by their guidance counselor and the students' parents.

MACELVEEN JOINS OPEN SKY (September 25, 2009) Open Sky Wilderness Therapy, Durango, CO, is honored to announce the addition of their newest team member, Katie Grace MacElveen, PhD. Katie has clinical experience in inpatient adolescent and adult psychiatric settings as well as private practice. Dr. MacElveen will be taking over the leadership as clinical therapist of the young adult team from Gregory Martin, MA. Gregory served as our young adult therapist at Open Sky for the last three years and completed his employment with us at the end of August 2009.

HAMILTON OF BRIDGES ACADEMY CREATES A VIDEO (September 25, 2009) Bridges Academy, Bend, OR, is proud to announce that our Mentor Staff Archie Hamilton (who is also currently in college for his CADC II certification) is working with our local TV news station KOHD morning anchor Allison Martin and the Resource Officer for the Bend high schools, Mike Maunder, to create a new video for "Inside Looking Out." (This program used to be called "Scared Straight".) Contact Joan McOmber, MFT, Executive Director at Bridges Academy, 888-283-7362, for additional information.

MARSHALL NEW DIRECTOR OF BUSINESS DEVELOPMENT AT PROVO CANYON SCHOOL (September 25, 2009) Provo Canyon School, Provo, UT, announced Tim Marshall is now their Director of Business Development. Tim brings an impressive background of more than 25 years working in therapy programs. He graduated with a BA in Psychology from the University of UT, then earned a Masters of Education with a minor in Social Work at BYU, while working as a Unit Counselor at Provo Canyon School. He has worked in the industry with the Brown Schools/CEDU and Cornell Companies and made the circle, returning to Provo Canyon School. Tim Marshall replaces Brad Gerrard who accepted the position of CEO with Cottonwood RTC in Salt Lake City, UT.

WHAT'S NEW AT CROSSROADS ACADEMY? (September 28, 2009) Sam Dahlin, PhD, LMFT, Director and Owner of Crossroads Academy, Ogden, UT, 801-369-0238, shared a few topics of interest about Crossroads: Students that are 18 or soon to turn 18, Crossroads Academic Program and the continuing support of their students' interests. More on StrugglingTeens.com.

CONTINUED: SNH/ 12



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SNH:

LAING PROMOTED TO COUNSELING DIRECTOR AT SHORTRIDGE (September 28, 2009) Hannah Mariotti, MA, LMHC, Director of Admissions and Marketing at Shortridge Academy, Milton, NH, 603-755-3096, announced the promotion of Brian Laing to Counseling Director. Brian is now responsible for the management and training of the counselors and will take an active role in implementing the Positive Youth Development Curriculum. Brian has been a counselor and team leader at the school for over 3 years.

He will continue to work closely with the Clinical Director and the Director of Student Life.

ACADEMY AT SISTERS WELCOMES SCHNEIDER (September 28, 2009) Stephanie Alvstad, Executive Director at Academy at Sisters, Bend, OR, 800-910-0412, is pleased to welcome Dr. Julie Schneider as their new Licensed Clinical Psychologist on staff. Dr. Schneider joins us from Boston, MA, where she obtained her PhD in Clinical Psychology from the University of MA. Dr. Schneider has approximately 15 years of experience working in a variety of settings in the fields of mental health and public education. In addition, Dr. Schneider presented at the NW Regional NATSAP Conference, held on October 14-15 in Bend, OR. Her presentation was titled "Processing Difficulties in Behaviorally Struggling Adolescents."

ECHO MALIBU ANNOUNCES NEW LEADERSHIP (September 28, 2009) Echo Malibu, Malibu, CA, announced the appointments of Alonso Dominguez, MA, to Executive Director, and Karen Rubenstein, MA, MFT, to Clinical Director. Dominguez and Rubenstein succeed co-founders, Jeff Nalin and Cole Rucker. Dominguez is the former Assistant Program Director for Echo Malibu and is a certified 12-step counselor who has been working with youth and families for over 15 years. Rubenstein has been a therapist for Echo Malibu for three years. She is a licensed Marriage and Family Therapist, with counseling experience at the Los Angeles Unified School District, a domestic violence shelter and the California Family Counseling Center. Contact Alonso Dominguez at 310-589-2090 for more information.

LIVING WELL TRANSITIONS CELEBRATES FIVE YEARS (September 29, 2009) Founded in 2004 by Bill Sell, MA, LPC, CGP, Living Well

Transitions in Boulder, CO, is delighted to celebrate five years of helping young adults and families. Living Well Transitions celebrated the anniversary by hosting a dinner in August for friends, family and supporters of the program. To learn more, contact Brooks Witter, MA, LPC, and Clinical Intake Director at 303-245-1020 x205

ASPEN RANCH TO PRESENT EQUINE THERAPY MODEL (September 29, 2009) Aspen Ranch, Loa, UT, has announced that their Clinical Director Brandon Burr, Program Director Kevin Knutson and Equine Director Chad Lyman will present their Equine Companionship and Partnership Rituals (ECPR) model at IECA's Fall Conference, November 11-14, in Charlotte, NC. Contact Kevin Knutson at 435-836-1103 for more information.

ROGERS MEMORIAL SEMINAR ON TREATING CHEMICAL DEPENDENCY (September 30, 2009) Rogers Memorial Hospital, Oconomowoc, WI, will be hosting an all day seminar Friday, November 6, 2009, presented by Thomas J. Shiltz, LPC, CSAC, on: Treating Chemical Dependency: Matching Therapeutic Interventions with Readiness for Change. Shiltz has more than 25 years of experience as a therapist, consultant and presenter throughout North America. He is an ad hoc instructor for Cardinal Stritch University and a member of the Academy for Eating Disorders. For more information call 800-767-4411 ext. 1356.

SKLAROW GUEST ON ANSWERS FOR THE FAMILY (September 30, 2009) Mark Sklarow, Executive Director of IECA, was a guest on Allen Cardoza's radio program: Answers for the Family on October 5, 2009, to discuss the role and value of the Educational Consultant and the association's role in hosting one of the most advanced and prestigious educational conferences in the country on November 11-14, 2009 in Charlotte, NC. Educational professionals, consultants and leading college, school and program representatives will come together to exchange ideas and gain critical knowledge regarding the "next big curve" in the changing economic and educational road. Of special note on the agenda is the first-ever "master class" in understanding the adolescent brain.

CATHERINE FREER NAMESAKE FEATURED IN ROCK AND ICE MAGAZINE (September 30, 2009) Julia Andrick, Media Contact for Catherine



Photo by Skyler Jensen

THE GATE OF HISTORY SWINGS ON SMALL HINGES, AND SO DO PEOPLE'S LIVES.

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Freer, Albany, OR, 208-265-8355, 208-255-6920-cell, announced the September issue of Rock and Ice Magazine features an article on Catherine Freer, the namesake of Catherine Freer Wilderness Therapy Programs. The article reflects on Freer's experiences and how, in the 1980's, she was recognized as one of the top female climbers in the country.

SOBER COLLEGE FILMS BABY PERFORMING CPR (September 30, 2009) Robert Pfeifer, MSW, Managing Partner and Founder of Sober College, Woodland Hills, CA, 818-274-0304, shared with us news about a project on which several students from Sober College are working: A film and public service announcement about Cardio Pulmonary Resuscitation, with eight-month old Baby Peter, son of Melisa Tablada, Sober College's Director of Administration, who took a starring role in this cute and attention grabbing film

NEW SPECIAL ED COORDINATOR AT ELAN SCHOOL (October 1, 2009) Elan School in Poland, ME, is pleased to welcome Ande (Andrea) Lane, Special Education Coordinator, to their Education Department. Ande completed her Bachelor's in Special Education at the University of ME at Farmington, double majoring in Emotional Disabilities/Behavior and Plant Science. She also worked as a special education teacher and later as a Teaching Principal at an elementary school. Ande developed her own business in 1999, Western Maine Educational Services, serving as an Education Consultant for Maine's home school population. In 2004, she became a full time administrator and in December 2007, she received her Master's in Education Leadership from the University of Southern ME. To learn more, contact Connie Kimball, Admissions Director, at 207-998-4666 x122.

SOLTTREKS FACILITATES WOMEN'S TREK (October 1, 2009) Lorri Hanna, the Executive Director and Co-Founder of Soltreks in Two Harbors, MN, 218-834-4607, facilitated a trek for women on October 23-30, 2009 in their New Mexico location. This trek provided an opportunity for women to explore their "Real" selves through meaningful and creative activities and to hike within the beautiful setting of nature.

RUBIN AND COHEN JOIN FORCES (October 3, 2009) Kim Rubin and Cynthia Cohen are happy to announce that they have joined forces

and are working together as associates at Rubin Cohen Educational Resources based in New York City. They will be working with, and assisting, clients across the US and internationally. In addition, they are very excited about the synergy between them and look forward to participating in IECA and other professional organizations. Contact Cynthia Cohen, MSPH, at Rubin Cohen Educational Resources, 917 -754 -5284, for more information.

COOPERRIIS CLIENT FEATURED IN NAMI VOICE NEWSLETTER (October 6, 2009) Virgil Stucker, Executive Director of CooperRiis in NC, 828-899-4673, announced that the National Alliance on Mental Illness (NAMI) featured a client of CooperRiis in their Fall 2009 (Issue #17) newsletter Voice.

BOULDER CREEK ACADEMY ANNOUNCES FAMILY EXPEDITIONS (October 6, 2009) Shawnale Wilson, Director of Admissions at Boulder Creek Academy in Bonners Ferry, ID, 877-348-0848, announced the Adventure Education department at Boulder Creek Academy has developed two new trip categories. In recognizing the therapeutic value of working with the whole family unit, they will now include siblings on two of their parent /child trips. In addition, they will also start offering alumni trips for former BCA students as an opportunity to reconnect and to reinforce the principles they learned during their time at the school.

HOLIDAY ONLINE AUCTION TO BENEFIT HORIZON HIGH SCHOOL (October 7, 2009) Horizon High School in Madison, WI, one of 21 not-for-profit student-centered recovery schools in the nation, will be hosting an online auction November 1-12, 2009, to benefit teenagers working toward success in sobriety, school and life. All proceeds will go toward scholarships for Horizon High School students. For more information visit their website or contact Jan Fulwiler at 608-831-4073

KNOPF VERMONT DEPUTY COMMISSIONER OF EDUCATION (October 8, 2009) A Vermont news source has announced Rae Ann Knopf, formerly of Aspen Education Group and CEDU, was confirmed as Vermont's Deputy Commissioner of Education by the State Board of Education. Rae Ann was set to begin her duties October 11, 2009.

RESULTS REPORTED FROM WELLSPRING CANADIAN WEIGHT LOSS

CONTINUED: SNH/ 14

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— Former Patient

SNH:

- CAMP** (October 8, 2009) The Canadian Press reports Wellspring, a US-based youth weight loss program, opened its first Canadian facility in Squamish, BC, and teens are having success in losing pounds while learning healthy eating habits.
- HAZELDEN SURVEY: "FOUR GENERATIONS OVERCOMING ADDICTION"** (October 8, 2009) Hazelden treatment center, Center City, MN, announced the findings of a survey of teens and parents and their attitudes towards parent-child communications about alcohol and drugs. It has inspired Hazelden to launch a national "Four Generations Overcoming Addiction" campaign designed to spark conversations about the dangers of addiction among Generation X, Baby Boomers, Millennials and the Greatest Generation. Contact Christine Anderson at 651-213-4231.
- SILVERADO ACADEMY CELEBRATES YEAR THREE** (October 8, 2009) Silverado in Panguitch, UT, will mark their third year anniversary on October 31 and announced they have started accepting applications for enrollment in a girls' program they are adding which will be on a gorgeous girls' campus. In addition, in view of this addition, Silverado Boys Ranch has changed the name to Silverado Academy to reflect their program and vision. Contact Denise Westman, Director of Development, at 435-676-8482 or cell 435-690-9185 for more information.
- ALPINE ACADEMY TO BE FEATURED ON TRAVEL CHANNEL** (October 8, 2009) Janet Mulitalo, Program Director at Alpine Academy, Salt Lake City, UT, 435-228-0100, tells us that Alpine Academy has been selected to be a part of a special program broadcast by The Travel Channel. This program will focus on offering resources and tools to families whose girls are struggling with depression and anxiety. Filming and production are already underway. A release date in late 2009 is anticipated.
- OLIVERIAN RECEIVES GIFT IN SUPPORT OF PHOTOGRAPHY PROGRAM** (October 8, 2009) Barclay Mackinnon, Head Emeritus/Director of Admissions at The Oliverian School in Haverhill, NH, 603-989-5100, announced Oliverian recently received a major gift to establish and support a photography program at the school from Dr. Sue Edbril and Ken Witkin, mother and step-father of Hanni M. and other members of the Edbril family and a close family friend, in memory of Dr. Edbril's late father.
- LIVING WELL TRANSITIONS EMBARKS ON PATH OF FREEDOM** (October 9, 2009) Brooks Witter, MA, LPC, Clinical Intake Director at Living Well Transitions, Boulder, CO, 303-245-1020, x205, announced Living Well Transitions has begun to implement the "Path of Freedom," developed by Sensei Fleet Maull, a training curriculum that teaches mindfulness-awareness meditation, non-violent communication, conflict resolution and leadership skills. All staff attended a two-day workshop with Fleet Maull and will begin a ten-week training course for a select group of clients.
- JONES HEADMASTER AT DISCOVERY ACADEMY** (October 9, 2009) Jennifer Jones, Media Services at Discovery Academy in Provo, UT, 801-682-2315, announced Jonathan Jones has been named the new Headmaster at Discovery Academy. As Headmaster, Jonathan will oversee academics at Discovery Academy, Oxbow Academy, Discovery Ranch and RedCliff. Jonathan holds a BA in Social Science from Westmont College and a Masters degree in History from the University of Northern Colorado. Jonathan has over 20 years experience as a teacher and administrator in public and private high schools in CO, VA, CA and UT.
- DISCOVERY ACADEMY SETS ENROLLMENT RECORD** (October 9, 2009) Jennifer Jones, Discovery Academy, in Provo, UT, 801-682-2315, reports that Discovery Academy set an enrollment record this year when more than 95 percent of the students enrolled chose to continue their programs upon turning 18 years old.
- TURNING D RANCH STUDENT INVITED TO JOIN THE NATIONAL HONORS SOCIETY** (October 12, 2009) Sean Thorne, owner of Turning D Ranch in Thompson Falls, MT, 866-581-9121, is proud to announce that one of their residents attending public school in the community has received an invitation to apply for admission to the National Honors Society. Selection is based on four criteria: service, leadership, scholarship and character. For more information contact Sean Thorne at 866-581-9121.
- SHELTERWOOD GEARS UP FOR ANNUAL SERVICE PROJECTS** (October 13, 2009) John DeVries, Admissions Director at Shelterwood in Branson, MO, 800-584-5005, reports students and staff from Shelterwood are gearing up for major service projects: the annual "Shelterwood Thanksgiving Serve," delivering Thanksgiving food baskets to needy families, helping rake yards for widows and the elderly and helping to build a Habitat home. In addition, they will be loading up the vans and trailers and heading back down to the Gulf Coast region to assist the people in need from Hurricane Katrina, where they will be helping to rebuild a home that was damaged from the hurricane flooding.
- SHELTERWOOD COMPLETES CONSTRUCTION OF A NEW SCHOOL** (October 13, 2009) Shelterwood moved its facilities from Denver, CO, to Independence, MO, in 2008 and is excited to announce the last of the construction is finally completed and students and staff have settled in. The school, set on the side of a beautiful hill, is accessed by walking past a large outdoor swimming pool. The school's top floor has six spacious classrooms, a computer lab, science lab and additional office space. A quick elevator ride takes you down to the weight room/studio area on the second floor and the bottom floor is a full-court gym with six glass backboards and a large stage. To learn more, contact John DeVries, Admissions Director, at 800-584-5005.
- LOGAN RIVER ACADEMY ANNOUNCES NEW GIRLS' PROGRAM** (October 13, 2009) Larry Carter, CEO at Logan River Academy in Logan, UT, 435-755-8400, 866-755-8400, is pleased to announce the girls' program has moved to their new home in Wellsville which was previously occupied by Tavasi. The girls now enjoy a beautiful "home" type of living arrangement in a gender specific environment which includes an entire program and activity schedule dedicated to them and their specific needs, with the focus dedicated to the cultural, social and physical programming issues surrounding girls.
- TWIN RELATIONSHIPS AND EATING DISORDERS** (October 14, 2009) According to Amy Gerberry, Director of Clinical Services at Remuda Ranch, Phoenix, AZ, Remuda Ranch Programs for Eating and Anxiety Disorders has experienced an increase in treating twins with eating disorders, stating, "The twin relationship can be a unique one and there is often a stronger need for comparing and competition with one another. Because twins spend a lot of time together, they tend to want to do the same things together, and that can include eating." To learn more contact Remuda Ranch at 800-445-1900.
- PATHWAYS AND BRINKMAN HOUSE MERGE** (October 14, 2009) Rich Simpson, Owner of Argentina Pathways, located in Bariloche, Argentina, and David Brinkman, Owner of Brinkman House in Bonners Ferry, ID, are proud to announce their new merger. Their two unique programs have combined to become "Pathways Home and Abroad" which provides an exciting educational opportunity for young men, ages 14 to 18 years old, transitioning from a wilderness program, special boarding schools and/or treatment programs. To learn more about this new merger contact Rich Simpson at 208-676-1275 or David Brinkman at 208-610-5627.
- SCORE AT THE TOP'S BIG MOVE** (October 14, 2009) Judi Robinovitz is excited to announce the Boca Raton learning center, Score at the Top, has moved into a brand new expanded space in Boca Raton's first LEED Gold certified Green building located at 750 Park of Commerce Blvd. She invites you to come and visit them after the dust settles.
- OPEN SKY LAUNCHES NEW WEB SITE** (October 15, 2009) Aaron Fernandes, Executive Director at Open Sky Wilderness Therapy in Durango, CO, 970-382-8181, announced the launch of their new web-site which provides families, alumni and referring professionals with the best source of information on Open Sky, including expanded information on their professional team members. In addition, for their alumni students and families, they will be providing a monthly online newsletter with the usual resource materials about health and wellness, updates from current and former Open Sky team members and alumni.
- MEDITATING WITH HORSES** (October 15, 2009) Horse Sense of the Carolinas, Marshall, NC, 828-683-7304, held a series of fall sunset meditations and horse interactions in October and November, at the Horse Sense farm in Marshall, NC.
- WELLSPRING AUTISM NETWORK ADDED TO NASHO'S BOARD OF DIRECTORS** (October 15, 2009) Andrea Mascarinia at Wellspring, 800-418-9319, told us that the National Association of Specialty Health Organizations (NASHO) announced Wellspring Autism Network is its newest member. Joining as a director representing Wellspring Autism Network is William L. Young, Vice President of Network Development. Wellspring Autism Network is a national consortium of like-minded providers that specialize in the treatment of children with autism and developmental disabilities using Applied Behavior Analysis.

CORAL REEF ACADEMY UPDATE (October 15, 2009) Julie C. Elliot, LCSW, LMFT, CART, Program Therapist at Coral Reef Academy in Apia, Samoa, 702-997-7634-Internet phone, 011-685-65158-Samoa, 011-685-7703213- mobile, has updated us on the status of Coral Reef Academy. They want to thank everyone for their thoughts and prayers and to assure all of their friends that the students and staff are completely safe and well. The campus sustained only slight damage from the earthquake and the tsunami, which hit on the south side of the island, completely opposite from where they are located. On October 8, students and staff attended the funeral service for two children of Perelina Ulugia, one of our staff members, to show their support for him in the loss of his son, Jayjay, and daughter, Marilyn. They are deeply saddened by the losses incurred by their Samoan family and have already been assisting with local recovery efforts wherever possible. They have reached out to the Samoan Red Cross and the local Habitat for Humanity to offer their services in rebuilding projects.

CORRECTION: KELLY COREY JOINS PAULA FELDMAN (October 16, 2009) We would like to make a correction from our October issue: Paula Feldman, MS, IECA/Certified Planner, 949-759-0330, announced Kelly Corey has joined her as an educational consultant. Kelly holds a Bachelor's degree in Psychology and a Master's degree in Social Work. Prior to joining Paula, Kelly was the California Director at Provo Canyon School. Kelly can be reached at 951-699-5295.

DANCE AND YOGA AT THE OAKLEY SCHOOL (October 16, 2009) The Oakley School in Oakley, UT, 435-783-5001, is proud to announce they are now offering dance and yoga classes at their school in an effort to provide healthy outlets for their students.

CATHERINE FREER OFFERS PARENT COACHING (October 17, 2009) Sarah Mack, Catherine Freer Wilderness Therapy Programs, Albany, OR, 800-390-3983, announced Catherine Freer is now offering parent coaching to help improve parent-child communication, assist in strengthening relationships and help to create a sustainable home contract for students returning home. To learn more contact Sarah Mack.

HEARTCRY RECOVERY COMPLETES FIRST YEAR (October 14, 2009) Ramon Palacios, Owner of HeartCry Recovery in Bonners Ferry, ID, 208-267-6083, is proud to report HeartCry has completed its first year in operation. This wilderness treatment program is for adult clients, ages 18-45, with a history of alcohol or substance abuse, addictions or relapse and offers either a 3-week or a 6-week program. To learn more, contact Ramon Palacios.

STUDENTS CAN EARN COLLEGE CREDITS FOR WILDERNESS PROGRAMS (October 19, 2009) Marmy Kodras, Marketing Director for Blueprint Education, Glendale, AZ, 800-426-4952 ext 4840, announced Blueprint Education is partnering with Feather River College (FRC) to provide college credits for students and instructors in wilderness programs. Currently, the FRC credit program is available only through another Blueprint Education partner, the ANASAZI Foundation. High school students or ANASAZI employees are eligible for enrollment. Blueprint and FRC hope to expand the course credit program to other wilderness programs throughout the country. Call to learn more.

SUMMIT PREP ALUMNI IN UNIVERSITY OF MONTANA MARCHING BAND (October 19, 2009) Barbara Cunningham, EdD, Admissions and Guidance at Summit Preparatory School in Kalispell, MT, 406-758-8139, shared a recent Summit Prep coed from California took advantage of the in-state tuition opportunity for Summit Prep high school graduates in the Montana state college system and applied to the University of Montana in Missoula for the fall 2009 freshman class. Not only was she accepted, she was also offered a spot in the GRIZZLIES Marching Band.

KILDONAN SCHOOL CELEBRATES 40 YEARS (October 19, 2009) Kildonan School in Amenia, NY, 845-373-8111, is celebrating its 40th year as a School dedicated to helping students with dyslexia reach their academic potential. Originally started in 1969 by Diana Hanbury King and Kurt Goldman, Kildonan has grown from a small campus in Solebury, PA, to 350 acres in Amenia, NY, which now holds separate elementary, middle and high schools with day and boarding programs an option.

WINGATE WAYPOINTS NOW OPEN (October 19, 2009) WinGate Wilderness Therapy in Lehi, UT, is pleased to announce the opening of WinGate WayPoints, a Young Adult Wilderness Therapy Program. Focusing on precise assessments, strength development, relationship healing, recovery and transition, WinGate WayPoints

creates the right experience for young adults ages 18-26. For additional information regarding WinGate WayPoints contact Brad Matheson, Director of Admissions/Partner, at 800-560-1599 or 801-376-2880 (mobile).

OREGON INVESTIGATOR CALLS WILDERNESS SCHOOL RECKLESS IN TEEN'S DEATH (October 20, 2009) The Bulletin reports a Lake County Sheriff's Deputy believes the death of a 16 year old Portland boy attending SageWalk Wilderness School was a homicide and the result of criminal mistreatment and reckless endangerment by the school. No charges have been filed against SageWalk or any individuals, and the investigation is expected to continue for another few months.

FFS NAMES TWO NEW DEPARTMENT HEADS (October 20, 2009) Emmanuel A. Argiros, President of the Family Foundation School, Hancock, NY, 845-887-5213, named a new Athletic Director and a new Health Services Director at the school. James (Willy) Williamson, head soccer coach, physical education instructor and student advisor at FFS since April 2009, has been named Athletic Department Director. Williamson's extensive soccer background is leading the 2009 Falcons to an 11-3 season so far, with three of the school's players ranked in the top five in the district. Also joining the school is Robin Morgan-North, RN, as Director of Health Services. Morgan-North has more than 27 years of hands-on nursing experience, has worked extensively with patients with developmental disabilities, has taught NY State medication certification courses and most recently was Case Manager with the Sullivan County (NY) Public Health Department.

BBC CAMERAS ROLL AT FFS (October 20, 2009) Emmanuel A. Argiros, President of The Family Foundation School in Hancock, NY, 845-887-5213, announced that a BBC production crew has completed two weeks of filming at the school for a documentary being produced about the FFS program. The administration decided to allow the filming after conferring with parents and receiving an overall positive response to the project. The documentary, which is expected to be completed next summer, is intended to show British audiences some of the services available to help troubled teens in the US, as therapeutic boarding schools are not common in Great Britain.

CHADDOCK RECOGNIZED AS AGENCY OF THE YEAR (October 20, 2009) Karol Ehmen, Media Advisor at Chaddock in Quincy, IL, 217-222-0034 ext 324 or 217-430-8696, announced Chaddock, a residential treatment center for children who have experienced severe abuse, neglect or other trauma in their early years of development, is the recipient of the "Agency of the Year" award presented by the Alliance for Children and Families. Chaddock was chosen to receive the award because of its demonstrated excellence in board participation and support, the impact of its advocacy efforts on local, state or national levels and its innovative programs. This award was presented at the Alliance National Conference in Houston.

ALLEMAN JOINS ECHO SPRINGS (October 20, 2009) Echo Springs Transition Study Center in Bonners Ferry, ID, 267-1111, is pleased to announce a recent addition to their program services. Regina Alleman, BSN, RN, is now providing contract services regarding medication management with their students. Services will include reviewing medications and medical history of all newly enrolled students, arranging medical appointments and associated medical needs, and occasional staff education. The service has been extremely beneficial in its first month of implementation, enhancing overall quality of program services.

NWA STUDENTS ATTEND OREGON SHAKESPEARE FESTIVAL (October 20, 2009) Several students and staff from Northwest Academy in Naples, ID, attended the annual Shakespeare Festival held in Ashland, OR, after studying the literary and theatrical classics of Shakespeare in class. The students enjoyed the road trip, which was filled with music and movies, theatre and outdoor cafes. To learn more about NWA contact Dr. Adam McInain, Executive Director at 877-882-0980.

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find pleasure in the right things.

- Plato

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