

Places for Struggling Teens

Published by
Woodbury Reports, Inc.™

"It is more important to get it right, than to get it first."

June 2009 - Issue #178

WHAT YOUNG ADULTS NEED!

By: Lon Woodbury

Thoughts and questions inspired by the book:
The Myth of Maturity

What Teenagers Need from Parents to Become Adults

By: Terri Apter NY: W. W. Norton & Co:2001 ISBN 0-393-04942-6

The author calls them "Threshholders," the young adults between the ages of about 18 and 25.

The book tries to explain why "threshholders" have such struggles in trying to learn how to be adults. Her claim is it is largely because parents withdraw their guidance and support in the mistaken belief or "myth" that young adults need to make their own mistakes and learn from the consequences.

She makes the point that higher percentages of young adults are doing poorly during this transition from adolescence to adulthood when compared to past generations. It seems to come down to expectations according to the author. Parents, remembering their own generation's transition to adult independence and similar stories from their parents, expect that they should do the same "hands-off" attitude to their own "thresholders" that they had desired in their youth. The author makes the point that while the young adults still desperately need the emotional support of their parents, at the same time many of those parents think their involvement is no longer wanted and back off, creating personal crises.

She makes the point that society has changed. The transition to adulthood has different requirements now, independence is harder to achieve, and the challenges are greater than previous generations faced. The "Myth" she talks about is the belief that young adults want total independence. The fact she presents is that while young adults want respect and independence, they also need guidance and active support from their parents. When parents withdraw in a mistaken belief that involvement would interfere with a young adult's independence, the young adult feels abandoned and lost.

The author's recommendations are for parents to continue being actively supportive of their young adult children while working for the balance of also respecting their independence.

Although the author treats the modern struggles of "threshholders" as a fact we need to accommodate, she does not speculate as to the Why or How of this change from previous generations. Speculations might be very fruitful:

Why does the modern generation of "threshholders" have such troubles?

Could it be a result of what we in this network have termed an "entitled" generation?

Have modern "threshholders" grown up with a mentality of expectations, being unprepared for the responsibilities of adult independence?

CONTINUED: Young Adults/ 3

Inside...

Cedar Breaks Academy / 8

Essay:			New Perspectives:	
Needy	Parents	Creating	Solstice, RTC	/ 9
Culture of Entitled Kids/ 3			Reddstone	/ 10
Interviews:			Extended Insights:	
Penny J	ames	/ 5	Life After Soltreks	/ 1
New Perspectives:			Seen N' Heard	/ 15

Adulthood is defined by the willingness to except full responsibility for where you are at in life; no longer blaming others or circumstances.

Joe Westbrook

Woodbury Reports[™] is an information source to help parents find the right school or program when their child has behavioral/ emotional problems. We are specifically concerned with children needing more intensive intervention than local resources or day programs can provide.

Our focus is on high quality and effective Emotional Growth and/ or Therapeutic schools and programs, which can include short- and long-term outdoor programs, family style living arrangements, highly structured boarding schools, therapeutic boarding schools, RTCs or psychiatric hospitals.

An important goal of these schools and programs is to teach self-discipline through consequences, so the child will learn to be more responsible for his/her actions. How attitudes are changed and who is successful is at the focus of each issue of Reports.

WE THANK THE ADVERTISERS

Who make this newsletter possible!!

Woodbury Reports, Inc™ accepts advertising from a variety of schools, programs and services; however, inclusion in the Newsletter does not imply an endorsement of these schools or programs by WRI

Places for Struggling Teens™ is published monthly. One year subscriptions are \$35 USD. Non-Continental US postal orders add \$5 USD.

Places for Struggling Teens™ is published by Woodbury Reports, Inc.™ Lon Woodbury, Publisher.

Copyright © 2009, by Woodbury Reports, Inc.™ All Rights Reserved. Use of materials is allowed without prior written approval if the proper author and publication attribution accompanies the copy. Duplication or republication must include the following information:

WOODBURY REPORTS, INC.™

PO Box 1107 • 7119 2nd Street Bonners Ferry, Idaho 83805 208-267-5550 (p) 208-267-9127 (f) lon@woodbury.com www.strugglingteens.com



ISSN: 1540-3718

Woodbury Reports, Inc.™

Pioneering the Referral Service for Schools & Programs.

The Parent Empowerment Handbook[™] 2008/09



The Woodbury Reports, Inc.™ website award for Schools, Programs, & Consultants included in the Parent Empowerment Handbook™ - 2008/09

A Self-published Directory of 100+ schools and programs nationwide, screened for reputation, longevity and effectiveness. Includes Essays, Transport Professionals, Visit Reports, & Educational Consultants.

Places For Struggling Teens[™]

A monthly publication designed for professionals working with children and young adults that focuses on Emotional Growth Schools and Programs.

StrugglingTeens.com™

Over 30,000 pages of news and information. Award Winning Site Online Since 1995

Consultations

Personalized help for Parents In Crisis: We offer Educational Consultations to help parents think through the out-of-control behaviors their child is exhibiting and suggest appropriate placement options. All of our consultants have raised teenagers and helped many parents professionally. We believe that parents should be in charge in a responsible manner, and we believe in suggesting solutions rather than telling our clients what they should do



Lon Woodbury, MA





Loi Eberle, MA Linda Zimmerman, LPCC





Larry Stednitz, PhD Judith E. Bessette, EdD Stephen Migden, PhD



Content Editor: Denise Woodbury denise@woodbury.com

Layout Editor: Kristie Campbell kristie@woodbury.com

208-267-5550 208-267-9127 fax PO Box 1107 Bonners Ferry, ID 83805

"Some Children just need to be heard, not cured."

Lon Woodbury, IECA, MA, CEP, is an educational consultant who has worked in schools and programs for emotional growth, character education, and consulting for parents of struggling teens since 1984. Prior to that, he taught in public schools and was involved in public policy while working for the US Senate and the Executive Office of the President. Lon received his BS and MA degrees from the University of Idaho. His practice includes a referral service for parents and professionals, and the publication of this Newsletter and the PARENT EMPOWERMENT HANDBOOK,™ a resource of Places for Struggling Teens."

YOUNG ADULTS:

Has this generation received so much orientation into their "rights" that they are unprepared for the necessary complementary aspect of the need for responsibility needed to defend their rights?

Have modern "threshholders" been taught that most or at least many problems can be traced to a psychological disorder over which they have no control, or which can only be managed by reliance on drugs like Ritalin to feel normal?

If there is no chance of control over their own feelings, then is there no need to take responsibility?

Or perhaps has the self-esteem movement left them unprepared for the common "NO" with which adults must live?

Or, maybe as the author explains, is it just one unanticipated result of a society growing so technologically complex that it takes more years for a human to be ready for adulthood?

Anyone wanting to discuss these or other possibilities further can join me for conversation at my blog at http://woodburyreports.blogspot.com/

The best way I know to win an argument is to start by being in the right.

~ Lord Hailshan

'NEEDY' PARENTS ARE CREATING CULTURE OF ENTITLED KIDS

By Rose Mulligan

Examples of American families living out of balance are easily found in today's pop-culture phenomenon of reality-based television programming. And it's easy to watch these shows and condemn the children and their outrageous behavior. But who's really to blame?

In the television program 'The Super Nanny,' viewers watch a child care professional enter the lives of families ruled by spoiled, out-of-control children in an attempt to put the parents back in control. The MTV hit, 'My Super Sweet Sixteen,' documents extravagant birthday celebrations in which parents lavish their entitled teenagers with expensive gifts to avoid their wrath.

"Parents have become needy," says parenting and education expert Malcolm Gauld. "They have created situations in their homes that have spiraled out of control and many are desperate to find help and don't know where to turn."

Rather than serve as mentors and disciplinarians in their children's lives, parents are choosing to become their friends. It's an effort to win over their children's approval and maintain harmony in the

CONTINUED: NEEDY PARENTS/ 4



NEEDY PARENTS:

home, but it has the unintended results of lowering the bar and causing a shift in the balance of power in the household - moving it from the parents to the children.

This parenting trend is spawning a generation of kids who feel and act entitled, who do not respond well to any kind of authority and who are accustomed to being coaxed and manipulated with monetary rewards and empty compliments.

"Parents have become ineffectual in their efforts to reign in bad behavior and address the kind of attitudes most of us don't like to be subjected to, much less see when we're out in the world," says Gauld. "Somewhere, somehow parents stopped paying attention to the kind of people they're offering up to the world and more attention to how to make and keep their kids happy."

But this harmful trend, says Gauld, is not irreversible. Gauld and his wife, Laura - who coauthored the parenting book, *The Biggest Job We'll Ever Have* and who deliver workshops based on the book's principles - offer a blueprint for shifting this course, which includes four guiding principles:

Parents: understand the job - The foundation of parenting lies in a strong understanding of the responsibilities. Most of the unproductive habits parents pick up stem from the roles they "want" to play in their child's life rather than from the role

they "need" to play. Many adults parent in reaction to their own parents, rather than take the best from their life experiences, and learn from, accept and appreciate the struggles they overcame and apply that wisdom to how they raise their kids.

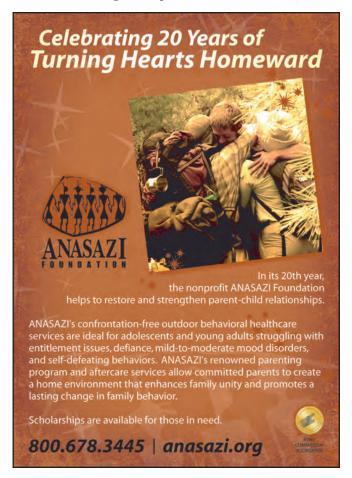
Raise children to be accountable - Life requires young people to work hard, stick with things they don't always want to do, and develop the inner strength to connect their dreams to an action plan. If parents do for their kids what they should do for themselves, they take away opportunities to develop the traits necessary to face life's challenges with grit and dignity.

Build family traditions - The big picture of raising children is done with the actions, routines, and practices that make up a lifetime of memories, habits and character. It is never too late to start a family tradition, and often the value of these actions is seen looking back on one's upbringing.

Example is the true legacy to a child - Parents' own character development will trump any successes and talents they think will inspire their children. Children are more inclined to develop high expectations for themselves when they see hard work and strong principles modeled and they are given a fine balance of space and direction to test that example on their own. Parents should tackle fears, find the courage to pursue dreams and, most







importantly, model the curiosity to continue to grow.

A high school educator for more than 30 years and parenting expert, Gauld and his wife Laura address the parental "letting go" process and other issues with parents and families in their schools and the workshops.

"We try to help parents understand that what they do, what they pay attention to is what they reinforce in their kids' lives. And if they're worried because their kids are unprepared to take on the challenges of independent life, they have to take a look at what they pay attention to and maybe back off."

For more information on Malcolm and Laura Gauld, The Biggest Job book and workshops, and Hyde Schools, contact Rose Mulligan, Media Outreach at 207-837-9441 or by email at: rmulligan@hyde.edu

Everything is changing... People are taking their comedians seriously and the politicians as a joke!

~ Will Rogers

INTERVIEWS...

AN INTERVIEW WITH PENNY JAMES, AN INDUSTRY LEADER

By Judith E. Bessette EdD

At the conclusion of the successful 2009 NATSAP Annual Meeting in Austin, Texas, a conference honoring the tenth anniversary of the organization, I had the opportunity to spend a few minutes talking with Penny James, the conference chair. Penny is also one of the founders and the current Director of Explorations, a family-based program in Montana that has been in operation for twenty years. I was interested in learning about how she got started in this business, her observations about how her program — and the industry as a whole — has changed, and about her involvement in NATSAP.

Tell me how you got involved in this work...

In the mid-80's, I had several jobs working with kids — as a camp counselor with both LD kids and gifted kids. I did some work in vocational counseling with developmentally delayed students and served as a volunteer GED instructor for inmates at a state prison. A few years later, I began working in the field of troubled teens at one of the original therapeutic schools. That was in the 80s and I had the good fortune to be surrounded with many of the first generation folks that worked with kids here in

CONTINUED: PENNY JAMES/ 6



BENCHMARK YOUNG ADULT SCHOOL

The Solution for Troubled Teens & Young Adults

For students who are struggling to find success, Benchmark can be the answer. As a residential emotional growth school for young adults 18-28 years of age, Benchmark's mission is to prepare young people to become capable of attaining their own level of emancipation and independence.

Benchmark's proven results set the standard as a transitional living school by providing an environment built for success. Our established curriculum includes an exclusive combination of dynamic emotional growth classes, traditional educational options, independent living and relationship development situations, caring and experienced life coaches and mentors as well as real-life work skills opportunities. They will stretch their wings - and fly!

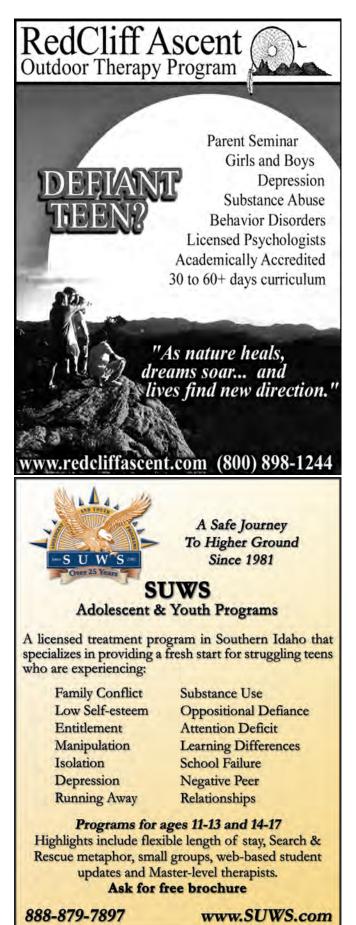


For information and admissions call Richard Brimhall

1-800-474-4848

admissions@benchmarkyas.com

Visit our web site at www.BenchmarkYoungAdultSchool.com



PENNY JAMES:

Montana. Trout Creek (Montana) had become my home and my partner and I decided to give our own program a try. We wanted to create a home-based program — not a group home — but a place that was high-touch, nurturing and operated on a family model. We ran a pilot program during the summer of 1989 and started operating year round the following summer. I believe Explorations was a real pioneer in home-based programming.

How has Explorations changed over the years?

Many things have changed for us – as well as for the industry as a whole — including heightened emphasis on meeting students' clinical needs and increased checks and balances that a home-based operation needs. For instance, we have our therapists come into the house to see things "up close and personal." We are also doing considerably more work with families, using a family systems approach.

Do you ever think about retiring or moving on?

Funny you should ask! A couple of years ago — 2003 to be exact — we decided to sell but agreed to stay on and run the program. Within a few months we recognized, as did our new owners, that this was not a marriage made in heaven. Our home-based model was too different from the rest of their programs. At the same time, my husband (and business partner) and I realized we'd been running our program too long as the owners to become employees.

We were able to come to a mutually acceptable agreement and we took the business back. The experience led to us re-thinking everything...our school year model... our summer programs...even our personal relationship and family life. At the end of the summer of 2007, we had a moratorium on enrollments so we could spend the time to focus on our family and personal issues. In April 2008, I became the sole owner of Explorations. Although I have owned and operated a program for nearly 20 years, I was worried and excited like only a new owner can be! I had spent the previous winter examining every aspect of Explorations. I implemented some new program ideas and a new business model. I began to surround myself with experienced people who believed in the same values with regard to kids, families and the work we all do. My ex-husband is pursuing a new career – but in a direction that has pulled at him for a long time. He's just up the road so our kids can spend plenty of time with him.

What happened next?

As the sole Director of the program, the buck now stops with me. And, as I said, I found that exciting and scary all at the same time. I think the summer of 2008 launched a new chapter for Explorations. With Leona Gollen, my right-hand gal, at my side

and with the programmatic support of Dan Ward as our Summer Coordinator and Larry Culp as our Treatment Team Coordinator, we jumped into uncharted waters together. It was great! Small, individualized – back to the roots of Explorations! And, we enjoyed a summer filled with laughter! Joy about our work! We've got 4 young men in residence at the house now, all of whom started last fall. We're still a co-ed home during the school year but this year, it just worked out that we had all boys. I've enjoyed a nearly 20-year collaborative relationship with our public schools and the local community and believe that much is available here for the right kid and for their family.

I'm looking forward to this coming summer. It should be very exciting. In addition to our 52 and 55-day adventure courses for boys and girls, we've added a Boys-Only 3-week Personal Leadership Course that includes a family trip and also added a Women's Empowerment Experience, focusing on relevant issues for young women 16 - 19. We are also offering a pilot joint venture with Montana Academy for prospective female students. Any female students enrolled in our summer program that are candidates for MA will enjoy a high level of collaboration between our therapists and those at MA. It's a new idea to blend the treatment continuum, save families some money and hopefully provide smooth transitions for kids and families.

So, tell me about your involvement with NATSAP.

I was invited to the very first organizational meeting in 1999, but I had just become a new mom and had a baby with some special health issues. I did get involved soon after in the first Ethics Summit in Santa Barbara in the summer of 2000 and that led to a great deal of time and effort spent on developing the guiding principles of NATSAP. While everything about the organization has been tweaked over time - and through the tenure of three executive directors — much of the original intent of the organization — to serve as a "national resource for programs and professionals assisting young people beleaguered by emotional and behavioral difficulties" (directly from the NATSAP website) remains intact. Cliff Brownstein recently took over the helm as the newest Executive Director, and I have all the confidence in the world he will continue to guide the organization well.

I served on the NATSAP Board for eight years...and it's been a real pleasure and honor to serve. I had the privilege to "round table" with some of the brightest, most creative and heart-centered folks in our industry. I miss it greatly. However, I have recently been appointed by Montana's

CONTINUED: PENNY JAMES/ 8





Since 1968, Eckerd Academy has specialized in helping troubled kids turn their lives around:

- Serves boys and girls, ages 10 - 18
- Individualized treatment and academic plans
- Focus on emotional growth and longlasting changes in attitudes and behaviors
- SACS CASI accredited, licensed, members of NATSAP

ECKERD ACADEMY

A division of Eckerd Youth Alternatives, Inc. Campuses: Brooksville, FL • Deer Lodge, TN • Suches, GA

Admissions: 800.914.3937 www.EckerdAcademy.org

PENNY JAMES:

Governor to serve on the Board for Private Alternative Adolescent Residential or Outdoor Programs (PAARP). We are working hard to establish standards and regulations for Montana programs.

And what do you do for fun?

Well...all of this has been fun! My job is truly a way of life. But I do have big fun — and learning moments — as the mother of 3 — an 11th grader, a 7th grader and my "baby" who's in 4th grade. Most of the things I do in my free time surround my kids! I've served on our local public school board since 2001, am a Girl Scout leader and spend a lot of time sitting in bleachers....watching my kids participate in sports. Me time? I love to read, walk, garden and spend time with my friends and my incredible family. Pretty simple stuff!

A person who has a cat by the tail knows a whole lot more about cats than someone who has just read about them.

~ Mark Twain

NEW PERSPECTIVES...

[New Perspectives schools and programs are those new to Woodbury Reports, Inc., and are presented to expand your knowledge, with the disclaimer that we know little more about them at this time than what appears here. Inclusion in Places for Struggling Teens $^{\text{TM}}$, of course, does not imply any endorsement by Woodbury Reports, Inc. -Lon]

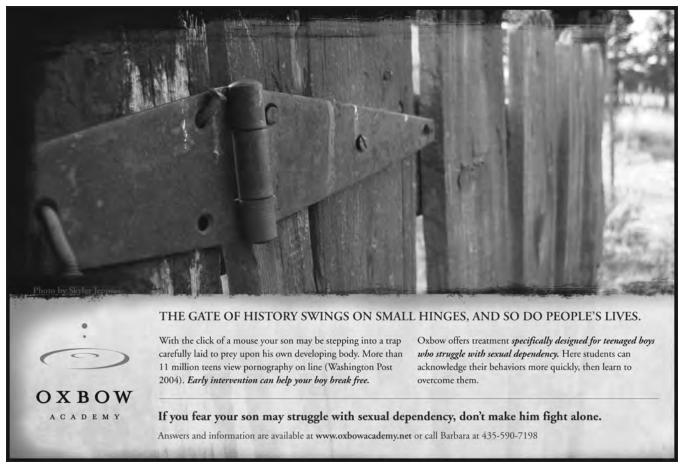
CEDAR BREAKS ACADEMY

Parowan, UT Natalie Townsend, Family Representative 800-793-7401

admissions@cedarbreaksacademy.com www.cedarbreaksacademy.com

Cedar Breaks Academy is a licensed residential treatment center for troubled girls ages 12-17 who may struggle with behavioral problems that include family conflict or have poor emotional control such as uncontrollable anger or manipulation, sneakiness, substance abuse, fighting and gang involvement or have academic and school problems. In addition, Cedar Breaks Academy accepts students who have been diagnosed with eating disorders, Reactive Attachment Disorder (RAD), ADD/ ADHD, Oppositional Defiant Disorder or is a danger to self or others. The average length of stay for students is 9-12 months.

Destry Balch, LPC, NCC, is the Clinical Director. Jamie Bonnett, who has been with Cedar Breaks Academy for four years, is the Program Director. Suzy Staheli is the Director at the academy. Licensed



in the State of Utah under the Department of Human Services as a Residential Treatment Center/ Therapeutic Boarding School, Cedar Breaks is accredited through the Northwest Association of Accredited Schools (NAAS) and can accept foreign exchange students. Academics include one on one tutoring, daily study halls and an offering of both college preparatory and general academic curriculum, as well as SAT and ACT college placement testing available. An onsite Special Education teacher is available to work with students with learning disabilities and other issues.

As part of its residential treatment center program, students participate in daily group therapy, weekly individual therapy with an assigned therapist and monthly family therapy. Experiential therapy and recreational therapy includes a ropes challenge course and bi-monthly equine therapy, with Life skills training and community service activities rounding out the curriculum for students.

Because of their location, students at Cedar Breaks Academy participate in recreational activities that include hiking, fishing, camping and biking in nearby Zion National Park, Bryce Canyon National Park or one of many spectacular recreational areas all within two hours from campus.

[This information came from the Cedar Breaks Academy website.]

SOLSTICE, RTC

Kaysville, UT

Kyle S. Gillett, Admissions and Marketing Director 801-444-0794

<u>kgillett@solsticertc.com</u> <u>www.solsticertc.com</u>

Solstice RTC is a new residential treatment facility for troubled girls ages 14-17 years old who may struggle with body image issues such as eating disorders and self harm, academic struggles, low self esteem, depression, substance abuse and family conflicts. In addition, these troubled girls may have difficulties with oppositional defiance, adoption and attachment issues and Aspergers disorder.

Founders of Solstice include, Dan Stuart, the Executive Director and Clinical Director, Kyle Gillett, Admissions and Marketing Director, with a PhD, in Marriage and Family, Keoni Anderson, the Residential Director and Addictions Counselor, and Brett Jensen, with an MBA in finance and Bachelors Degree in Education, who serves as the Financial Director.

Students at this residential treatment facility receive individual therapy, specialized group therapy, chemical dependency counseling, monthly family therapy sessions and EAGALA certified Equine Assisted Psychotherapy. In addition to traditional 12 step counseling, students participate in additional substance abuse treatment including SMART

CONTINUED: SOLSTICE/ 10







Building Relationships THROUGH TRUST

WOODLAND SPRING LODGE PROVIDES nurturing therapeutic residential care for children ages 8-17 who are experiencing emotional and behavioral problems. We work with families to help children establish rewarding relationships and goals. Our lodge is located near St. James, Missouri, 90 miles from St. Louis, in the beautiful Missouri countryside.

Visit us on the web at www.woodlandspring.org Or call our admissions office at 573.265.3251

Woodland Spring Lodge is a program of Boys & Girls Town of Missouri.



"Transforming Crisis and Chaos into Commitment and Change"

- ◆Private boarding school for girls, 13-18 years of age.
- + Strong educational curriculum.
- Emotional growth counseling, emphasizing accountability and personal responsibility.
- + Open enrollment, maximum 58 students.
- Accredited by the Northwest Association of Schools and Colleges.
- + Licensed by the State of Oregon.
- Member of the National Association of Therapeutic Schools & Programs.

800-910-0412

Admissions:
Denise Kelly-Simpson, dksimpson@academyatsisters.org
Fax (541) 389-2897
PO Box 5986, Bend, OR 97708-5986
www.academyatsisters.org

ASPEN ACHIEVEMENT ACADEMY

800-283-8334

Fax: 435-836-2477 www.aspenacademy.com

- dmissions@theaspenacademy.com
- 15 Years of Experience
 M.A./Ph.D. Clinicians
- Fully Licensed and Accredited
- Multi-Day Family Workshop
- Accredited Academic Component
- Individual and Group Therapy
- On Site Psychological
 & Educational Testing
 Available
- Psychiatric Services Available
- · JCAHO Accredited



Discover the Fire Within...

Aspen Achievement Academy is a licensed treatment program with an accredited academic component that integrates a sophisticated therapeutic model with an experiential education curriculum in a healing wilderness environment.

Aspen specializes in helping 13-17 year old adolescents who exhibit self-defeating characteristics such as: low self-esteem, depression, substance abuse, oppositional defiance, ADD/ ADHD, school failure, family conflict, negative peer relationships, manipulation and entitlement.

"An enlightened approach and an exemplary reputation..." Los Angeles Times Magazine

"...one of the nation's most reputable programs...." US News & World Report

ASPEN ACHIEVEMENT
ACADEMY HAS BEEN HELPING
FAMILIES SINCE 1988

SOLSTICE:

recovery, REBT, Women for Sobriety, Life Ring and other cognitive approaches.

Solstice is accredited by the State of Utah and the Northwest Association of Accredited Schools (NAAS), with academics based on a "Hero's Journey." which includes universal themes found in literature, theatre and films, where the student works through phases and challenges to become her own "Hero." incorporating both the academic and therapeutic program. Experiential learning, also part of the curriculum, includes field trips, camping trips and hands on learning adventures.

The troubled girls participate in nutrition classes, meal planning and preparation and daily cardiovascular workouts, leading students into choosing to participate in community 5K runs, triathlons or century bike rides.

[The information for this New Perspective came from the Solstice website and electronic brochure.]

REDDSTONE

Wickenburg, Arizona Sharon Pollei, Admissions Sharon.pollei@remudaranch.com www.remudaranch.com

ReddStone, a new program of Remuda Ranch, opened in October 2008. This program is for boys ages 8-17 who are experiencing eating disorders such as anorexia, bulimia or binge eating, or anxiety disorders including: Obsessive Compulsive Disorder, panic disorder, Agoraphobia, Social phobia or Trichotillimania. The minimum placement for these young men is 60 days.

Sam Lample is the Assistant Clinical Director/Director of ReddStone. He has been with Remuda Ranch for 8 years. Pam Micca, MA, LPC, is the Clinical Director and has been with Remuda Ranch for 10 years. Accreditation and Licensure is through the Arizona Department of Health Services, Office of Behavioral Health Licensing and the Joint Commission Accreditation (JCAHO). They are also a full member of NATSAP.

Through a multi team approach that consists of a Psychologist, therapists, a registered dietician, RN's, LPN's and an Education Coordinator, the boys participate in cognitive behavioral therapy that includes individual and group therapy, family therapy and "side by side" active therapy. It includes core strength building at the local fitness center two times a week, equine and canine therapy, martial arts and a ropes challenge course with both a high and low ropes course, a rock climbing wall and a zip line

Gender specific groups address issues of self body image, nutrition and health. In addition, recovery groups utilize video clips from movies for discussions on the positive roles and values that males portray in society.

For recreation, the young men have access to a fully equipped game room with pool tables, Xboxes and Playstations.

[This information came from the ReddStone website and interview with Sam Lample.]

EXTENDED INSIGHTS...

LIFE AFTER SOLTREKS

Dear Lorri and Soltreks staff, 12/1/08

Hi! I miss Soltreks so much. My first day out of it was very uncomfortable. I ate chicken for the first time in weeks and slept in a bed, I enjoyed neither. I did enjoy my time in another state and realized how grateful I was for my family and our beautiful home there. At first it was really hard to open up. I was still adjusting to my once normal life, and with all the memories from Soltreks and the lessons I learned, I felt I was in my own little world sometimes.

I returned home and went to my new school. My first day there was on a three day retreat. I met the girls who accepted me right away. I thought they were very nice, just so immature. The way they acted toward adults and other girls was very rude. I had forgotten that most girls acted that way. One of the girls even offered me a cigarette, which I kindly said no to. The only person I really opened up to about my summer was a guy named ****** who I could trust. He was sweet and liked to listen to what I said. I considered him my closest friend, and in a way his sense of humor and his kindness reminded me of another old friend ***, who I can no longer see.

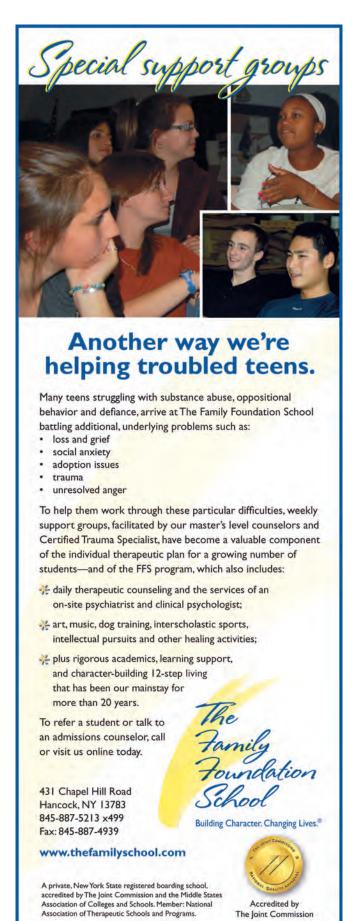
When I came home from the retreat I was very excited to go back to school. I felt so close to everyone there and I felt accepted by everyone. Less than a week later, ******* and I started to go out. I could so easily trust him and I found it so easy to tell him Soltreks stories. Often I would cry while telling him and he hugged me and told me he loved to hear the stories. Though we have had our fights, we are still going out.

It was also so nice to see a majority of my friends again. I even met up with a very good friend from middle school. She and I had fought a lot last year, however she was impressed by my journey at Soltreks and she and I really opened up and made up for our previous fights. I think we can continue to have the close and trusting relationship I had missed so much.

Things between my mom and me are ok. Much better compared to last year, yet we do have our fights. I lose control multiple times during the fights and I am still looking into why. She and I are planning on having a big talk next weekend. I do think I can open up to her a lot more and we work things out well after fights. Also I have definitely noticed how she has changed. She doesn't pester me nearly half as much as she did about homework and she approaches me about issues very calmly. I'm grateful and I respect her new behaviors.

My sisters and I are getting along amazingly! I have noticed they come to me about a lot of things and tell me what is going on in their lives. I can also tell them a lot and I share with them things I learned from

CONTINUED: SOLTREKS/ 12



SOLTREKS:

Soltreks. I consider them friends once again and it is a great feeling.

I thank God everyday for Soltreks. I am so happy I had that amazing opportunity and now it is like I am seeing the world with new eyes. Thanks to Soltreks, I have old friends back in my life, a great boyfriend (who thinks I look best without makeup), a closer relationship with my family and with God. Thank you so much for changing my life!

Love, ******

P.S. I hope to return to Soltreks in some way.

Note: Permission to publish this letter from a graduate of Soltreks (a wilderness program headquartered in Minnesota) came from the student's mother and is on file at Woodbury Reports, Inc. It provides a helpful insight into what a typical graduate goes through after an intensive emotional growth wilderness program. The homes refer to her parents' homes. If you are interested in contacting the mother about her experience, send an e-mail to lhanna@soltreks.com or denise@woodbury.com. Legitimate e-mails will be forwarded to the parent.

Happiness is not a station you arrive at, but a manner of travelling.

~ Margaret B. Runbeck

TYLER RANCH

f your boy suffers from low self-esteem, anger problems, or is not reaching his potential in school, Tyler Ranch can help. Since 1978, our staff and home-based program have achieved positive results and created successful futures for our participants. Don't wait for the problems to get worse. The Tyler Ranch program can stop the downward spiral and bring hope to troubled boys and their families.

For an informative brochure, contact:

Tyler Ranch, Inc.,

4921 West Rosewood 509-327-6900 Spokane, WA 99208 800-368-7159

Cross Creek Programs

"Not Just Programs, But A Solution"

- Residential Highly Structured Therapeutic
 - · Separate Boy and Girl Programs ·
- High Values Substance Abuse Year-Around
 - Non-Denominational
 - Youth and Parent Seminars
- Accredited Junior High and High School Programs
 - Full Psychological Testing Available •
 - Community Service & Activities
 Loans
 - ••Warranty Program ••

Call 1-800-818-6228

SEEN N' HEAR D

FOUR CIRCLES ON "INTEGRATING SPIRITUALITY INTO THERAPY"

(April 18, 2009) Jack Kline, Executive Director at Four Circles Recovery Center, Horse Shoe, NC, 877-893-2221, reports Four Circles will co-host the second annual professional development workshop at their base camp on June 5, 2009. Guest speaker for this one day event is Dr. David Powell, President of the International Center for Health Concerns, who will speak on "Integrating Spirituality into Therapy."

VISTA COUNSELING OFFERS DBT

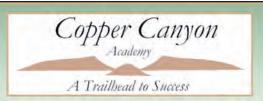
(April 20, 2009) Mike Checkett, Director and Owner of Vista Counseling Services, Salt Lake City, UT, 801-910-5891, announced Vista Counseling is now providing Dialectical Behavior Therapy (DBT) services, including groups that focus on emotional regulation and development and integration of adaptive coping strategies.

LETTER TO NEW HORIZONS FOR YOUNG WOMEN

(April 21, 2009) There is a new letter posted to the editor from a past graduate of New Horizons for Young Women. This can be viewed in its entirety on the struggling teens website.

FLYING H YOUTH RANCH DEDICATION CEREMONY

(April 21, 2009) Bob Hostetler, Director of Development at Flying H Youth Ranch, Naches, WA, 509-658-2990, announced there was a dedication ceremony and BBQ lunch and tour for guests in honor of the new school building on May 16, 2009.



Nestled in a scenic Central Arizona valley, Copper Canyon Academy offers a boarding school for girls ages 13-17 with behavioral, emotional or learning problems. We believe that by combining a warm, caring, structured environment, students will develop self-esteem, self-awareness, self-reliance, self-confidence, and self-management.

Our program offers:

- Comprehensive, therapeutic program including individual therapy, group therapy and family therapy
- Equine therapy and canine therapy
- Essential and extensive family involvement
- Intensive physical fitness as part of daily life
- Accredited college prep academic program

Contact Darren L. Prince for more information (928) 567–1322

Email: admissions@coppercanyonacademy.com www.coppercanyonacademy.com

An Aspen Education Group Program. Help for Today. Hope for Tomorrow.

SOAR FALL AND SPRING SEMESTER OPPORTUNITIES

(April 22, 2009) SOAR (Success Oriented Achievement Realized), Balsam, NC, 828-456-3435, announced their upcoming semester programs: Fall semester in the Appalachians, September 8-December 5, 2009; Fall semester in the Rockies and Yellowstone, September 9-December 6, 2009; Spring Southeast Coastal and Latin America semester, January 8-May 9, 2010; and Spring California Coastal and Desert Southwest, January 9-May 9, 2010. For additional information, contact Jonathan Jones, Executive Director.

BETH LAUGHLIN LEAVES VIVE

(April 22, 2009) Beth Laughlin has announced that she is no longer with VIVE, Inc. Her new contact information is: mobile phone, 919-428-0048.

RESIDENTIAL PROGRAM IN DAYBREAK CANYON OPENS

(April 22, 2009) Larry McArthur, CEO and Founder of Daybreak Canyon, Rupert, ID, 208-312-4117, announced Daybreak Canyon is officially open. This unique program is a green, residential treatment center for young men ages 12-17 who are struggling with academics, negative behaviors and friendships or alcohol and drug abuse. COO and Founder, Dustin Larna, has previous experience working with adolescents in residential care in both AK and ID, and Jen McArthur is the therapist at

Daybreak Canyon. She has spent several years working with teens in boarding schools, wilderness programs and outpatient therapy settings. For additional information, contact Larry McArthur.

VIVE! HOSTED FREE PARENT COACHING CONFERENCE CALL (April 22, 2009) VIVE!, Inc., Boulder, CO, 866-645-1781, recently presented their second free parent coaching conference calls in the VIVE Family series, presented by Leslie Potter and VIVE's Director of Training and Parent Coach, Rohini Ross. These calls are designed to answer

parenting questions, offer live advice and offer support. For more information contact VIVE!.

JACOB FRANCOM VISITS WOODBURY REPORTS

(April 23, 2009) Jacob Francom, MA, Program Director at Turning Winds Academic Institute in Troy, MT, 406-295-5401, was in the area and stopped by Woodbury Reports, Inc., Bonners Ferry, ID, for a visit.

VOGEL INTERIM HEAD AT OLIVERIAN SCHOOL

(April 24, 2009) Mike Doherty, Admissions Director for the Oliverian School, Haverhill, NH, 603-989-5100, announced Gregory Vogel has been appointed Interim Head of School at CONTINUED: SNH/ 14





For many young men and women, leaving home and transitioning to college or the work world is a daunting and overwhelming challenge. Thrust into the real world alone, with few advocates, they often are overwhelmed by isolation and lack of structure and support. Robert Fischer, M.D., psychiatrist, cofounded **Optimum Performance Institute** in 2004 to meet the needs of these young adults, ages 17-25.





OPI Offers:

- · Extensive therapy, counseling and emotional support
- Motivational stimulation utilizing mentors and unique opportunities for personal growth
- Boutique educational packages
- Weekend seminars, lectures, and outings
- A multifaceted chemical dependency program
- Special groups for those needing help with social skills

OPI is located in Woodland Hills, California near Los Angeles For Admissions call (888) 558-0617. www.opiliving.com









High Frontier

High Frontier is a non-profit Residential Treatment Center for emotionally disturbed adolescents, ages 12 to 18, with a documented history of severe behavioral and/or emotional problems who cannot be served in a less restrictive environment.

GOALS ARE TO:

- · Build a positive value system
- Assess resident's level of functioning developmentally, emotionally and academically
- Develop & implement services to help the resident meet goals.
- · Provide each resident with living skills
- · Assist residents to work with their families
- · Develop a discharge/aftercare plan

PO Box 1325 Fort Davis, Texas 432-364-2241 Fax: 432-364-2261

high.frontier@sleschools.org

Are you looking for the best way to help your struggling teen change . . .

from underachievement to success,
from negative withdrawal
to positive
reengagement with life,
family and future?



a NW Montana non-profit therapeutic boarding school

Where Transformations Happen

www.summitprepschool.org 406-758-8113

S_NH·

Oliverian starting July 1, 2009. Barclay Mackinnon will remain in his role of Head of School until July 1. Greg has been the Assistant Head of School and served as the Dean of Students and Dean of Faculty during his first two years. Greg previously worked at Dartmouth College in the development office and with the men's college soccer team.

ISLAND VIEW ANNOUNCES CHANGES

(April 24, 2009) Island View RTC, Syracuse, UT, is implementing several enhancements that will provide better service to residents, parents and referral sources. These include a co-ed team for upper level residents, an adoption seminar and a re-alignment of some of our clinicians and management staff to better serve our clients. Additionally, some staff has been reassigned to more specific roles, Jason Drake, LCSW, is now the Clinical Program Manager for the Boys' and Co-ed Teams and Kim Hill, LCSW, is the Clinical Program Manager for the Girls' and DBT Teams. Both report directly to Steve Lancaster in his enhanced program director role as the Clinical & Residential Services Director. For more information contact Don Vardell, Executive Director at 866-952-7930.

SPRING HAPPENINGS AT ECHO SPRINGS

(April 24, 2009) Echo Springs Transition Study Center, Bonners Ferry, ID, 208-267-1111, announced several exciting happenings which include: five students (including 3 graduates) who currently attend North Idaho College are members of Phi Theta Kappa, an international Honor Society for two-year colleges; all students in the first phase have begun preparations for the summer Alaska experience. The course, "Cultural Anthropology and Ecology of Interior Alaska" offered by North Idaho College, culminates in a two-week trip into the remote Brooks Range region. Three students in phase two will be leaving on a European trip for two weeks in May with director Doug Kim-Brown.

AMANDA THOMAS LEAVES VIVE

(April 24, 2009) Amanda Thomas has announced she is no longer with VIVE, Inc. Her new contact information is: phone: 303-775-1779.

ANASAZI FUNDRAISING CAMPAIGN

(April 27, 2009) ANASAZI Foundation, Mesa, AZ, 800-678-3445, has a launched a \$500,000.00 fundraising campaign to aid young people from families impacted by the current economic downturn, by extending services to parents who are unable to secure financing or obtain services from other providers. For additional information contact ANASAZI.

SORENSON'S RANCH CELEBRATES 50 YEARS

(April 27, 2009) Koosharem, UT, 435-638-7318, is celebrating its 50th year. Sorenson Ranch School is for students with substance abuse, low or non-existent self-esteem, learning difficulties, dropping out of or being expelled from school, extreme mental stress, and Reactive Attachment Disorder. It is accredited by NAAS and JCAHO.

OPEN SKY RECEIVES AWARD AND WELCOMES NEW STAFF

(April 27, 2009) Danny Frazer, Business Development and Marketing Director for Open Sky, Durango, CO, 970-382-8181, shared with us that Open Sky was named as a "Colorado Company to Watch" award winner and will be presented an award on June 25th, 2009. In addition, with the completion of its spring New Field Guide training led by

Emily Isaacs, the new Assistant Field Director and Derek Daley, Field Manager, Open Sky has hired six new field guides: David Clark, Amber Fisher, Kaitlin Hager, Harlan Hayes, Thea Stanford and Robin Wolthausen. Rosa Malloy-Post, a former Open Sky student, will also be joining Open Sky as an academic intern.

LEAPNOW OFFERS Two Programs

(April 27, 2009) LEAPNOW Transforming Education, Calistoga, CA, 888-424-5327, offers two programs: LEAPYEAR, an alternative college year with a full year of college credits. Students travel and study in India or South America during the fall semester with peers and adult leaders and do a 3 month internship that they choose from a database of thousands of options in 126 countries. In One Revolution, students spend five months exploring culture and service in Guatemala, India and Uganda. For more information contact LEAPNOW.

KING GEORGE SCHOOL'S ART EXPRESSION

(April 27, 2009) King George School in Sutton, VT, 802-467-1200, will be offering art expression workshops "Art Expressions 2009:" June 11-13, 2009, July 30-August 1, 2009 and September 24-26, 2009, designed to teach the therapeutic benefits of artistic expression. Travel arrangements and accommodations will be arranged by the King George School. For more information, contact Jeremy McGeorge.

IN BALANCE RANCH ACADEMY'S NEW BUILDING

(April 28, 2009) In Balance Ranch Academy, Tucson, AZ, is excited to announce their new school building is complete. It holds a new computer lab complete with 20 new laptops, a science lab, four classrooms, a library and a large multipurpose room. In addition, In Balance Academy has achieved accreditation by the Commission on International and Trans-Regional Accreditation (CITA) and North Central Association Commission on Accreditation and School Improvement (NCACASI). To learn more contact Patrick and Betsy Barrasso, Owners and Founders, at 520-722-9631.

NORTHEAST NATSAP SHOWCASES ARTWORK AT IECA

(April 28, 2009) NATSAP Northeast Schools showcased student artworks at the 2009 IECA Spring Conference in San Francisco, CA, with a silent auction to purchase the artwork to benefit the IECA Foundation and the artists. Students from over 13 schools and programs submitted their work for this worthy cause.

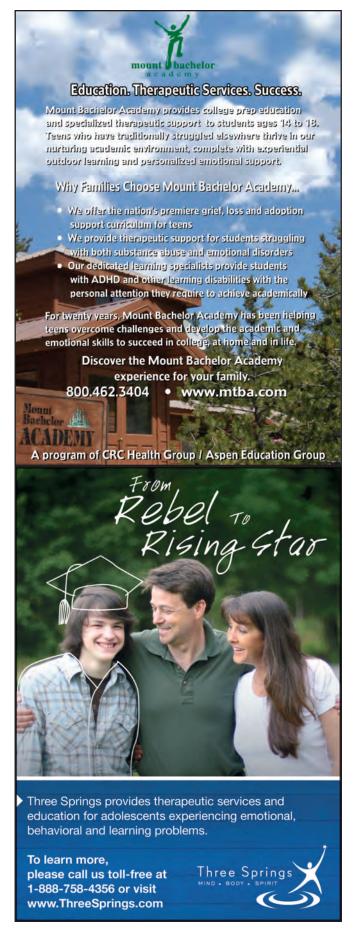
BENCHMARK TRANSITIONAL LIVING PROGRAM

(April 29, 2009) Benchmark Young Adult School©, Redlands, CA, is pleased to announce the formation of Benchmark Transitions©, a residential transitional living program for 18-28 year old men and women providing clinical treatment, addiction recovery, aftercare, and education and life skills. Benchmark Transitions has a new website as well, but please note that all other contact information will remain unchanged. For information contact Shelley Skaggs, Director of Marketing and PR, 909-307-3973 ext. 34.

Wellspring Affiliates with 5W PR Firm

(April 29, 2009) 5W Public Relations, a full service public relations firm based in NY, and named "the fastest growing

CONTINUED: SNH/ 16



SNH:

agency" three years in a row, today announced the addition of Wellspring, Reedley, CA, a leading organization of weight loss programs for children, teenagers and young adults, to its roster of high-profile health & wellness clients. Contact Wellspring for more information at 866-364-0808.

LITTLE KESWICK EXPANDS AND RECEIVES SEVIS

(April 29, 2009) Little Keswick School, Keswick, VA, is in full swing with the addition of their new Academic Center which boosts five new classrooms, science and communications labs complete with up to date technology and two new dormitories: Madison and Jefferson. In addition, Little Keswick has received certification and enrollment in the Student Exchange and Visitor Information System (SEVIS) which allows international students to enroll. For more information contact Terry Columbus, Director at 434-295-0457, ext. 14.

GRAND RIVER ACADEMY'S SUMMER SCHEDULE

(April 29, 2009) The Grand River Academy in Austinburg, OH, 440-275-2811, will be held June 28-August 7, 2009. It is open to young men and women, grades 9-12, offering both five day and seven day boarding programs while earning a full academic credit in six weeks. Classes are in the mornings, while afternoons are devoted to activities such as sports, arts and crafts, swimming, canoeing and horseback riding. For more information contact the admissions office.

AGAPE BOYS SING AT STATE CAPITOL

(April 30, 2009) Scott Smith, Agape Boarding School, Stockton, MI, 417-276-7215, let us know that on April 23, 2009, the young men from Agape Boarding School's singing



Rancho Valmora is an 81-bed New Mexico Licensed Residential Treatment Facility providing therapeutic and education services to emotionally/ behaviorally troubled 12-18 year old males and females.

- Fully integrated therapeutic and experiential milieu conducted within the framework of Positive Peer Culture, a values-based and process-oriented model.
- · NCA-CASI accredited on-site school.
- · NATSAP Member.
- Accredited Horsemanship, Art, Horticulture and Lifeskills Programs.
- Beautiful 1,000-acre campus located near the Sangre De Cristo Mountains in Northern New Mexico.



Tel: (505) 425-6057 Fax: (505) 425-3522 Email: ranchovalmora@starband.net Website: www.ranchovalmora.com group were invited to tour the state capitol and meet with state political leaders. They had the privilege of opening the house meeting by singing the National Anthem. To learn more about Agape Boarding School please visit the website.

100% OAKLEY SENIORS ACCEPTANCE

(May 1, 2009) The Oakley School, Oakley, UT, 562-412-5916, is proud to announce that 100% of the Oakley School seniors that applied to a four year college were accepted to one of their choices. Acceptances this year ranged from Northwestern University, Fordham University, University of Denver, Westminster College, University of Colorado, Embry-Riddle Aeronautical University, Clemson University, American University, College of Wooster, Goucher College, Penn State, Michigan State, and many more.

FOUR CIRCLES INTRODUCES ADVENTURE ACTIVITIES

(May 1, 2009) Four Circles Recovery Center in Horseshoe, NC, 877-893-2221, has added adventure activities such as rock climbing, fly fishing and other adventure trips every six week as a regular component of its wilderness based recovery program. For additional information, contact Four Circles.

ECKERD ALUMNI CHEF ROBERT HESSE RETURNS TO VISIT

(May 1, 2009) Robert Hesse, chef and proprietor of three New York restaurants, a current contestant on Hell's Kitchen on Fox network, is also an alumnus of Eckerd Academy. He will be visiting Eckerd Academy campuses in FL, GA and TN to share his story and cook for them. He says, "I want to give kids hope that they can also have a really good future." For more information contact Karen Bonsignori at 727-461-2990 ext 305.

CARLBROOK'S BRACE AND DUNBAR ON LA TALK RADIO

(May 4, 2009) Allen Cardoza's "Answers for the Family" talk radio featured Tim Brace, the Headmaster at Carlbrook School, and Kelly Dunbar, the Dean of Admissions at Carlbrook, on May 4, 2009. They discussed how students thrive in school when they feel safe. Tim has served as Headmaster or Executive Director at several secondary boarding schools and Kelly has almost 20 years of experience working with adolescents, families, and educational consultants.

BRANDI ELLIOTT SPEAKS ON PARENTS AS PARTNERS

(May 5, 2009) This year's 4th Annual Northwest Get Together in Naples, ID, sponsored by Woodbury Reports, included Brandi Elliott, who has worked in the parent choice industry for over 15 years as a direct care staff, school director of a therapeutic boarding school, program consultant and admissions director. She shared and discussed the importance of involving and including or "partnering" with parents as "the single most important indicator of a program's commitment to the participant's quality of care and future success".

Odyssey Goes Year Round/Adds New Field Therapist

(May 5, 2009) Sarah Brockman, Admissions Director at Odyssey Wilderness Program, Bellingham, WA, 360-671-4999, announced as of October 1, 2009, Odyssey's winter location will be based out of Joshua Tree National Park and will offer hiking and rock climbing. In addition, Jane Fineberg, MSW, LCSW, has joined Odyssey's clinical team and will be working as a Field Therapist. Jane did her

undergraduate work at Sarah Lawrence College and her graduate work at the University of Michigan. Before joining Odyssey she worked in an adventure-based therapeutic boarding school in Northwest MT, where she facilitated individual, family and group therapy with at-risk teens and their families.

BARBARA WALTERS ON DAUGHTER'S LIFE AS A STRUGGLING TEEN

(May 5, 2009) In a recent interview by the San Francisco Chronicle, Barbara Walters discussed her daughter's teen drug abuse and her residential treatment at a therapeutic boarding school in ID, which she has written about in her autobiography "Auditions."

CHERRY GULCH ADDS TO FACILITY

(May 6, 2009) Cherry Gulch in Emmit, ID, is a ranch-style, therapeutic boarding school designed specifically for 10 -14 year old boys, has recently completed a 2,800 Sq. Ft. multipurpose playing court in addition to an outdoor riding arena for their equine program, an improved trail system, a covered wagon, recycling center and organic garden. For more information, contact Andy Sapp, PhD, founder and CEO, at 208-365-3437, ext. 502.

ANIMAL THERAPY AT REDCLIFF ASCENT

(May 6, 2009) Redcliff Ascent, Springville, UT, has an addition to their therapy program, Gracie, a nine year old lab/retriever mutt that has recently been certified as an official therapy dog. Her owner, Kena Frey, a Redcliff therapist, found Intermountain Therapy Animals and put Gracie through the program, attending several training sessions, before she was certified as a therapy dog, with recertification required every two years. For more information contact Redcliff at 800-898-1244.

CONGRATULATIONS TO KRISTEN HAYES ON BIRTH OF TWINS (May 6, 2009) Kristen Hayes has given birth to adorable twin girls, Haylee Grace and Taylor Nicole Hayes, born Thursday, April 9, 2009. Both were 19 inches long, with Haylee weighing 5 pounds 12 ounces, while Taylor weighed 6 pounds 3 ounces. Kristen says "having twins has been an adventure! It's a lot of work, but so worth it-truly double the blessing. The girls are great babies and I am really enjoying being a mommy." Congratulations Kristen!

JOHN SANTA SPEAKS AT NORTHWEST GET TOGETHER

(May 7, 2009) John Santa, PhD, Montana Academy, spoke at the 4th Annual Northwest Get Together, sponsored by Woodbury Reports, Inc. John's presentation was titled: A Developmental and Relationship Based Approach to Adolescent Struggles for Identity. He outlined the developmental model that has evolved at Montana Academy.

BRAINWARE SAFARI NAMED BEST EDUCATION GAME

(May 7, 2009) Learning Enhancement Corporation announced that its flagship program, BrainWare Safari, won the 2009 CODIE Award for Best Education Game from the Software and Information Industry Association. The award recognized BrainWare Safari as entertaining and challenging in a way that judges had not seen before. The program was also commended for using technology not just as a means of delivery, but as an innovative learning tool. For more information contact Betsy Hill at 312-239-2677. WHITE MOUNTAIN SUMMER CAMPS

(May 8, 2009) The White Mountain School, Bethlehem, NH, is offering several summer adventures for teens ages 12-16 including White Mountain Kayak camp, New England Exploration, Ultimate Northeast and White Mountain Climbing camp. For more information and dates available contact Ben Mirkin, Director of Summer Programs at 603-444-2928 ext. 40.

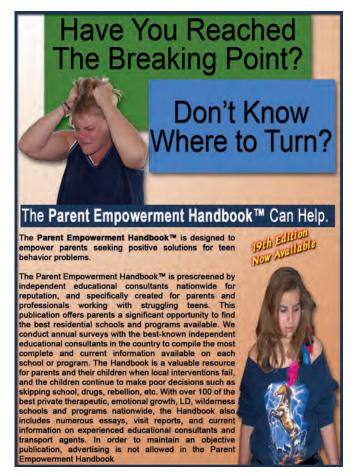
V3 Announces V3 Outreach and V3 N.O.W.

(May 8, 2009) V3 Tucson, Tucson, AZ, 520-299-4787, announced the addition of two new programs in addition to their residential program. V3 Outreach is a 3 month program designed exclusive for contract with the United States military for active duty members of the armed forces; V3 N.O.W. meets the needs of the person wanting a shorter program with a strict structure, consisting of two phases. For additional information, contact Chris Connolly, Marketing and Admissions.

PINE RIVER INSTITUTE LOOKING FOR FIELD INSTRUCTOR

(May 9, 2009) Pine River Institute, Shelburne, Ontario, Canada, is looking for experienced Wilderness Field Instructors to deliver the Outdoor Leadership Experience program, ensure group safety, teach basic wilderness skills, solidify course logistics and, through facilitation, maintain focus on the therapeutic elements of the wilderness experience. Send resumes to Nicole Bangham or fax to 519-925-9220.

CONTINUED: SNH/ 18



SNH:

FRIENDS OF FAMILIES THANKS DONORS

(May 9, 2009) Dr. James Powell and Brandi Elliott, founders of Friends of Families with Children in Crisis Foundation, Lake Arrowhead, California, 951-317-3151, is appreciative and thankful to all the donors of Friends of Families. They shared a letter from a past parent with us, describing her child's journey through a therapeutic boarding school. To view this letter in its entirety, visit the struggling teens website.

Wellspring Opens Western Canada Camp

(May 11, 2009) Wellspring Weight Loss Camps will be opening its first Canadian facility in Squamish, British Columbia, the first such type of camp for adolescents in this area. For more information on this Wellspring camp that starts July 5, call 1-866-364-0808.

34 REHAB CENTERS IN MALIBU CALLED NUISANCE BY RESIDENTS

(May 11, 2009) In a recent article in The Malibu Times, the issue of too many drug and alcohol treatment centers in Malibu, CA, is becoming a problem for residents who call them a nuisance. Residents and city leaders plan to lobby state legislators about the increasing numbers of these centers in their residential area.

SUSANNA MILLER JOINS TALISMAN

(May 12, 2009) Talisman Programs, Zirconia, NC, 828-697-6313, welcomes Susanna Miller as the new summer camp Program Manager. Susanna has worked the past eight years with adults in a work and life skills program, with children at a special needs camp and with the Special Olympics. Susanna will be replacing Aaron McGinley, who is moving into his new role as Clinical Services Manager. For more information, contact Linda Tatsapaugh, Executive Director.

NEW HAVEN UTAH'S "BEST OF STATE" AWARD SECOND YEAR IN A ROW

(May 12, 2009) New Haven, Spanish Fork, UT, an InnerChange program, has once again been awarded Utah's Best of State Award for Youth Treatment Centers. New Haven will be honored along with other winners at a blacktie dinner on May 30, 2009. Nominees for the Best of State Award were judged in three categories: service to the community, innovation and overall excellence. Contact Ashley Auchterlonie, Director of Marketing, at 214-272-6880.

BACHMAN ACADEMY'S SUMMER CAMP OPTIONS

(May 12, 2009) Bachman Academy in McDonald, TN, is accepting applications for their 2009 summer camps which include: Summer Quest, a six week overnight camp; Bachman Day Camps which focus on academics in the morning and adventure in the afternoons; and Bachman Horse Camp, offered by weekly sessions, mornings only, for boys and girls ages 9-17. For more information, contact Rhainne McRae, Director of Admissions, at 423-479-4523.

PONCA PINES PROVISIONAL MEMBER OF NATSAP

(May 12, 2009) Ponca Pines Academy in Omaha, NB, a new therapeutic boarding school which opened September 2008 and has currently enrolled eleven students, is proud to announce two pieces of news: they were recently accepted by NATSAP as a Provisional Member and they will hold High School graduation this May for five students. Contact Betsy Jacobson-Warren, Executive Director, 402-457-1421.

WOODY CROWELL JOINS WINGATE

(May 12, 2009) WinGate Wilderness Therapy, Lehi, UT, announced Woody Crowell has joined their team as the new Director of Business and will work with Brad Matheson, the Director of Admissions and Partner. To contact Woody, call 801-368-6367; for more information on WinGate, call 800-560-1599.

BLUEPRINT EDUCATION STUDENT RECOGNITION EVENT

(May 12, 2009) Marmy Kodras, Marketing Director for Blueprint Education, Phoenix, AZ, 800-426-4952, ext. 4840, announced this year's Annual Student Recognition was held May 1, 2009 at the Renaissance Hotel in Glendale, AZ, at a breakfast for staff, students, parents and school or district representatives. This awards presentation recognizes students who have made progress in their behavior and school work during the last year.

AGAPÉ AND GRACE ACADEMY START ONLINE AUCTION

(May 12, 2009) The Positive Results Corporation will be hosting an online auction fundraiser for Agapé Boarding School and Grace Academy to raise scholarship funds and to expand a safety and education program, which begins June 7, 2009, and runs through June 16, 2009. Donations and items for this event are being accepted. For more information contact Scott Smith, Marketing Coordinator for Agape Boarding School, Stockton, MO, at 417-276-7215.

ZAVADA PERFORMS AT COPPER CANYON

(May 13, 2009) New age singer and world renowned recording artist Kathy Zavada, performed for the student body and staff at Copper Canyon Academy, Rimrock, AZ. For more information contact Copper Canyon at 928-567-1322.

CARON STUDY: TEENS ONLINE TALK ABOUT SEX, DRUGS & ALCOHOL

(May 13, 2009) Caron Treatment Centers, Wernersville, PA, has run a qualitative study conducted by Nielsen Buzzmetrics, which found through messages posted on common online message boards, forums and social networks such as Myspace.com that teens discussed drugs, alcohol and sex. To view this in its entirety, visit the struggling teens website.

CATHERINE FREER PLANS ALL GIRLS EXPEDITIONS

(May 13, 2009) Catherine Freer Wilderness Therapy Programs, Albany, OR, announced they will be offering an "All Girls Expedition," to focus on issues facing young women today: body image, creating healthy boundaries, developing healthy relationships and more. Expeditions will be offered June 21, 2009 and August 2, 2009. Please call Julia Andrick for more information, 800-390-3983.

BETH HYLE JOINS WILDERNESS ODYSSEY

(May 14, 2009) Beth Hyle, RN, BSN, MA, has joined the team at Wilderness Odyssey, Ruidoso, NM, the therapeutic branch of Youth Odyssey, as the Admissions Case Manager. To contact Beth, call 877-834-4430.

SANTIAM CROSSING'S ADVENTURE SUMMER SCHOOL

(May 15, 2009) Santiam Crossing School, Scio, OR, is offering an option for parents who have a child requiring credit recovery. Santiam Crossing's Adventure Summer School combines experimental academics, outdoor adventure activities, leadership and personal development training.

For more information, contact Julia Andrick at 208-265-8355.

MONARCH CENTER'S SUMMER EXPEDITIONS

(May 16, 2009) The Monarch Center, Georgetown, CO, is offering three separate leadership expeditions this summer for teens ages 12-18: Hopi/Navajo Indian Reservations, June 8-21, 2009; Pine Ridge Indian Reservation, July 6-19, 2009; and To Be Announced, August 3-16, 2009. All trips will be 13 night-14 day, work/study projects that prove to be challenging, fun and productive. For more information call 303-569-0767.

CHEROKEE CREEK FOUNDER'S DAY CELEBRATION/GRADUATION

(May 16, 2009) Beth Venable, Cherokee Creek Boys School, Westminster, SC, 864-647-1885, announced the school hosted a weeklong celebration to honor their 6th anniversary with festivities that included a 3 day Family Trek, a family seminar and a spring graduation.

UTAH PROGRAM HOUSE PARENT CHARGED WITH RAPE

(May 17, 2009) A former male employee of Alpine Academy, Erda, UT, has been charged with rape for allegedly having a sexual relationship with a 17 year old female student. He is being held in the Tooele County jail in lieu of \$100,000 cash bail.

SECOND NATURE'S NEW PROGRAMS

(May 18, 2009) The admissions team at Second Nature Therapeutic Wilderness Programs, Duchesne, UT, announced the launch of two new programs: Second Nature Insights, a 28 day therapeutic wilderness intervention for adolescents and The Journey, a 21-day backpacking expedition designed specifically for siblings of children ages 13-17 who have participated in wilderness or residential treatment. They are offering two sessions: Boys Group - June 21 – July 11, 2009 and Girls Group - July 27 – August 16, 2009. Call 866-205-2500 for more information.

GOLDBERG AND DOBSON RECEIVE AWARDS FROM ISPA

(May 18, 2009) At the Independent Small Programs Alliance (ISPA) Dinner Meeting in San Francisco on April 30, 2009, Andy Anderson, ISPA president, presented Leslie Goldberg, MEd, CEP, of The Goldberg Center for Educational Planning, the ISPA Distinguished Service Award, and Educational Consultant and IECA Member, Joseph P. (Jody) Dobson MA, of Philadelphia, PA, the prestigious "ISPA Gem Award", for excellence in professional service to Special Needs Families,

FFS MUSIC GROUPS COMPETE IN HERSHEY, PA

(May 20, 2009) The Family Foundation School, Hancock, NY, 845-887-5213, made its 15th annual appearance at the North American Music Festival in May, competing for the first time at the Festival's venue in Hershey, Pa. The Family Singers, under the direction of Paul Geer, performed in the categories of Men's, Women's and Mixed Chorus. Tom Kovaleski directed the school's show choir, which also competed. The students were awarded "Superior" in Men's Chorus and Show Choir, and "Excellent" in Women's and Mixed Chorus.

FFS BOY SCOUTS PITCH IN ON MOTHER'S DAY

(May 20, 2009) Boy Scouts Troop 174 of The Family

Foundation School, Hancock, NY, contributed time and talents to a fundraiser pancake breakfast on Mothers' Day, assisting a Scout from neighboring Hancock (NY) Troop 74 in completing his Eagle Scout requirements. The breakfast was held at the Hancock Airport. Five FFS Scouts helped cook and serve the pancakes to more than 400 guests. For more information on FFS, contact Ann Kozak at 845-887-5213.

Two New Eagle Scouts at FFS

(May 20, 2009) Two students at The Family Foundation School, Hancock, NY, 845-887-5213, completed their Eagle Scout projects this month and passed the Board of Review. The two are members of FFS Boy Scout Troop 174. They will be recognized, along with a third FFS Eagle Scout, at an Eagle Scout Court of Honor as part of the FFS graduation festivities in June. To date, six FFS students have achieved the Eagle Scout rank while enrolled in the school.

FAMILY SCHOOL STUDENT ART FEATURED

(May 20, 2009) More than 20 paintings, photographs and woodcarvings by both staff and students of The Family Foundation School, Hancock, NY, 845-887-5213, were among the items sold at a silent auction fundraiser for the IECA Foundation at the IECA spring conference in San Francisco. The project, which raised \$6,000, was sponsored by the Northeast Regional chapter of NATSAP and included artwork from several NATSAP schools and programs. Half the proceeds were donated to the IECA Foundation and the other half went to the schools involved.

SHADOW MOUNTAIN ACADEMY CELEBRATED TWO YEARS

(May 20, 2009) Trilby Hoover, Admissions Director for Shadow Mountain Academy, Taos, NM, 208-946-6453, announced Shadow Mountain is celebrating its 2nd year anniversary. Founded in 2007, Shadow Mountain Academy is a coed recovery school for young adults 17 and over who are impacted by substance abuse or addiction. For more information, contact Trilby Hoover.

GAO STATEMENT ON RESTRAINT AND SECLUSION DEATHS

(May 19, 2009) The GAO has issued a statement it prepared at the request of Congressman George Miller for use at a hearing on the use of Restraints and Seclusion at both public and private schools. It includes an overview of federal and state laws, cases of death and abuse related to the use of restraints and seclusions and case studies from current investigations. To view the report in its entirety, refer to the web link.

VIDEO OF CONGRESSIONAL HEARING ON SECLUSION AND RESTRAINT DEATHS

(May 19, 2009) A video of Congressman Miller's hearing on seclusion and restraint deaths. This video is approximately 2 hours long.

Teaching should be such that what is offered is perceived as a valuable gift and not as a hard duty.

Albert Einstein

Many Classrooms...



...One Purpose

In the many classrooms of Aspen Education Group - a young person's journey begins.

An Aspen classroom can be found in a sunrise hike on a Utah desert trail. Or in an inspired discussion of *The Sun Also Rises* at a New England boarding school.

Every classroom is different, because every child has different needs. Each personal journey is unique.

So no matter where your child is learning - in the great outdoors or in a more traditional school setting - they have the opportunity to become the extraordinary person they deserve to be - their best self. By helping young people discover themselves, Aspen helps heal families.

Self-discovery. Healing relationships. Reuniting families. It all happens at Aspen.

Take the first step...

With over 30 programs in 12 states, Aspen Education Group is the nation's most comprehensive network of therapeutic schools and programs. Ask your educational consultant or referring professional about Aspen's residential schools, outdoor education and weight loss programs or contact us at 866.441.2694 or online at **AspenEducation.com/wr**

